

# ESTADO COMPARATIVO DEL PROMEDIO DE LAS 10 MEJORES MARCAS DE CADA PRUEBA - RÁNKING ABSOLUTO - (2010-2019)

## HOMBRES

	MM desde 1988	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	
100	<b>10.32 (2018)</b>	10.64	10.54	10.47	10.41	10.44	10.53	10.44	10.49	10.32	10.40	↓
200	<b>20.78 (2018)</b>	21.30	21.17	21.06	21.04	21.15	21.20	20.96	21.02	20.78	21.17	↓
400	<b>46.05 (2018)</b>	47.47	47.20	46.77	46.80	46.73	46.67	46.83	46.30	46.05	46.47	↓
800	<b>1:46.20 (2009)</b>	1:46.22	1:46.73	1:46.45	1:46.63	1:47.62	1:46.78	1:46.48	1:46.28	1:46.72	1:46.38	↑
1.500	<b>3:34.65 (1998)</b>	3:37.01	3:37.27	3:37.51	3:37.99	3:38.99	3:38.56	3:38.33	3:38.22	3:39.96	3:37.59	↑
5.000	<b>13:21.95 (2001)</b>	13:32.33	13:43.29	13:43.76	13:39.26	13:49.84	13:34.86	13:35.27	13:42.22	13:39.58	13:37.41	↑
10.000	<b>28:02.21 (1998)</b>	28:49.07	29:11.99	29:31.84	29:09.40	28:56.74	28:58.93	28:54.52	28:55.35	28:40.55	28:32.10	↑
Maratón	<b>2:09:51 (1998)</b>	2:15:13	2:16:01	2:14:56	2:16:14	2:14:20	2:16:54	2:15:03	2:14:28	2:17:00	2:11:24	↑
110 v.	<b>13.76 (2016)</b>	14.23	14.10	14.15	14.05	13.99	13.87	13.76	13.84	13.82	14.01	↓
400 v.	<b>50.62 (2002)</b>	51.84	51.68	51.32	51.79	51.20	51.18	50.77	50.98	50.70	51.72	↓
3.000 Obst.	<b>8:20.91 (2003)</b>	8:29.29	8:24.05	8:24.06	8:34.16	8:31.81	8:31.91	8:37.20	8:30.47	8:31.39	8:33.24	↓
Altura	<b>2.18 (1996)</b>	2,13	2,16	2,13	2,14	2,14	2,17	2,16	2,16	2,13	2,13	=
Pértiga	<b>5.43 (1996)</b>	5,18	5,25	5,26	5,24	5,27	5,29	5,28	5,38	5,38	5,34	↓
Longitud	<b>7.89 (2004)</b>	7,68	7,65	7,72	7,73	7,68	7,65	7,73	7,75	7,68	7,72	↑
Triple	<b>16.20 (1997)</b>	15,79	15,98	16,08	16,01	16,15	16,02	15,88	16,16	16,20	16,11	↓
Peso	<b>18.74 (2014)</b>	18,24	18,08	18,32	18,63	18,74	18,50	18,04	18,49	18,63	17,98	↓
Disco	<b>58.95 (2016)</b>	57,32	57,35	57,29	56,79	56,95	57,47	58,95	57,35	57,16	57,61	↑
Martillo	<b>68.29 (2019)</b>	64,60	65,99	65,61	65,83	67,20	66,94	66,83	66,59	67,10	68,29	↑
Jabalina	<b>73.02 (2000)</b>	70,71	70,34	69,35	67,87	69,31	69,92	70,05	71,98	72,51	72,60	↑
Decatlón	<b>7.574 (1999)</b>	6.492	6.934	6.847	6.998	7.103	7.352	7.050	7.394	7.107	7.216	↑
4 x 100 *	<b>40.52 (2018)</b>	41,49	41,15	41,35	41,22	41,11	41,11	41,06	40,91	40,52	40,77	↓
4 x 400 *	<b>3:12.02 (2018)</b>	3:15.51	3:14.53	3:15:09	3:14.91	3:13.12	3:13.43	3:13.04	3:13.26	3:12.02	3:12.14	↓
20 km.M (r)	<b>1:21:51 (2017)</b>	1:24.58	1:25.29	1:25:00	1:24:14	1:24:07	1:23:06	1:23:33	1:21:51	1:24.06	1:24.17	↓
50 km.M (r)	<b>3:52:06 (1999)</b>	4:16:50	4:03:66*	4:11:45	4:20:26*	4:28:29	3:51:11*	4:06:00	4:29:59	4:14:52	4:04:26	↑

50km marcha (2011) \*: sólo ocho atletas; (2013) \* sólo nueve atletas \* (2015) sólo cinco atletas

En negrita, el mejor promedio-10 del periodo 2010-2019; tras el nombre de la prueba y según se indica, el mejor promedio desde el año 1988.

