

ESTADO COMPARATIVO DEL PROMEDIO DE LAS 10 MEJORES MARCAS DE CADA PRUEBA - RÁNKING DE ESPAÑA SUB 20 - (2008-2018)

HOMBRES

	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	
100	10.83	10.69	10.74	10.85	10.91	10.81	10.76	10.78	10.68	10.71	10.82	↓
200	21.75	21.74	21.77	21.84	21.88	21.86	21.70	21.61	21.51	21.38	21.96	↓
400	48.75	48.84	48.42	48.61	48.37	48.63	48.26	48.19	48.43	48.14	48.66	↓
800	1:51.40	1:53.24	1:51.93	1:52.25	1:51.68	1:50.62	1:51.61	1:52.28	1:50.88	1:50.47	1:50.59	↓
1.500	3:50.64	3:50.19	3:51.93	3:53.51	3:51.04	3:50.96	3:49.01	3:49.04	3:48.28	3:46.43	3:46.83	↓
5.000	14:58.22	15:00.42	15:04.50	14:58.56	15:08.01	14:57.90	14:46.81	14:56.92	14:46.19	14:38.89	15:04.54	↓
10.000	32:36.90	32:13.39	31:10.56	32:03.18	32:15.06	31:40.26	31:54.12	32:27.58	31:58.18	32:27.00	32:17.32	↑
110 v.	14.75	14.67	14.63	14.47	14.48	14.41	14.25	14.51	14.38	14.37	14.08	↑
400 v.	54.54	54.47	54.45	54.00	54.00	54.59	54.00	53.39	54.17	53.08	53.34	↓
3.000 Obst.	9:17.43	9:13.35	9:15.39	9:25.18	9:18.13	9:22.90	9:24.41	9:31.35	9:11.22	9:21.09	9:18.96	↑
Altura	2.04	2.05	2.05	2.04	2.05	2.06	2.07	2.06	2.03	2.03	2.04	↑
Pértiga	4.62	4.65	4.70	4.87	4.87	4.77	4.82	4.75	4.69	4.80	4.94	↑
Longitud	7.25	7.38	7.23	7.31	7.31	7.34	7.19	7.27	7.27	7.18	7.13	↓
Triple	15.08	14.80	14.72	15.03	14.91	14.73	14.97	14.84	14.85	14.90	15.02	↑
Peso (6kg)	15.65	15.43	15.67	15.05	15.68	15.35	16.06	15.69	16.06	15.53	15.99	↑
Disco (1.750kg)	47.73	48.08	46.74	47.53	47.99	49.25	48.22	46.40	49.82	49.39	52.35	↑
Martillo (6kg)	57.59	60.91	61.02	59.57	58.10	60.20	59.97	58.72	60.30	60.93	60.04	↓
Jabalina	58.34	58.83	57.31	57.67	57.95	56.19	61.14	63.58	60.30	59.27	57.86	↓
Decathlon	5.892	5.915	5.701	6.267	6.256	6.381	6.439	6.143	6.416	6.355	6.447	↑
4 x 100 *	43.53	43.32	43.02	43.19	43.37	43.57	42.97	42.91	42.70	42.63	42.49	↑
4 x 400 *	3:29.98	3:28.97	3:28.89	3:28.04	3:28.37	3:26.33	3:27.78	3:27.30	3:27.46	3:26.42	3:26.05	↑
10.000m marcha	45:51.23	46:26.04	46:58.01	45:41.62	43:39.78	43:43.34	43:50.48	44:19.11	46:51.07	46:17.02	45:31.08	↑

(1) En nuevo decatón júnior se lanza el peso de 6kg y el disco de 1.750kg.

* El promedio de relevos sólo incluye clubes.

En negrita. el mejor promedio-10 del periodo 2008-2018

La columna final indica con (↑) (↓) o (=) la comparación de la marca promedio de esta temporada 2017-2018 con la pasada.

MUJERES

	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	
100	12.11	12.22	12.25	12.24	12.14	12.07	11.96	12.07	11.99	11.98	11.84	↑
200	25.13	25.24	25.25	25.33	25.00	24.89	24.62	24.74	24.48	24.47	24.26	↑
400	57.15	57.13	56.84	56.70	57.03	56.65	56.33	56.18	56.19	55.57	55.58	↓
800	2:13.58	2:12.84	2:11.91	2:12.17	2:10.92	2:11.22	2:10.49	2:10.87	2:10.25	2:10.78	2:10.05	↑
1.500	4:38.44	4:39.60	4:36.82	4:35.68	4:35.12	4:33.69	4:34.98	4:31.12	4:29.20	4:28.13	4:28.48	↓
3.000 *	10:00.98	10:15.81	10:12.24	9:59.26	10:12.54	10:11.03	9:57.76	9:54.33	9:59.39	9:51.78	9:47.26	↑
5.000	18:10.36	18:31.64	18:15.55	17:57.82	18:23.19	17:25.28	17:00.46	17:19.95	18:07.88	17:36.48	17:40.55	↓
100 v.	14.85	15.14	14.60	14.41	14.63	14.27	14.37	14.17	14.14	14.23	14.36	↓
400 v.	1:03.81	1:03.51	1:03.22	1:03.69	1:02.48	1:02.23	1:01.93	1:01.69	1:01.54	1:01.09	1:01.02	↑
3.000m Obst.	11:46.81	11:25.35	11:02.36	11:07.94	10:58.51	11:03.38	11:01.13	11:05.63	11:00.35	10:53.39	11:01.10	↓
Altura	1.69	1.72	1.72	1.74	1.74	1.73	1.72	1.71	1.71	1.70	1.72	↑
Pértiga	3.61	3.60	3.60	3.69	3.69	3.72	3.74	3.79	3.89	3.79	3.87	↑
Longitud	5.61	5.59	5.59	5.80	5.81	5.93	5.86	6.02	5.92	5.86	5.88	↑
Triple	12.22	12.01	12.21	12.42	12.46	12.38	12.47	12.15	12.39	12.54	12.70	↑
Peso	12.52	12.24	12.64	12.42	12.61	12.56	12.53	12.82	12.29	12.67	12.78	↑
Disco	39.38	39.27	39.70	41.27	44.37	44.12	41.93	40.28	39.60	39.47	40.56	↑
Martillo	46.09	39.55	50.35	51.33	50.40	49.23	47.56	50.18	50.99	51.72	53.16	↑
Jabalina	42.84	44.71	43.58	44.05	41.38	41.41	42.00	41.77	41.19	40.97	42.45	↑
Heptathlon	3.739	3.847	-	4.185	4.236	4.206	4.465	4.554	4.712	4.473	4.641	↑
4 x 100 *	49.63	49.29	49.40	49.05	48.93	48.67	48.52	48.65	48.03	47.98	48.03	↓
4 x 400 *	4:14.35	4:15.63	4:13.93	4:06.87	4:11.66	4:06.61	4:08.02	4:06.85	4:02.96	3:59.18	4:01.44	↓
5.000m marcha	24:18.40	25:10.12	24:51.49	24:50.24	24:40.58	24:26.30	23:09.42	23:42.42	24:21.67	23:21.40	24:12:54	↓

* El promedio de relevos sólo incluye clubes.

En negrita. el mejor promedio-10 del periodo 2008-2018

La columna final indica con (↑) (↓) o (=) la comparación de la marca promedio de esta temporada 2017-2018 con la pasada.