

ESTADO COMPARATIVO DEL PROMEDIO DE LAS 10 MEJORES MARCAS DE CADA PRUEBA - RÁNKING ABSOLUTO - (2008-2017)

HOMBRES

	MM desde 1988	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	
100	10.35 (97)	10.59	10.52	10.64	10.54	10.47	10.41	10.44	10.53	10.44	10.49	↓
200		21.36	21.35	21.30	21.17	21.06	21.04	21.15	21.20	20.96	21.02	↓
400		47.14	47.30	47.47	47.20	46.77	46.80	46.73	46.67	46.83	46.30	↑
800		1:46.20	1:46.80	1:46.22	1:46.73	1:46.45	1:46.63	1:47.62	1:46.78	1:46.48	1:46.28	↑
1.500	3:34.65 (98)	3:36.68	3:36.83	3:37.01	3:37.27	3:37.51	3:37.99	3:38.99	3:38.56	3:38.33	3:38.22	↑
5.000	13:21.95 (2001)	13:22.54	13:25.95	13:32.33	13:43.29	13:43.76	13:39.26	13:49.84	13:34.86	13:35.27	13:42.22	↓
10.000	28:02.21 (98)	28:46.03	28:29.47	28:49.07	29:11.99	29:31.84	29:09.40	28:56.74	28:58.93	28:54.52	28:55.35	↓
Maratón	2h09:51 (98)	2h15:38	2h15:59	2h15:13	2h16:01	2h14:56	2h16:14	2h14:20	2h16:54	2h15:03	2h14:28	↑
110 v.		14.23	14.26	14.23	14.10	14.15	14.05	13.99	13.87	13.76	13.84	↓
400 v.	50.62 (2002)	51.84	51.70	51.84	51.68	51.32	51.79	51.20	51.18	50.77	50.98	↓
3.000 Obst.	8:20.91 (2003)	8:32.07	8:31.20	8:29.29	8:24.05	8:24.06	8:34.16	8:31.81	8:31.91	8:37.20	8:30.47	↑
Altura	2.18 (96)	2,15	2,15	2,13	2,16	2,13	2,14	2,14	2,17	2,16	2,16	=
Pértiga	5.43 (96)	5,22	5,15	5,18	5,25	5,26	5,24	5,27	5,29	5,28	5,38	↑
Longitud	7.89 (2004)	7,70	7,70	7,68	7,65	7,72	7,73	7,68	7,65	7,73	7,75	↑
Triple	16.20 (97)	15,80	15,77	15,79	15,98	16,08	16,01	16,15	16,02	15,88	16,16	↑
Peso		18,55	18,31	18,24	18,08	18,32	18,63	18.74	18,50	18,04	18,49	↑
Disco		58,59	57,44	57,32	57,35	57,29	56,79	56,95	57,47	58.95	57,35	↓
Martillo		63,93	64,24	64,60	65,99	65,61	65,83	67.20	66,94	66,83	66,59	↓
Jabalina	73.02 (2000)	69,58	69,70	70,71	70,34	69,35	67,87	69,31	69,92	70,05	71,98	↑
Decatlón	7.574 (99)	7.026	7.078	6.492	6.934	6.847	6.998	7.103	7.352	7.050	7.394	↑
4 x 100 *	40.79 (2002)	41,26	41,16	41,49	41,15	41,35	41,22	41,11	41,11	41,06	40,91	↑
4 x 400 *		3:14.62	3:14.62	3:15.51	3:14.53	3:15.09	3:14.91	3:13.12	3:13.43	3:13.04	3:13.26	↓
20 km.M (r)		1h22:57	1h23:50	1h24:58	1h25:29	1h25:00	1h24:14	1h24:07	1h23:06	1h23:33	1h21:51	↑
50 km.M (r)	3h52:06 (99)	4h03:31	4h00:32	4h16:50	4h03:66*	4h11:45	4h20:26*	4h28:29	3h51:11*	4h06:00	4h29:59	↓

50km marcha (2011) *: sólo ocho atletas; (2013) * sólo nueve atletas * (2015) sólo cinco atletas

En negrita, el mejor promedio-10 del periodo 2008-2017; tras el nombre de la prueba y según se indica, el mejor promedio desde el año 1988.

