



CONTENTS

1. GENERAL INFORMATION	3
1.1 Host country: Republic of Türkiye	3
1.2 Host city: Istanbul	
2. TRANSPORTATION	<i>(</i>
2.1 Arrivals	<i>6</i>
2.2 Local Transportation	7
2.3 Transportation of Equipment	8
2.4 Departures	8
2.5 Personal Coaches	8
3. ACCREDITATION	
3.1 General	9
3.2 Team Accreditation Centre (Main Accreditation Centre)	9
3.3 Registration Procedures	10
3.4 Accreditation Procedures	10
3.5 Access Areas for Teams and Special passes	11
3.6 Personal Coach Accreditation	11
4. ACCOMMODATION	12
4.1 General Information	12
4.2 Information Desk	12
4.3 Official Team Hotels	12
4.4 Accommodation Costs and European Athletics Quota	13
4.5 Ratio of Athletes & Officials	13
4.6. Rooming List	15
4.7 Meals	16
4.8 Services in the Team Hotels	17
5. TECHNICAL INFORMATION	18
5.1 Communication with the Teams	18
5.2 Competition & Training Venues, Equipment & Implements	20
5.3. Entry, Qualification System, Final Entries & Confirmations	24

6. COMPETITION PROCEDURES	.27
6.1 Timetable	. 27
6.2 Competition Bibs	. 27
6.3 Competition Clothing	. 28
6.4 Call Room	. 29
6.5 Specific Event Procedures	. 30
6.6 Coaching Zones	. 32
6.7 Protests and Appeals	. 32
7. MEDICAL SERVICES & ANTI-DOPING	.34
7.1 Medical Services	. 34
7.2 Physiotherapy Services	. 35
7.3 Injuries Surveillance	. 35
7.4 Import of Medication and Medical Equipment	. 36
7.5 Doping Control	. 36
8. CEREMONIES & SOCIAL FUNCTIONS	.38
8.1 European Athletics Lunch	. 38
8.2 Opening Ceremonies	. 38
8.3 Medal Ceremonies	. 38
8.4 Closing Party	. 38
9. APPENDICES	.39
Appendix 1 – Qualification System and Entry Standards	. 39
Appendix 2 – Official Implements List	. 39
Appendix 3 – Timetable	. 39
Appendix 4 – City Map with Team Hotels & Championships Sites	. 39
Appendix 5 – Ataköy Arena & surroundings	. 39
Appendix 6 – Map of Sinan Erdem Sports Hall (Warm-up & Training Area)	. 39
Appendix 7 – Ataköy Arena – Key Areas	. 40
Appendix 8 – TIC Map & Infield Layout & Coaching Zones	. 40
Appendix 9 – Visa Information	. 40
Appendix 10 – Free Places Quota & Ratio of Athletes and Officials	. 40
Appendix 11 – Personal Coaches Policy	. 40
Appendix 12 – Airport Welcome Desk Map	. 40

1. GENERAL INFORMATION

1.1 Host Country Republic of Türkiye

Form of Government Presidential System

Location Türkiye occupies a unique geographic position, lying

partly in Asia and partly in Europe. Throughout its history, it has acted as both a barrier and a bridge

between the two continents.

Area 783.562 km2
Population 84.680 million

Coastline The Turkish coastline is 8,333 km long and is bordered

by four different seas: the Mediterranean Sea, the Black Sea, the Aegean Sea, and the Marmara Sea, which is connected to the Black Sea by the Bosphorus Strait and the Aegean Sea.

Climate The coastal areas of Türkiye bordering the Aegean

Sea and the Mediterranean Sea have a hot-summer Mediterranean climate, with hot, dry summers and mild to cool wet winters. The coastal areas of Türkiye bordering the Black Sea have a temperate Oceanic climate with warm, wet summers and cool to cold,

wet winters. The average temperature in

March is 7-10 degrees Celsius.

Language Turkish

Religion Islam 92%, other 8%

Capital Ankara
Local Time GMT+3

Electricity In Türkiye the power plugs and sockets are of type F.

The standard voltage is 220 V and the standard frequency is 50 Hz.

Driving On the right

International Calls 0090
Telephone Country Code +90

Mobile Phone Networks Turkcell, Vodafone, Turk Telekom

Currency Turkish Lira (TL). Euro (EUR) and Dollar (USD) are also

3

accepted in most places such as restaurants, shops, etc.

1.2 Host city Istanbul

istanbul is one of the most historic, vibrant, and colourful cities in the World. The city which is the bridge between two continents connecting Asia and Europe is located at the heart of Turkish life in terms of sportive, cultural, and economic aspects. With more than 15 million inhabitants, the most significant city in Türkiye, Istanbul has different cultures and unique rich history, which lies through the Roman, Byzantium, and Ottoman Empires at the time machine. The Bosporus city, which is one of the most popular travel destinations in Europe, welcomes more than 10 million tourists from 190 countries each year. Istanbul hosted 15 million foreign visitors in 2019, making the city the world's fifth-mostpopular tourist destination.

The area around Sultanahmet Square, which is partially listed as a UNESCO World Heritage Site, is one of the most popular attractions in Istanbul. Besides, the natural harbour of the city provided by the Golden Horn (known as Haliç) and Taksim Square are major tourist and leisure districts famed for their restaurants, shops, and hotels.

Business Hours Shops, Government Offices, Banks Banks:

- Working days 09:00-17:00
- -Saturdays and Sundays closed

Post Offices:

- -Working days 08:30-17:00
- -Saturdays 09:00-13:00
- -Sundays closed

Markets and Shops:

-Daily 10:00-22:00

Government Offices:

- -Working days 08:30-17:00
- -Saturdays and Sundays closed

Useful expressions

Yes	Evet
No	Hayır
Please	Lütfen
Thank you	Teşekkürler/Sağol
Thank you very much	Çok teşekkürler
Good morning	Günaydın
Good afternoon	Tünaydın
Good night	İyi geceler
Hello	Merhaba
Goodbye	Hoşçakal
What is your name?	ismin nedir?
My name is	Benim ismim
How are you?	Nasılsın?
Fine thanks, and you?	İyiyim teşekkürler, ya sen?
I understand	Anladım
I don't understand	Anlamadım
Do you speak English?	ingilizce konuşuyor musun?
A coffee please	Bir kahve lütfen
How much does it cost?	Bu ne kadar?

