

## Marta Esteban



Valencia, 06.11.1982 - 1,62m/57kg  
 Entrenadora: Ella misma  
 Club 2017/2018: C.A.Cárnicas Serrano  
 Internacional: 4 (2016-2018)

### Historial Español

Campeona de España de maratón (2018)

### Historial Internacional

|           |                 |  |
|-----------|-----------------|--|
| CM        | 2017 - Londres  | Maratón (21 <sup>ª</sup> /2:33:37)       |
| CM-mm     | 2016 - Cardiff  | Medio maratón (64 <sup>ª</sup> /1:16:52) |
|           | 2018 - Valencia | Medio maratón (55 <sup>ª</sup> /1:14:19) |
| CpE10000m | 2017 - Minsk    | 10.000m (6C2/34:10.42)                   |

### Progresión

| Año/Edad  | Club                   | Puesto          |           | Puesto         |           | Puesto         |           |
|-----------|------------------------|-----------------|-----------|----------------|-----------|----------------|-----------|
|           |                        | 10.000m         | Rank. ESP | M.Maratón      | Rank. ESP | Maratón        | Rank. ESP |
| 2005 (23) |                        | -               |           | 1:21:42        |           | -              |           |
| 2006 (24) |                        | No compitió     |           | -              |           | -              |           |
| 2007 (25) | Valencia Terra i Mar   | -               |           | 1:19:12        | (21)      | -              |           |
| 2008 (26) | Valencia Terra i Mar   | -               |           | 1:29:13        |           | -              |           |
| 2009 (27) | Amateurs Sport         | 37:44.86        | (24)      | 1:20:14        | (24)      | 2:53:48        | (10)      |
| 2010 (28) | Simply-Scorpio 71      | 37:58.12        | (24)      | -              |           | -              |           |
| 2011 (29) | Simply-Scorpio 71      | -               |           | 1:17:44        | (17)      | -              |           |
| 2012 (30) | CA Silla Kelme         | -               |           | -              |           | 2:38:05        | (5)       |
| 2013 (31) | C.Dental Seoane Pampín | -               |           | 1:14:58        | (9)       | -              |           |
| 2014 (32) | C.Dental Seoane Pampín | -               |           | 1:14:26        | (5)       | 2:40:56        | (6)       |
| 2015 (33) | C.A.Cárnicas Serrano   | -               |           | 1:14:41        | (5)       | -              |           |
| 2016 (34) | C.A.Cárnicas Serrano   | -               |           | 1:13:16        | (5)       | 2:34:42        | (4)       |
| 2017 (35) | C.A.Cárnicas Serrano   | <b>34:10.42</b> | (4)       | <b>1:12:08</b> | (1)       | <b>2:30:47</b> | (3)       |
| 2018 (36) | C.A.Cárnicas Serrano   |                 |           | 1:14:19        |           | 2:31:24        |           |

### Otras marcas:

1.500m: 4:41.17 (2012); 3.000m: 9:41.02 (2012); 5.000m: 16:33.30 (2012); 3.000m obst.: 11:10.42 (2005)  
 10km ruta: 33:39 (2017); 20km ruta: 1:08:28 (2017)

### Todos sus maratones

|         |    |                |            |
|---------|----|----------------|------------|
| 2:30:47 | 5  | Valencia       | 20.11.2016 |
| 2:31:24 | 7  | Sevilla        | 25.02.2018 |
| 2:33:37 | 2  | Londres, GBR   | 06.08.2017 |
| 2:34:42 | 12 | Valencia       | 15.11.2015 |
| 2:38:05 | 2  | Valencia       | 27.11.2011 |
| 2:40:56 | 8  | Valencia       | 17.11.2013 |
| 2:53:48 | 7  | Rotterdam, NED | 05.04.2009 |