La columna final indica con (↑) (↓) (=) la comparación de la marca promedio de esta temporada 2015-2016 con la pasada temporada

MUJERES

	MM desde 1988	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	
100		11.71	11.75	11.79	11.80	11.95	11.81	11.79	11.78	11.67	11.65	↑
200		24.25	24.20	24.30	24.25	24.30	24.29	24.15	24.02	23.82	23.74	↑
400	53.38 (91)	55.06	54.86	54.95	54.71	55.08	54.81	53.99	54.23	53.80	53.81	↓
800	2:02.09 (2000)	2:05.49	2:03.43	2:04.45	2:05.92	2:06.29	2:05.79	2:04.98	2:04.16	2:05.14	2:05.36	↓
1.500		4:09.47	4:09.40	4:14.50	4:13.94	4:13.71	4:15.30	4:14.56	4:15.44	4:15.75	4:13.55	↑
5.000	15:31.67 (2003)	15:56.57	16:05.48	16:02.55	15:58.83	15:59.99	15:55.36	15:49.59	16:10.23	15:58.09	16:13.40	↓
10.000	32:40.8 (2003)0	34:46.66	34:58.22	33:10.55	34:01.19	34:51.76	33:39.92	33:13.49	33:57.23	33:56.92	34:27.38	↓
Maratón	2h35:45 (95)	2h35:55	2h39:15	2h43:04	2h41:13	2h37:10	2h41:05	2h40:16	2h38:25	2h36:17	2h36:51	↓
100 v.	13.53 (2007)	13.62	13.78	14.02	13.92	13.95	13.95	13.81	13.71	13.72	13.81	↓
400 v.	58.84 (99)	59.65	1:00.18	1:00.16	1:00.42	1:00.43	1:00.32	59.74	1:00.19	1:00.23	59.95	↑
3.000 Obst.		9:56.27	9:56.08	10:00.05	10:05.40	10:03.11	10:11.95	10:10.17	10:04.12	10:05.22	10:05.84	↓
Altura		1,78	1,81	1,82	1,81	1,82	1,81	1,82	1,83	1,82	1,79	↓
Pértiga		4,04	3,94	3,95	4,04	4,02	4,10	4,08	4,07	4,19	4,15	↓
Longitud		6,26	6,07	6,13	6,16	6,21	6,28	6,28	6,27	6,31	6,33	↑
Triple		13,07	12,86	13,02	13,27	13,18	13,03	13,44	13,07	13,19	13,26	↑
Peso	15.28 (2001)	14,89	14,69	14,84	14,59	14,89	14,94	14,79	14,80	14,58	15,07	↑
Disco		49,14	49,05	49,90	49,96	50,82	51,05	51,79	52,00	51,38	51,80	↑
Martillo		57,95	57,40	57,75	58,28	58,93	58,15	58,20	58,60	60,12	60,11	↑
Jabalina		49,27	49,39	49,45	51,59	51,55	52,33	52,56	53,82	51,69	51,43	↓
Heptatlón		5.209	5.239	5.041	5.074	5.125	5.156	5.220	5.324	5.387	5.415	↑
4 x 100 *		47.79	47,56	47,24	47,16	47,25	46,98	46,89	46,68	46,65	46,78	↓
4 x 400 *	3:46.56 (91)	3:49.31	3:47.88	3:50.02	3:48.16	3:48.78	3:46.76	3:46.88	3:46.89	3:46.69	3:47.75	↓
20 km.marcha (r)	1h32:49 (2004)	1h35:59	1h37:22	1h33:56	1h35:01	1h33:12	1h34:54	1h34:03	1h32:52	1h32:55	1h33:06	↓

En negrita, el mejor promedio-10 del periodo 2008-2017; tras el nombre de la prueba y según se indica, el mejor promedio desde el año 1988.