La columna final indica con (↔) (↓) (=) la comparación de la marca promedio de esta temporada 2018-2019 con la pasada temporada

## MUJERES

	MM desde 1988	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	
100	<b>11.57 (2018)</b>	11.79	11.80	11.95	11.81	11.79	11.78	11.67	11.65	11.57	11.60	↓
200	<b>23.55 (2018)</b>	24.30	24.25	24.30	24.29	24.15	24.02	23.82	23.82	23.55	23.73	↓
400	<b>53.38 (1991)</b>	54.95	54.71	55.08	54.81	53.99	54.23	53.80	53.81	53.81	53.73	↑
800	<b>2:02.09 (2000)</b>	2:04.45	2:05.92	2:06.29	2:05.79	2:04.98	2:04.16	2:05.14	2:05.36	2:04.38	2:04.81	↓
1.500	<b>4:04.40 (2009)</b>	4:14.50	4:13.94	4:13.71	4:15.30	4:14.56	4:15.44	4:15.75	4:13.55	4:12.91	4:13.08	↓
5.000	<b>15:31.67 (2003)</b>	16:02.55	15:58.83	15:59.99	15:55.36	15:49.59	16:10.23	15:58.09	16:13.40	16:14.13	15:50.71	↑
10.000	<b>32:40.8 (2003)</b>	33:10.55	34:01.19	34:51.76	33:39.92	33:13.49	33:57.23	33:56.92	34:27.38	33:36.19	33:46.58	↓
Maratón	<b>2:35:26 (2019)</b>	2:43:04	2:41:13	2:37.10	2:41:05	2:40:16	2:38:25	2:36:17	2:36:51	2:36:45	2:35:26	↑
100 v.	<b>13.53 (2007)</b>	14.02	13.92	13.95	13.95	13.81	13.71	13.72	13.81	13.70	13.69	↑
400 v.	<b>58.77 (2019)</b>	1:00.16	1:00.42	1:00.43	1:00.32	59.74	1:00.19	1:00.23	59.95	59.71	58.77	↑
3.000 Obst.	<b>9:56.08 (2009)</b>	10:00.05	10:05.40	10:03.11	10:11.95	10:10.17	10:04.12	10:05.22	10:05.84	10:03.99	10:08.15	↓
Altura	<b>1.83 (2015)</b>	1,82	1.81	1.82	1.81	1.82	1.83	1.82	1.79	1.79	1.81	↑
Pértiga	<b>4.24 (2018)</b>	3,95	4.04	4.02	4.10	4.08	4.07	4.19	4.15	4.24	4.20	↑↓
Longitud	<b>6.35 (2018)</b>	6,13	6.16	6.21	6.28	6.28	6.27	6.31	6.33	6.35	6.26	↓
Triple	<b>13.53 (2019)</b>	13,02	13.27	13.18	13.03	13.44	13.07	13.19	13.26	13.47	13.53	↑
Peso	<b>15.28 (2001)</b>	14,84	14.59	14.89	14.94	14.79	14.80	14.58	15.07	14.76	14.88	↑
Disco	<b>52.00 (2015)</b>	49,90	49.96	50.82	51.05	51.79	52.00	51.38	51.80	51.55	50.11	↓
Martillo	<b>60.49 (2019)</b>	57,75	58.28	58.93	58.15	58.20	58.60	60.12	60.11	59.39	60.49	↑
Jabalina	<b>53.82 (2015)</b>	49,45	51.59	51.55	52.33	52.56	53.82	51.69	51.43	51.03	51.04	↑
Heptatlón	<b>5.499 (2018)</b>	5.041	5.074	5.125	5.156	5.220	5.324	5.387	5.415	5.499	5.452	↓
4 x 100 *	<b>45.99 (2018)</b>	47.24	47.16	47.25	46.98	46.89	46.68	46.65	46.78	45.99	46.55	↓
4 x 400 *	<b>3:46.56 (1991)</b>	3:50.02	3:48.16	3:48.78	3:46.76	3:46.88	3:46.89	3:46.69	3:47.75	3:44.78	3:46.36	↓
20 km.marc:a	<b>1:32:49 (2004)</b>	1:33:56	1:35:01	1:33:12	1:34:54	1:34:03	1:32:52	1:32:55	1:33:06	1:33.22	1:34:03	↓
50 km marc:a	<b>4:22.01 (2019)</b>									4:36.35*	4:22:01*	↑

50km marcha (2018) \*sólo seis atletas, (2019 sólo cinco atletas

En negrita, el mejor promedio-10 del periodo 2010-2019; tras el nombre de la prueba y según se indica, el mejor promedio desde el año 1988.

La columna final indica con (↔) (↓) (=) la comparación de la marca promedio de esta temporada 2018-2019 con la pasada temporada