2. TRANSPORTATION

2.1 Arrivals

Official Airport and Welcome Services

The LOC will provide adequate welcome services at the official airport, Istanbul Airport (IST), which is located approximately 50 minutes to the Team Hotels.

To ensure a proper pick-up procedure, all teams are responsible for including their exact arrival information in the Final Entries.

Upon arrival at Istanbul Airport, the teams are kindly asked to approach the Welcome Desks which are located at exit gate (Appendix 13 – Airport Welcome Desk map). Welcome Desks will be operated as per the arrival and departure times. In case of late or lost luggage, please go directly to the designated desk inside the baggage claim area.

Team members will be taken directly to the team hotel where the Team Accreditation Centre (TAC) is located at WOW Hotel. The Team Leaders of the teams staying in the Gönen Hotel will also be taken to the TAC at first. In case of early or late arrivals, accreditation formalities shall be carried out the next day, or as soon as possible.

Arrival by Road

In case teams arriving by road are kindly asked to go directly to their allocated Team Hotel, where they will be welcomed at the information desk. Each Team Hotel provides parking (depending on availability) for free.

Arrival by Train

There will be no Welcome Desk at the main railway station in Istanbul. Teams arriving by train will be met by LOC representatives according to the arrival times given in the Final Entries.

Entry visas

The participants from the following countries require visas to enter Republic of Türkiye:

- Armenia
- Cyprus
- Gibraltar
- Ireland (only official passport holders are required to have visa. Ordinary passport holders are exempted from visa)
- GBR passports holders with "British National Overseas", "British Subject" and "British Protected Person" nationality are subjected to visa, and they can only get their visas from the Turkish diplomatic or consular missions abroad.

Please see attached Appendix 9 for detailed information about visas. In case of any questions related to visas, please send an email to **loc@istanbul2023.org** well in advance.

Insurance

According to the European Athletics Regulations, the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when traveling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfill these requirements well in advance.

Changes in logistics data

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g., cancellation of flights). We would like to make sure these changes are well traceable, therefore please make sure all changes (even last-minute ones) are modified in the European Athletics Event Management System. Please note, the changes will be only monitored in the system. Exact procedures/steps will follow in detailed guidelines prior to the FE closing date.

2.2 Local Transportation

Transportation between the Team Hotels and the various venues, including official and social functions, will be guaranteed by the LOC transportation service. All transportation schedules will be displayed on the info board both in the Team Hotels as well as in the other venues which are serviced by shuttles. Furthermore, there will be Services Desks operated by volunteers at the Team Hotels which can assist with any questions or requests related to transportation.

Bus Shuttle Service

Competition, training & warm-up area

A regular bus shuttle service will operate between the official Team Hotels and the Competition Venues & Warmup Area. Regular travel time will be approx. 20 minutes, depending on the hotel location and traffic conditions. Departure times between the venues and hotels will be provided via information desks at the hotels and venues.

Note: Warm-up is open only for Athletes, and their relevant Team Members, competing on that day and session. Strict controls will be insured.

Public Transportation

All Team Members will have access to Istanbul's public transportation network. The official Team Accreditation will guarantee free use of public transport.

2.3 Transportation of Equipment

Each team is responsible for organizing transportation of its poles until arrival in Istanbul. To ensure a proper pick-up procedure, all teams are responsible for including their arrival information in the Final Entries including registering the poles as bulky luggage/special travel needs.

Upon arrival at Istanbul airport, pick-up of the poles will be arranged by the LOC who will transfer them Competition/Training Venue, where they will be at the athlete's disposal. All poles or bag of poles should bear the identification of the athlete (tag of the name, country, gender, event, and number of poles per bag).

2.4 Departures

The frequency of departure transportation will be based on the departure schedule, which will be posted at the Information Desk of each Team Hotel at least 24 hours before departure. Teams will be asked to provide full travel details together with the Final entries. Team leader will also have to confirm departure details on-site during the accreditation process.

2.5 Personal Coaches

Please see the relevant Personal Coaches Policy in Appendix 11.

3. ACCREDITATION

3.1 General

In general, an accreditation card is proof of authority to access specific zones to carry out a function. It will contain alpha-numeric and colour-coded cardholder categories and numbered Accreditation Zones. The listed zones on each card will indicate the specific access privileges for each individual.

Each Team Member will receive an accreditation card, which must be always worn and should be clearly visible. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. The holder is granted access rights only to the zones indicated on the front and shall use the designated entrances accordingly. The accreditation card remains European Athletics property and can be withdrawn at any time.

3.2 Team Accreditation Centre (Main Accreditation Centre)

The Teams' Accreditation Centre will be located at the WOW Hotel complex (WOW Istanbul Hotel and WOW Airport Hotel, Yeşilköy, Atatürk Cd. No:15 - 17 D:19, Bakırköy/İstanbul). The opening dates and times of the Team Accreditation Centre will be as follows:

Team Accreditation Centre (Main Accreditation Centre)			
Day	Date	Opening - Closing Time	
Monday	20.02.2023	10:00 - 20:00	
Tuesday	21.02.2023	10:00 - 20:00	
Wednesday	22.02.2023	09:00 - 20:00	
Thursday	23.02.2023	09:00 - 20:00	
Friday	24.02.2023	09:00 - 20:00	
Saturday	25.02.2023	09:00 - 20:00	
Sunday	26.02.2023	09:00 - 20:00	
Monday	27.02.2023	09:00 - 22:00	
Tuesday	28.02.2023	09:00 - 00:00	
Wednesday	1.03.2023	09:00 - 00:00	
Thursday	2.03.2023	09:00 - 00:00	
Friday	3.03.2023	09:00 - 22:00	
Saturday	4.03.2023	09:00 - 19:00	
Sunday	5.03.2023	09:00 - 12:00	

The opening hours of the Accreditation Centre will be adapted if necessary. The LOC will consider the team's arrival times & details to enable all teams to pick up their Accreditation.