La columna final indica con (↑) (↓) (=) la comparación de la marca promedio de esta temporada 2015-2016 con la pasada temporada

CUADRO COMPARATIVO DE LA MEJOR MARCA POR PUESTO EN EL RÁNKING DE ESPAÑA ABSOLUTO (2007-2017)

(Subrayada, la mejor marca por puesto del cómputo global de años de este periodo)

HOMBRES

100 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	10.18	10.14	10.39	10.23	10.25	10.17	10.15	10.19	10.32	10.06	10.22
10	10.68	10.73	10.59	10.62	10.67	10.62	10.54	10.55	10.60	10.59	10.58
20	10.77	10.81	10.75	10.70	10.75	10.76	10.73	10.71	10.70	10.66	10.66
30	10.82	10.84	10.82	10.81	10.83	10.82	10.82	10.81	10.79	10.71	10.72
40	10.85	10.93	10.89	10.84	10.91	10.91	10.86	10.85	10.83	10.77	10.78
50	10.90	10.96	10.93	10.91	10.94	10.95	10.91	10.89	10.86	10.83	10.80
100	11.09	11.10	11.09	11.13	11.16	11.11	11.08	11.03	11.01	10.97	10.94

200 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	20.75	20.61	20.88	20.92	20.79	20.64	20.47	20.73	20.74	20.12	20.59
10	21.65	21.57	21.56	21.49	21.41	21.33	21.43	21.39	21.37	21.32	21.23
20	21.82	21.76	21.75	21.73	21.73	21.73	21.68	21.58	21.59	21.56	21.46
30	21.91	21.92	21.88	21.93	21.93	21.89	21.90	21.79	21.70	21.69	21.62
40	22.07	22.07	21.97	22.06	22.05	22.01	21.97	21.88	21.82	21.81	21.69
50	22.13	22.14	22.16	22.19	22.16	22.11	22.12	21.96	21.91	21.91	21.77
100	22.50	22.52	-	22.55	22.57	22.62	22.41	22.37	22.21	22.22	22.14

400 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	46.84	46.25	46.31	46.73	46.55	46.41	46.25	45.50	45.98	45.65	45.00
10	47.51	47.53	47.95	47.93	47.53	47.20	47.54	47.27	47.26	47.54	47.14
20	48.25	48.18	48.46	48.36	48.55	48.11	48.32	47.69	47.79	48.08	47.90
30	48.56	48.65	48.75	48.87	48.83	48.56	48.75	48.38	48.47	48.31	48.33
40	48.77	48.94	48.99	49.14	49.09	48.85	49.02	48.80	48.73	48.66	48.63
50	48.97	49.17	49.24	49.44	49.43	49.14	49.25	48.99	48.84	48.86	48.82
100	50.01	-	50.20	50.13	50.14	50.08	49.97	49.73	49.52	49.58	49.58

800 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	1:45.13	1:45.20	1:45.52	1:44.74	1:44.49	1:43.74	1:43.93	1:46.64	1:45.25	1:45.61	1:45.02
10	1:48.00	1:47.41	1:47.75	1:48.0	1:48.80	1:48.03	1:47.73	1:48.36	1:47.49	1:47.21	1:47.93
20	1:49.32	1:49.43	1:49.11	1:50.08	1:49.90	1:49.62	1:50.35	1:49.67	1:48.75	1:49.23	1:49.24
30	1:50.54	1:50.43	1:50.24	1:50.89	1:51.03	1:50.54	1:50.85	1:50.79	1:50.38	1:50.34	1:50.72
40	1:51.20	1:51.20	1:51.31	1:51.97	1:52.23	1:51.28	1:51.56	1:51.84	1:51.25	1:51.01	1:51.45
50	1:52.04	1:52.40	1:51.72	1:52.66	1:52.91	1:51.88	1:52.13	1:52.49	1:52.12	1:51.80	1:52.01
100	1:54.24	1:54.8	1:54.01	1:54.92	1:54.67	1:54.27	1:54.03	1:54.15	1:53.79	1:53.93	1:53.90

