

Beatriz Ros



Madrid, 12.05.1974 - 1,70m/51kg
 Entrenador: Guillermo Ferrero
 Club 2011/2012: A.D.Marathon
 Internacional: 4 (2003-2010)

Historial Español

Campeona de España de Medio Maratón (2004)
 Campeona de España Promesa de 10.000m (1995-1996)
 Campeona de España Júnior de 10.000m (1993)

Historial Internacional

JJOJ 2004 - Atenas Maratón (32ª/2h41:51)
 CM 2003 - París Maratón (13ª/2h29:25)
 CE 2010 - Barcelona Maratón (15ª/2h40:10)
 CE-j 1993 - San Sebastián 10.000m (7ª/35:14.08)
 CM-cross 1993: jr (38ª); 2004: largo (78ª)

| Progresión Año/Edad | Club | Puesto | | Puesto | | M.Maratón | Maratón | Puesto Rank. ESP |
|------------------------|---------------|-----------------|-----------|-----------------|------------|----------------|----------------|---------------------|
| | | 5.000m | Rank. ESP | 10.000m | Rank. ESP | | | |
| 1993 (19) | A.D. Marathon | - | | 35:14.08 | (12 / 1jr) | - | - | |
| 1994 (20) | A.D. Marathon | Lesionada | | - | | - | - | |
| 1995 (21) | A.D. Marathon | 17:05.29 | (23) | 36:08.67 | (17) | - | - | |
| 1996 (22) | A.D. Marathon | 17:27.97 | (54) | - | | - | - | |
| 1997 (23) | A.D. Marathon | Lesionada | | - | | - | - | |
| 1998 (24) | A.D. Marathon | 17:18.95 | (37) | 35:29.24 | (25) | - | - | |
| 1999 (25) | A.D. Marathon | 17:10.9 | (35) | 36:02.42 | (18) | - | - | |
| 2000 (26) | A.D. Marathon | Lesionada | | - | | - | - | |
| 2001 (27) | A.D. Marathon | 16:49.1 | (26) | 34:35.94 | (10) | 1h17:50 | - | |
| 2002 (28) | A.D. Marathon | 17:42.5 | (42) | 34:46.85 | (11) | 1h15:12 | 2h34:57 | (3) |
| 2003 (29) | A.D. Marathon | 16:09.74 | (13) | 33:36.23 | (10) | 1h13:29 | 2h29:25 | (1) |
| 2004 (30) | A.D. Marathon | - | | - | | 1h12:38 | 2h30:43 | (1) |
| 2005 (31) | A.D. Marathon | Lesionada | | | | | - | |
| 2006 (32) | A.D. Marathon | - | | - | | 1h16:04 | - | |
| 2007 (33) | A.D. Marathon | No compitió | | | | | - | |
| 2008 (34) | A.D. Marathon | - | | - | | 1h14:22 | - | |
| 2009 (35) | A.D. Marathon | - | | - | | - | - | |
| 2010 (36) | A.D. Marathon | 17:02.56 | (25) | 34:40.62 | (10) | 1h16:37 | 2h32:28 | (1) |
| 2011 (37) | A.D. Marathon | 17:51.07 | (49) | - | | 1h16:09 | - | |
| 2012 (38) | A.D. Marathon | - | | - | | 1h16:04 | 2h33:11 | (4) |

Otras marcas:

800m: 2:17.15 (2000); 1.000m: 2:55.5 (2001); 1.500m: 4:30.86 (2002); 3.000m: 9:43.01 (2001); 10km ruta: 34:18 (2007)

- Todos sus maratones

| | | | |
|----------|----|-----------------|------------|
| 2h29:25 | 13 | París (FRA) | 31.08.2003 |
| 2h30:43 | 7 | París (FRA) | 04.04.2004 |
| 2h31:09 | 1 | Sevilla | 26.04.2003 |
| 2h33:11 | 2 | Castellón | 11.12.2011 |
| 2h32:28 | 5 | Rotterdam (NED) | 11.04.2010 |
| 2h34:57 | 8 | Turín (ITA) | 21.04.2002 |
| 2h40:10 | 17 | Barcelona | 31.07.2010 |
| 2h41:51 | 32 | Atenas (GRE) | 22.08.2004 |
| abandono | - | Hamburgo (GER) | 23.04.2006 |
| abandono | - | París (FRA) | 06.04.2008 |
| abandono | - | Hamburgo (GER) | 27.04.2008 |
| abandono | - | Hamburgo (GER) | 26.04.2008 |

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