3.3 Registration Procedures

Registration of all Team Members has to be done through European Athletics' entry system, during the Final Entries which will be open from 7 February to 22 February 2022 (20:00 CET).

Please note: <u>Each accreditation requires a photo (passport type)</u>, which needs to <u>be uploaded by the Final Entries deadline</u>. Please upload all photos as a jpeg file. Each photo must not exceed 1.0 MB in size. Only completed registrations including photos can be produced in advance.

3.4 Accreditation Procedures

Upon arrival at the team hotel(s), the Team Leaders will be asked to go directly to the Team Accreditation Centre (TAC) to go through the accreditation process and pick up all Team Members' accreditation cards. In case of early or late arrivals, accreditation formalities shall be carried out the next day, or as soon as possible. The Team Leader will be asked to complete the following formalities for the whole team:

- LOC accommodation invoice settlement.
- Accreditation card collection
- Team Leader's package collection (including BIBs)
- Team vest check
- Confirmation of departure details

Please note: Anyone picking up one or more accreditation cards at the Delivery Desk has to sign for them.

Loss or damage of accreditation card

A lost accreditation card is a potential security risk and will be treated very carefully by the security authorities. Any lost or damaged accreditation cards should be reported immediately to the Team Accreditation Centre. In case of losing the accreditation card, a fee of 50 EUR will be charged for the replacement.

Unauthorised use of an accreditation card will result in the card being confiscated.

3.5 Access Areas for Teams and Special Passes

All team accreditation cards will allow access to the team seating area, Warm-up and training areas, changing facilities, and physiotherapy rooms. Only athletes who are about to compete, will have access to the Call Room and to the Infield. Furthermore, accreditation will grant access to meals, to Team Shuttle services, and the Istanbul public transport system.

The Head of Delegation from each team is invited to the VIP Hospitality and will be given the necessary access rights on the accreditation card.

European Athletics shall provide special passes as required for the following categories:

- Field events coaching area (one per athlete)
- Combined events resting room (one per athlete)
- Mixed zone (for access to athletes at the end of the mixed zone) one per team with a Team Press Liaison
- Medical Pass (one per team with medical personal plus one extra for bigger teams.

Mixed zone and medical passes will be distributed during the accreditation process. The field events coaching areas and combined events resting room passes will be distributed at TIC, the day before the respective events. All special passes will be valid only in combination with personal accreditation.

Access to the Doping Control Area: The athlete only can access the doping control station accompanied by a chaperone. A delayed representative, who accompanies the athlete, shall go directly to the entrance of the Doping Control Station, where he/she will be admitted to the station once his/her athlete is identified, and the athlete is not yet accompanied by another representative.

In case the athlete needs to be tested, because of a record or any other reason, he/she shall report to the TIC and fill-in a doping control request form. The dully signed form will give access to the doping control station.

11

3.6 Personal Coach Accreditation

Please see the relevant Personal Coaches Policy in Appendix 11.

4. ACCOMMODATION

4.1 General Information

The LOC has made accommodation arrangements for Team Members in three hotels of similar high standards.

4.2 Information Desk

An Information Desk will be in the lobby of the team hotels with qualified personnel offering relevant information about all aspects of the European Athletics Indoor Championships 2023. The Information Desks' opening hours will be as follows:

26 February	06:00-22:00 *
27 February	06:00-22:00 *
28 February	06:00-22:00
01 March	06:00-22:00
02 March	06:00-22:00
03 March	06:00-22:00
04 March	06:00-22:00
05 March	06:00-22:00
06 March	06:00-22:00 *

4.3 Official Team Hotels

*(Depends on arrival and departure time)

The official hotels for the European Athletics Indoor Championships 2023 are indicated below:

• WOW İstanbul Hotel

Yeşilköy Mh., Atatürk Havalimanı Yolu No:15-17-19, 34149 Bakırköy/İstanbul www.wowhotelsistanbul.com

WOW Airport Hotel
 Yeşilköy, Atatürk Caddesi No:19, 34149 Bakırköy/İstanbul
 www.wowhotelsistanbul.com

Istanbul Gönen Hotel

Yenibosna Merkez Mah. Değirmenbahçe Cd. No:15, 34197 Bahçelievler/İstanbul www.istanbulgonenhotel.com

Reservations will be made by the LOC based on the accommodation requirements indicated in the Final Entries. Team hotels allocation will be communicated after the closing of the Final Entries.

4.4 Accommodation Costs and European Athletics Quota

European Athletics Quota

European Athletics has previously informed all Member Federations about the allotted free places which were based on the results (places 1-8 achieved), the number of participants per country at the European Athletics Indoor Championships 2023 in Istanbul, and the European Indoor season best-list 2022. Please, refer to Appendix 10.

4.5 Ratio of Athletes & Officials

The chart with the ratio of athletes & officials was also communicated earlier. Please, see Appendix 10 for more details. Please, bear in mind the following:

- The number of team officials, as per the chart included to Appendix 10, is also eligible for fixed-price accommodation and other benefits,
- European Athletics will not cover those officials' accommodation costs,
- The total number of Personal Coaches shall not exceed the total number of Team Officials (in-and out-of-ratio).

Accommodation Costs

For all athletes within the European Athletics Quota, European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations, for the duration of the official period. The official period is 6 nights: check-in on 28 February 2023 and check-out on 6 March 2023.

Additional nights have been fixed as follows: 2 nights before (26 and 27 February) the official period. If your team is planning to stay outside this period, the abovementioned rates will not apply, and a separate agreement will have to be made with LOC, via email address: accommodation@istanbul2023.org

The following rates apply for team members. This includes full board accommodation and VAT.