1.500 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	3:32.18	3:32.57	3:32.59	3:32.70	3:33.18	3:34.10	3:35.69	3:35.59	3:35.97	3:35.24	3:34.70
10	3:39.08	3:39.95	3:40.28	3:40.76	3:40.85	3:40.87	3:41.06	3:40.96	3:41.44	3:41.55	3:40.72
20	3:43.08	3:43.50	3:42.39	3:43.23	3:44.49	3:45.77	3:44.34	3:46.17	3:43.78	3:44.91	3:44.88
30	3:45.44	3:46.37	3:45.60	3:46.22	3:48.51	3:47.13	3:45.97	3:48.09	3:45.96	3:46.22	3:45.78
40	3:48.71	3:48.28	3:47.21	3:49.33	3:50.01	3:48.00	3:47.89	3:49.18	3:46.96	3:48.64	3:46.70
50	3:51.07	3:50.35	3:49.32	3:51.03	3:51.42	3:48.71	3:49.18	3:50.68	3:48.83	3:50.71	3:48.71
100	-	-	3:56.72	3:57.4	3:56.76	3:54.67	3:56.50	3:56.16	3:54.46	3:54.99	3:54.50

3.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	7:43.29	7:43.97	7:37.93	7:49.00	7:49.45	8:01.52	7:48.57	7:45.06	7:46.53	7:39.51	7:35.28
10	8:04.35	7:58.92	8:03.25	8:05.97	8:07.69	8:07.72	8:12.63	8:06.76	8:03.83	8:12.30	8:13.11
20	8:15.67	8:11.39	8:14.8	8:16.91	8:18.33	8:16.84	8:16.46	8:14.64	8:13.60	8:21.42	8:21.08
30	8:23.58	8:22.74	8:23.69	8:22.28	8:22.94	8:19.46	8:20.51	8:20.19	8:20.50	8:28.50	8:26.72
40	8:28.53	8:25.02	8:28.85	8:27.54	8:25.88	8:26.27	8:23.59	8:22.96	8:24.60	8:32.94	8:30.50
50	8:31.10	8:28.80	8:32.78	8:32.05	8:27.75	8:29.70	8:28.37	8:29.47	8:28.2	8:35.11	8:33.18

5.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	13:28.75	13:13.32	13:10.10	12:57.25	13:04.73	13:21.12	13:12.97	13:30.41	13:16.98	13:11.83	13:17.39
10	13:41.33	13:39.17	13:47.88	13:53.78	14:00.78	13:55.99	13:57.25	14:06.25	14:02.70	13:53.84	13:55.81
20	13:58.16	14:08.51	14:13.79	14:13.26	14:16.41	14:16.01	14:25.27	14:26.76	14:13.81	14:15.37	14:07.71
30	14:21.17	14:20.53	14:21.82	14:27.10	14:30.13	14:25.34	14:34.60	14:37.08	14:25.68	14:33.26	14:14.75
40	14:30.23	14:34.24	14:32.19	14:45.87	14:39.19	14:33.33	14:42.15	14:44.93	14:38.35	14:43.11	14:24.22
50	14:42.2	14:41.01	14:41.28	14:53.78	14:47.62	14:43.4	14:52.1	14:51.89	14:46.46	14:59.27	14:37.45
100	15:09.28	-	15:07.13	15:14.65	15:15.91	15:03.77	15:15.21	14:56.03	15:15.38	15:12.97	15:06.52