Team Members	Single room	Twin (2) room
Athletes and Officials Official period	170 EUR per night (1)	240 EUR per night
Athletes and Officials Additional nights	210 EUR per night	330 EUR per night

(1) For the official period each Team will be allocated a minimum number of single rooms equivalent to 10% of the total number of Athletes and officials in ratio registered in the Final Entries, at the price of a twin room in single occupancy (120 EUR). Any single rooms above the 10% threshold will be charged at the rate of 170 EUR during the official period. Additional single rooms can be requested and will be given according to availability. (2) In case of later arrival/early departure of the sharing person, the night the twin room is used as a single room will be charged at the rate of the twin room regardless of the occupancy (240 EUR during the official period / 330 EUR for additional nights)

In addition to the accommodation costs, out-of-ratio officials will be charged a lodging fee of 180 EUR, for the whole duration of the event.

Personal Coaches Accommodation

Please see the relevant Personal Coaches Policy in Appendix 11.

European Athletics Regulations

- 203.11 European Athletics may reduce financial support (for travel, board/ accommodation grants, etc.) to any European Athletics Member Federation which, after having announced its participation, does not take part, or attends the competition with a number of athletes and officials materially higher or lower than the number stated in the Preliminary Entry by 20%. The latter applies only if the Preliminary Entry is more than 4 (four).
- 210.8 The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

Note: The team Invoice will be based on the accommodation requests included in the final entries as well as any additional requirements indicated after the closing of the final entries.

Payment Procedures

Each Federation may be requested to make an advance payment of 50% of the total accommodation costs based on their preliminary entries. The accommodation invoice will be sent to each Member Federation detailing the amount still due after the final entries. Advance payments should be made in EUR by bank transfer to the following account:

Bank account name: Türkiye Atletizm Federasyonu Bask

Bank name & address: Türk Ekonomi Bankası (Turkish Economy Bank)

IBAN: TR72 0003 2000 0000 0101 1633 20

Swift No: TEBUTRİS136

Should the payment (after the final entries) be settled by bank transfer, the Team Leader is requested to provide the LOC with a proof of payment upon arrival during the accreditation process, otherwise, the balance of the payment must be paid on-site by the Team Leader.

Payment can only be made by cash in TRY or EUR. There are ATM machines within walking distance around the hotels when needed.

Extra Charges

All extra hotel charges (e.g., laundry, parking, extra drinks in the Catering Area) must be settled by cash or credit card directly on-site by the consuming person. Each hotel minibar is emptied and can be used to refrigerate own beverages. Furthermore, the Team Leader will be requested a credit card at check-in by the hotel reception desk to guarantee for their extras and the extras for the entire Team. Any not settled extras (e.g., phone bills or other extra services at the hotel) must be paid by the Team Leader at the latest during the check-out, before departure. All payments must be made in EUR or TRY. We kindly ask the Team Leaders to check the account for extras at the reception one day in advance before departure to avoid long waiting time at check-out on the departure day.

4.6 Rooming list

Detailed information about athletes and officials' rooming list will have to be entered by the Member Federations during the Final Entries process.

While registering their final entries, Member Federations will be requested to sign a consent form to allow the list of the room numbers for the members of

the respective team to be communicated to Sample Collection Officials. This information will only be used for the purposes of the blood and urine testing, will be confidentially treated, and destroyed once it is no longer required for these purposes.

4.7 Meals

All meals will be served in an exclusive or dedicated catering area in buffet style and, to the extent possible, will be similar in all hotels. The menu plan will be based on European Athletics Nutritional Guidelines. A wide selection of suitable food will be available taking into consideration the special diets, religion, and culture of the participants.

Meals times shall be as follows:

Date	Breakfast	Lunch	Dinner
26.02.2023	06:00-10:00	12:00-16:00	20:00-23:30
27.02.2023	06:00-10:00	12:00-16:00	20:00-23:30
28.02.2023	06:00-10:00	12:00-16:00	20:00-23:30
01.03.2023	06:00-10:00	12:00-16:00	20:00-23:30
02.03.2023	06:00-10:00	12:00-16:00	20:00-23:30
03.03.2023	06:00-10:00	12:00-16:00	20:00-23:30
04.03.2023	06:00-10:00	12:00-16:00	20:00-23:30
05.03.2023	06:00-10:00	12:00-16:00	20:00-23:30
06.03.2023	06:00-10:00	12:00-16:00	20:00-23:30

A late-serving provision will be made for those athletes retained at the stadium due to doping controls or protests.

Mineral water, coffee, and tea will be available free of charge during mealtimes. All other drinks must be paid for directly when ordering them. Bottled water will be available at each hotel.

Accreditation cards will allow access to meals. Furthermore, access to restaurants will only be possible at the hotel where the Team Members are accommodated. The hotel reserves the right to control access via name lists.

4.8 Services in the Team Hotels

Meeting Rooms

A general meeting room per Team Hotel will be available during the official period, for all teams staying at the respective hotel. Bookings can be made by the Team Leader at the information desk at a reasonable time in advance. To ensure fair distribution among all teams, usage per team is limited.

Teams requiring any additional service may make separate arrangements through the information desk. There is also the possibility to reserve office/meeting rooms for exclusive use at the team's expense (dedicated team meeting rooms with the exclusive right for the whole duration of the Championships). For these, please contact: accommodation@istanbul2023.org

Rooms for physiotherapy

General physiotherapy rooms will be available in all hotels for the teams to set-up their massage beds. To ensure air distribution among all teams, the usage of the general physiotherapy rooms per team might be limited.

There is also the possibility to reserve physiotherapy rooms for exclusive use at the team's expense (dedicated team physiotherapy rooms with the exclusive right for the whole duration of the Championships). For these, please contact accommodation@istanbul2023.org.

Internet access

Free internet access is provided at team hotels.

Check-in/check-out times

Check-in after 15:00 and check-out by 12:00. Please note that an early check-in is upon availability. For a guaranteed early check-in, the room needs to be booked for the previous night.

17

Please contact **accommodation@istanbul2023.org** for specific arrangements outside these times.

5. TECHNICAL INFORMATION

5.1 Communication with the Teams

Technical Information Centre (TIC)

The TIC is located at the competition venue (see Appendix 8).

The main function of the centre is to ensure a smooth liaison between each Team Delegation, the Local Organising Committee, European Athletics Technical Delegates, and the Competition Management of the Championships regarding technical matters.

The TIC will open according to the following schedule:

Wednesday, 1 March		17:00 – 21:00
Thursday, 2 March	08:00 – 12:00	17:00 – 22:30
Friday, 3 March	07:00 – 14:00	17:00 – 22:30
Saturday, 4 March	07:00 – 13:30	16:30 – 22:00
Sunday, 5 March	08:00 – 14:00	17:00 – 22:00

The TIC is responsible for, but not limited to, the following:

- Display on the relevant notice board of official communications to the teams, including start lists, results, and Call Room reporting times.
- Distribution of urgent notices to the delegations from the Technical Delegates and competition management via the Virtual TIC and dedicated Team Leaders' Group.
- Managing written questions and TIC general, inquiries, withdrawal forms, etc. via Virtual TIC or in hard copies available in TIC.
- Managing of Final Confirmations, Relay Order Declarations, and Withdrawal Forms via Virtual TIC.
- Distribution of special passes the day before the respective event, according to start lists.
- Distribution of items confiscated at the Call Room.
- Registration and collection of personal implements (i.e. shot puts).
- Managing additional doping control requests.
- Registration of Protests & Appeals via Virtual TIC.

Virtual TIC

Team Leaders will also be provided with an individual and personalised access to European Athletics online tool (i.e. Virtual TIC), where they will be able to

- make their final confirmations
- download information posted by the LOC / European Athletics (technical information, qualification procedures and starting heights, daily call room schedule, etc.)
- fill-in any competition form (questions and technical enquiries to TIC, withdrawal forms, etc.)
- Launch protests and/or appeals

The platform will be accessible at a link to be communicated to the Teams after the final entries, together with a detailed user manual. The online tool is accessible via any device (e.g. PC, smartphone, etc) having access to the internet.

European Athletics strongly encourages the Team Leaders to use the Virtual TIC for filling in all relevant competition forms, including the forms for the protests and appeals.

Venue Orientation

The team leaders will be able to explore the relevant areas of the competition venue and the warm-up during the Official Training Sessions (please see 5.2 below). No specific tours will be organised. But LOC relevant staff will be constantly present during the Official Training in case there would be any questions to the venue and flows from the team leaders.

Written Questions and Technical Info for the Teams

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). The questions have to be filled-in online, via the Virtual TIC, by 01 March 2023 at 13:00.

All the latest updates (timetable amendments, qualifying procedures & marks, starting heights and progression, etc.) and the answers to written questions will be provided to the Teams via Virtual TIC before the Championships. No Technical Meeting/Briefing will be held as such. But LOC and EA remain available for any technical or organisational questions via Virtual TIC.

Team Leaders' WhatsApp Group

A WhatsApp group including all member federations' Team Leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/European Athletics via this group.

European Athletics kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC (email, submitting a general inquiry form in Virtual TIC, etc.).

5.2 Competition & Training Venues, Equipment & Implements

Competition Venue

Ataköy Arena and its surroundings are shown in Appendix 5 of this document. There are about 5000 spectator seats in the arena. The infield layout of the Arena is shown in Appendix 8.

Warm-up Area

The Warm-up area is located in the Sinan Erdem Sports Hall which is next to Ataköy Arena. There will be a corridor connecting both venues for the easy passage of athletes who about to compete.

The warm-up venue has the following sites:

- 6 lanes of about 45m long
- A Shot Put sector
- A High Jump sector
- A Long/Triple Jump sector

The opening hours of the warm-up venue will be as follows:

Thursday, 2 March	16:00 – 22:30
Friday, 3 March	06:30 - 13:40 16:30 - 22:40
Saturday, 4 March	06:15 - 12:45 16:20 - 22:00
Sunday, 5 March	07:50 – 12:10 16:35 – 22:00

Please note that during competition sessions, the warm-up area will be strictly restricted to the athletes competing on that session and the access will be controlled.

Training Venue

Both the competition venue and the warm-up track will be used for training purposes as described below. No dedicated training venue is to be provided.

Training during pre-competition days (28 February - 2 March)

The training during pre-competition days is to be held in both the competition venue and the warm-up facility as per the schedule below:

28 February			
Sinan Erdem Sports Hall	Warm-up/Training Area	10:00 – 13:00 16:00 – 19:00	
Ataköy Arena	Competition Venue	10:00 - 13:00* 16:00 - 19:00*	

01 March			
		Group 1	Group 2
Sinan Erdem	Warm-up/	09:00 - 11:00	11:00 – 13:00
Sports Hall	Training Area	14:30 - 16:30	16:30 – 18:30
Ataköy Arena	Competition	09:00 - 11:00*	11:00 – 13:00*
	Venue	14:30 - 16:30*	16:30 – 18:30*

^{*}only for athletes competing in 800m, 1500m, and 3000m.

Training during competition days (2 March - 5 March)

02 March			
		Group 1	Group 2
Sinan Erdem Sports Hall Ataköy Arena	Warm-up Area Competition Venue	9:00 – 11:00 (Official Training)	11:00 – 13:00 (Official Training)
Ataköy Arena	Competition Venue	10:00 – 12:00 (Training with Official Starters)	

The training during competition days of 3-5 March is to be held in the warm-up/training facility only, between the sessions, as per the schedule below.

Sinan Erdem Sports Hall (Warm-up/training venue)	Group 1	Group 2
3 March 2023 – Friday	13:40 – 15:05	15:05 – 16:30
4 March 2023 - Saturday	12:50 – 14:20	14:20 – 15:50
5 March 2023 - Sunday	13:00 – 14:30	14:30 – 16:00

Please, note: the **training sessions for the Pole Vault** athletes will be organized only at Ataköy Arena (competition venue), as per the schedule below:

Ataköy Arena	Combined Events	Individual
28 February – 1 March 2023		Women: 15:00 – 17:00
		Men: 17:00 - 19:00
2 March 2023	11:00 – 13:00	
3 March 2023		Men: 13:45 – 15:15

Equipment and implements necessary for training will be available. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment and will be returned to the athlete when the equipment is handed back in.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks in each team hotel.

Official training at the Competition Venue

Official training for all athletes at the Ataköy Arena will take place on 2 March as per the schedule in the sections above. The sessions will be split into 2 groups (per hotel*). The competition Warm-up/training area will also be available during this time.

Please check the notice boards in the hotels for details.

^{*}Group 1 (WOW Airport Hotel); Group 2 (WOW istanbul Hotel – Gönen Hotel)

As part of the official training, **the training with official starters** will take place at Ataköy Arena (competition venue) on Thursday 2 March covering both Groups (from 10:00 to 12:00).

Implements and Equipment

Official Implements (Shot Put):

The implements provided by the LOC (see Appendix 2) are selected from those appearing on the current World Athletics-approved implements list.

Personal Implements

Personal Implements shall also be allowed, providing that:

- They are readily identifiable and are World Athletics certified
- They are not already on the official list
- They have been checked for compliance with World Athletics Rules
- They are made available to all the other competitors until the end of the Final

Personal Implements will have to be submitted to the Implement Control (Implement Control Desk located at the Sinan Erdem Sports Hall (warm-up venue) near by the First Call) the day before the event and no later than 18:00. Personal implements will have to be submitted before the qualification, the submission of new implements before the finals will not be allowed.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Note: "World Athletics Certified" implements may include older models that previously held a certificate but are not in production any longer.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (https://www.worldathletics.org/library) in advance to identify the implement noting its World Athletics certification number. If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics Office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time.

Markers

Athletes will not be permitted to use their own markers during the Championships. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. The number of markers per athlete is limited to two (including the tape markers in the High Jump). Relevant officials will also provide adhesive tape for the relay runners at the track.

5.3 Entry, Qualification System, Final Entries & Confirmations

Entry Conditions and Qualification System

Please, refer to Appendix 1 for the detailed information about entry conditions, age restrictions, 'I Run Clean' certification, and qualification system.

Entry Procedures

Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: https://evententry.worldathletics.org/. Member Federations' entries manager shall use their already known individual and personalised access.

Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received as per the deadline below:

• Opening of the final entries: Tuesday, 7 February 2023

• Deadline for the final entries: Thursday, 22 February 2023 20:00 (CET) All member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the Final Entries process.

Changes in logistics data

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g., cancellation of flights). We would like to make sure these changes are well traceable, therefore please make sure all changes (even last-minute ones) are modified in the European Athletics Event Management System. Please note, the changes will be only monitored in the system. Exact procedures/steps will follow in detailed guidelines prior to the FE closing date.

Procedure for minor athletes

All athletes who have not yet reached the age of 18 on the day of their arrival to Istanbul must sign and submit an official declaration and parental consent form to be eligible to participate at the European Athletics Indoor Championships 2023. The form must be also signed by the athlete's parent/guardian and acknowledged by the representative of the respective Member Federation. The fully signed forms must be obtained, received, and stored by the concerned Member Federation and made available for the organisers where requested.

Final Confirmations

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline, which is outlined below for all events.

Submission Date	For Competition Day	Deadline
Wednesday 1 March	Day 1: Thursday 2 March	20:00
Thursday 2 March	Day 2: Friday 3 March	10:00
Friday 3 March	Days 3 & 4: Saturday 4 and Sunday 5 March	10:00

Final confirmations will have to be made online, via Virtual TIC.

Relays Declaration Forms

The composition of each relay team as well as the order of running shall be officially declared via Virtual TIC as per the deadlines specified below:

Competition day	Deadline for Final Declaration - Relays
Sunday 5 March 2023	17:47* - 4x400m Men
Sunday 5 March 2023	18:02* - 4x400m Women

^{*}The deadline may be changed in case of any call room schedule adaptions.

Failure to participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and

based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule 4 of the Technical Rules or TR4).

Withdrawals

Withdrawals after final confirmation, have to be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal has to be specified in detail, being its acceptance of the responsibility of the Medical Delegate and Technical Delegates based on the World Athletics Rules.

6. COMPETITION PROCEDURES

6.1 Timetable

Please refer to Appendix 3 for the competition timetable. In case of any changes or updates following the final entries, the updated/latest version of the timetable would be available in the documents section of the Virtual TIC.

6.2 Competition Bibs

General

For individual events, each competitor will receive 4 bibs with names. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag. Exceptions are made for jumping events: the competitors are permitted to attach one bib only to the front or to the back of their competition clothing (plus their tracksuit and bag). Bibs must not be cut, folded, or covered in any way.

For races from 400m and up (including relays and the last race of combined events), athletes will receive their front bib including a transponder at the Call Room. Meaning, the athletes competing in those events will receive only three bibs in advance and the front bib will be given to them in the Call Room. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by volunteers.

Special Bibs

The defending European Champion (orange background) and the current European Leader competing in an individual event (blue background) will receive a special bib to be worn on the chest.

For the Combined Events, the leading athlete after each event will be given a special bib (yellow background) indicating he/she is the leading athlete, to be worn on their chest.

Athletes competing in the last race of the Combined Events will also be given a special bib, to be worn on their chest, which will indicate their position in the competition prior to the last event.

The special bibs for the races will also have pouches for the respective transponders.

Relays

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib.

Hip Numbers

The athletes competing in Track Events will also be given two adhesive hip numbers in the Call Room, before entering the Field of Play. The hip numbers must be secured to both sides of the athlete's shorts/legs.

6.3 Competition Clothing

Competitors must wear the Federation's official team clothing. World Athletics TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room. The European Athletics has a record of the Team vests of all Member Federations accessible at the following link: https://eathletics.sharepoint.com/sites/EAExtranet

Member Federations shall confirm their team vests. If the uniform displayed differs from your current official uniform, the revised Team Vests form must be uploaded, in one single file, by 22 February 2023. Otherwise, the existing records will be used as a reference. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition, but also during any victory lap, interviews at the Stadium and the Medal Ceremonies.

Competition Shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics. In case of no compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or disqualified after the competition with the result being void.

The shoes will be checked after the competition within the Kit Collection/Post Event

Area in case of doubts or upon special requests, as well as in case of a World or European Record. In the case of World Records, the shoes will be withheld by the relevant Referee and sent later to the World Athletics as per TR5.

6.4 Call Room

All athletes will have to report to the First Call located at the Warm-up area, from where they will be accompanied to the main Call Room. Note: direct reporting to the call room will not be possible and all athletes must proceed to the First Call.

Access to the First Call will be allowed to athletes only, controlled by accreditation cards and according to the following reporting times. Please note that there may be slight amendments in particular cases, and a detailed First Call Schedule will be published at the Virtual TIC on day-by-day basis:

	First Call Opening	First Call Closing
Track Events	23 min	18 min
High Jump	69 min	64 min
Pole Vault	78 min	73 min
Other Field Events	48 min	43 min
Relays	23 min	18 min

For the field events finals, the times may be reduced considering number of participants in the finals.

All times are prior to the actual starting time of the event.

Athletes who fail to report on time to the **First Call** without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays.

Refreshments (still water) and toilets will be available next to the Call Room.

In track events, all athletes leave the Call Room ready to compete. All their belongings will be carried to the Kit Collection Area by the volunteers.

Call Room Procedures

In the **Call Room**, the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs
- Shoes/Spikes as per TR5
- Uniforms
- Bags (identification on and content of)
- Any other kind of advertising

Athletes in combined events need to report to the **First Call** only before their first event of the day (i.e. in the morning session). Then for any other events during the same day, the athletes are to report to the Combined Events Rest Area at the times provided by the combined events referee, from where they would be escorted directly to the infield.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones, or similar devices) will not be permitted in the infield as per World Athletics TR6. Competition officials in the Call Room will confiscate all the items not authorised. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

Please note that the accreditation cards of the athletes (competing both in track and field events) will be collected in the Call Room. The cards will be redistributed to all athletes after their event in the post-event area (kit collection).

6.5 Specific Event Procedures

Combined events

A resting area for the athletes taking part in combined events will be provided in Ataköy Arena (see Appendix 7), where athletes can rest and wait for their next event.

Fruits, snacks, and drinks will be provided in the Combined Events catering room. Toilets and shower facilities will also be available.

Lunches will be served at the Catering Area (next to the Rest Area) for all the combined events athletes as per the following schedule:

03.03. Pentathlon 14:00 - 15:30 04.03. Heptathlon 12:30 - 14:00 05.03. Heptathlon 14:00 - 15:30

Access to the combined events resting area is limited to the competitors and any other accredited persons (coach, doctor, etc. – one per athlete), who are in possession of the appropriate combined events resting area pass. These passes can be collected at the TIC the day before the start of each combined event competition.

Combined Events athletes will have to go through the Mixed Zone at the end of the last discipline of each session.

Hot Seats for 60m Men & Women

After the first heat of the semi-finals, two athletes who would be "qualifiers by time" for the final, at that moment, would be asked to enter a dedicated area located just before the live Mixed Zone in order to watch there the next heat. After the next heat, those athletes would be replaced by new "qualifiers by time", if relevant. Once the athletes leave the area, they can proceed to make their way through the Mixed Zone, following the usual procedures.

Field Events

In the field events, each athlete is allowed to a minimum of two practice trials (more if time allows). In the Shot Put, the practice trials are to be in the competition order. In all remaining field events, the practice trials will be supervised by the relevant judges.

In the Finals of the horizontal field events, the competing order for the fourth and fifth rounds of trials shall be in the reverse ranking order based on the results after the first three rounds of trials. The competing order for the final round of trials shall be in the reverse ranking order recorded after the fifth round of trials.

In the Long Jump and Triple Jump, as per the WA Rules, a video system will be used to detect, if an athlete breaks the vertical plane of the take-off line with any part of their take-off foot / shoe. There will be a video screen in the infield, next to the runway, where the athletes would be able to see the video/picture of their take off, in case of need.

There will be also CIS provided next to the athletes' benches in all field events. To enable following the live results by the athletes, if needed.

Post Competition Procedures

After the competition, athletes leave immediately through the mixed zone. In the mixed zone, all athletes meet the media: first TV, then radio, and finally the written press. It is for the athlete to decide whether he/she will give an interview. The accreditation cards of all athletes as well as the clothing baskets of the athletes competing in track events will be brought to the kits collection area located after the mixed zone.

6.6 Coaching Zones

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events. Special passes for each field event will be distributed from the TIC to the teams, according to the Final Confirmations. There will be one pass per athlete competing. The pass is only valid when accompanied by a team accreditation, this accreditation needs to be visible at all times.

6.7 Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with World Athletics Rule 8 of the Technical Rules.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf, or by an official representative of a team (World Athletics Rule 8 of the Technical Rules). Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates.

Where the appropriate Referee is not accessible or available, the protest should be made online through the virtual TIC. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the official digital TIC posting board).

If the final decision of the Referee is not satisfactory an appeal can be submitted to the Jury of Appeal also through the virtual TIC. Any written appeal to the Jury of Appeal must be made in accordance with World Athletics Rule 8 of the Technical Rules and by a responsible official on behalf of the athlete and submitted online within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, the team acknowledges that a fee of 100 EUR will be deducted from European Athletics Subvention to be paid by the end of the year unless the appeal is successful. The Jury's decision will be provided in writing.

7. MEDICAL & ANTI-DOPING

7.1 Medical Services

The LOC medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests, and media) as well as, during the competition, to the spectators in the stadium.

Outside the official opening hours of the official venues and medical facilities, team members shall contact the on-call 24/7 medical assistance available through +905324130420. In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

Medical Services in the Team Hotels

There will be a medical room in WOW Hotel with a doctor and nurse, operation daily from 09:00 to 20:00. In case of medical help needed at Gönen Hotel patients will be transported to WOW Hotel for inspection and treatment if advised by the doctor. After work hours medical help will be served on-call. The phone number of medical help will be displayed at the Information Desk in each of the Team Hotels.

Medical Care at the Competition Venue, Warm-up, and Training Area

The main medical centre is located at Ataköy Arena (near to the call room; see Appendix 7) and will be open on pre-competition days (28 February and 1 March) during training times (see section 5.2. of this manual) and from 2 March in line with the following schedule:

2 March 16:00 – 23:00 3 March 06:30 – 23:30 4 March 06:00 – 22:30 5 March 07:30 – 22:30

During other hours medical help is available on call and the number will be displayed at the Information Desk in each Team Hotel.

The team medical personnel will have access to the medical centre (using the special Medical Pass provided) when an athlete of his/her own team is hurt or needs other medical attention. There is also a minor medical room situated close to finish line (see Appendix 7). In case of emergency athletes may have a first examination at the minor medical room and then transferred to main medical centre if needed.

There are 2 first aid teams supervised by a doctor on the infield: one next to shot put area and one next to finish line. During Pole Vault sessions a medical team will be situated close to the Pole Vault landing area.

There will be a separate medical team dedicated to the warm-up and training area.

7.2 Physiotherapy Services

Physiotherapy Services in Team Hotels

There will be rooms available for physiotherapy in the team hotels where the Teams can set up their own physio beds for treatments. Ice and extra towels will be available here.

In case of a medical issue, Athletes who do not bring their own physiotherapist can use the LOC physiotherapy service available in the Warm-Up Venue. Booking of the physio services shall be made through the Team Hotel Information Desk or the TIC.

Physiotherapy Services at warm-up

Each team with a physiotherapist will have a dedicated facility in the warm-up area for personal treatments. All the other teams, in case of need, will be able to use a service provided by the LOC physiotherapist, located at Sinan Erdem Sports Hall. Booking of the physio services shall be made through the TIC.

7.3 Injuries Surveillance

An Injury and Illness Surveillance Study will be conducted on the side-lines of the championships, to continue the collection of valuable information and gain knowledge on how European Athletics can contribute to the prevention and early detection of injuries and illnesses in Athletics. The data collected will be used to develop adapted prevention strategies, educational activities, and tools applied to Athletics. Similar to the previous championships, the team Physicians and Physiotherapists of the participating national teams are requested to report daily all newly incurred injuries and illnesses linked to competitions and/or training using a specially designed online platform available online. The link to the online platform as well as the log-in credentials assigned to each Member Federation will be distributed shortly before the championships.

In addition to the Injury and Illness Surveillance Study, a survey on athletes' preparticipation health status will be also conducted. We kindly ask all athletes to fill in a short Pre-Participation Health Questionnaire (using an online tool) to provide

35

information on their injury and/or illness complaints that may have been present during the 4 weeks prior to the European Athletics Indoor Championships 2023. This survey aims to better understand the health status of athletes in their final preparation and potential risk factors of in-championships injuries and illnesses.



Please encourage your athletes to complete the Pre-participation Health Questionnaire accessible through the displayed QR code.

All information reported will only be used for scientific study and will be treated with strict confidentiality. The study has received Ethical Approval by the University-Hospital of Saint-Etienne (France).

7.4 Import of Medication and Medical Equipment

Team healthcare personnel are responsible for compliance with the administrative and customs regulations concerning medication as well as for the storage and safekeeping of their delegation's medicines and supplies. The LOC of Istanbul 2023 is not responsible for and shall have no liability relating to, or arising out of the bringing to the Republic of Türkiye, storage or monitoring of the supplies and medicines by the team.

7.5 Doping Control

General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021. The controls will be done under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by a trained chaperone. Athletes will be required to sign a doping control notification form and they have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

A selected athlete should report immediately to the DCS unless there are valid reasons for the delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusing or failing to comply with the Anti-Doping

procedures may constitute an Anti-Doping rule violation and could render them liable to disqualification and may result in further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

Selection of Athletes

The selection of Athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further Athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

Additional Controls

Athletes requiring doping control (e.g. for a national record or ratification of performance) may request to be tested by reporting to TIC, where a "Doping Control Request Form" should be completed. The form is also available online via virtual TIC. Nevertheless, a hard copy needs to be brought to the DCS to conduct the extra test.

The cost of this control (sample collection material and analysis costs) will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.

8. CEREMONIES & SOCIAL FUNCTIONS

8.1 European Athletics Lunch

EA-LOC lunch will be held on Friday 3 March, after the morning session.

Transportation will be provided:

- directly from the competition venue (Atakoy Arena) after the morning session. Meeting point at the team pick-up
- from the team hotels

The exact time will be communicated through the information desks.

Please note, attendance to the EA-LOC Lunch will be by invitation only.

Dress code: smart casual

8.2 Opening Ceremony

The Opening Ceremony will take place on Thursday 2 March at 18:30 at the Ataköy Arena. No team members will be involved.

8.3 Medal Ceremonies

All the medal ceremonies will take place at the Competition Venue, after the evening and morning sessions. The detailed schedule of the ceremonies will be shared with the teams in due time.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided. No other items shall be taken to the podium, such as flags, bags, or others.

8.4 Closing Party

The Closing Party will be held in the WOW hotel on Sunday 5 March evening, after the competition session. Entry will be possible with accreditation only.

Dinners are to be taken by the team members in their respective hotel restaurants before the closing party (only drinks are provided at the party).

Further information, including the exact time, to be communicated at later stage.

Appendix 1 – Qualification System and Entry Standards	<u>Appendix 7 – Ataköy Arena – Key Areas</u>
Appendix 2 – Official Implements List	Appendix 8 – TIC Map & Infield Layout & Coaching Zones
Appendix 3 – Timetable	Appendix 9 – Visa Information
Appendix 4 – City Map with Team Hotels & Championships Sites	Appendix 10 – Free Places Quota & Ratio of Athletes and Officials
Appendix 5 – Ataköy Arena & surroundings	Appendix 11 – Personal Coaches Policy
Appendix 6 – Map of Sinan Erdem Sports Hall (Warm-up & Training Area)	Appendix 12 – Airport Welcome Desk Map



OFFICIAL PARTNERS















PREFERRED SUPPLIERS











HOST INSTITUTIONS