10.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	27:56.60	27:28.31	27:48.80	28:03.18	28:24.16	28:04.22	27:57.92	28:12.85	28:19.38	28:07.14	28:31.16
10	29:14.49	29:29.35	29:01.66	29:21.87	29:51.74	29:03.59	29:55.06	29:40.16	29:26.84	29:24.84	29:15.55
20	30:23.58	30:26.20	30:01.67	30:07.67	30:48.50	30:13.47	30:33.25	30:33.28	30:01.50	30:28.26	30:24.70
30	30:57.48	31:13.8	30:39.97	30:44.44	31:21.87	31:07.2	31:08.38	30:56.58	30:36.1	30:59.38	31:03.87
40	31:33.62	31:34.02	31:16.04	31:15.68	31:46.10	31:39.9	31:43.48	31:28.01	31:21.86	31:27.38	31:47.80
50	31:59.50	31:51.45	31:29.57	31:36.56	32:11.06	31:52.26	32:03.62	31:46.47	31:47.93	31:44.00	32:09.28
100	-	33:14.66	32:56.3	33:07.04	33:16.48	33:12.8	33:38.75	33:28.37	33:18.21	33:15.01	33:31.61

Maratón

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	2h10:12	2h09:38	2h10:36	2h10:44	2h12:21	2h10:09	2h09:28	2h12:31	2h09:33	2h11:01	2h10:55
10	2h22:13	2h20:38	2h23:31	2h18:32	2h19:44	2h19:23	2h20:37	2h16:59	2h20:47	2h18:25	2h19:33
20	2h27:27	2h27:05	2h30:16	2h25:37	2h25:41	2h24:50	2h24:32	2h24:09	2h25:45	2h23:58	2h24:17
30	2h30:00	2h28:32	2h32:32	2h27:59	2h27:35	2h27:38	2h28:38	2h25:40	2h28:15	2h27:07	2h26:47
40	2h31:41	2h30:11	2h33:49	2h30:08	2h30:04	2h29:03	2h29:57	2h26:53	2h28:59	2h29:05	2h28:09
50	2h33:55	2h31:14	2h34:50	2h32:12	2h30:41	2h30:12	2h31:13	2h28:08	2h30:01	2h30:11	2h30:26
100	2h38:55	2h38:44	2h39:21	2h38:29	2h37:13	2h38:25	2h39:07	2h35:22	2h37:08	2h35:36	2h37:54

110 metros vallas

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	13.33	13.40	13.45	13.59	13.55	13.72	13.64	13.74	13.35	13.04	13.15
10	14.57	14.52	14.72	14.70	14.48	14.44	14.39	14.17	14.18	14.22	14.15
20	14.91	14.97	15.02	15.09	14.99	14.83	14.69	14.63	14.71	14.61	14.56
30	15.23	15.18	15.22	15.28	15.16	14.98	15.02	14.98	14.88	14.81	14.69
40	15.33	15.38	15.36	15.44	15.28	15.29	15.21	15.10	15.09	15.09	15.02
50	15.53	15.60	15.55	15.61	15.62	15.56	15.50	15.32	15.35	15.30	15.24
100	16.39	16.30	16.41	16.60	16.39	16.27	16.50	16.30	16.42	16.49	16.09

400 metros vallas

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	50.63	50.86	50.73	51.03	50.84	50.48	49.96	49.90	50.00	48.87	49.34
10	52.08	52.24	52.31	52.42	52.41	52.15	52.52	52.17	51.93	51.58	52.07
20	54.11	53.81	53.68	53.84	53.86	53.59	53.53	53.34	52.97	52.51	53.11
30	55.14	54.63	54.68	54.41	54.36	54.34	53.98	54.03	53.55	53.52	53.34
40	55.53	55.49	55.49	54.8	54.76	55.13	55.08	54.66	54.49	53.89	53.90
50	55.92	56.44	56.04	55.77	55.61	55.80	55.75	55.24	55.29	54.84	54.42
100	-	-	58.30	58.10	57.82	57.64	58.26	57.78	57.40	56.72	56.95

3.000 metros obstáculos

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	8:21.33	8:20.07	8:16.51	8:22.00	8:16.47	8:13.71	8:19.26	8:17.40	8:19.85	8:19.33	8:20.43
10	8:41.78	8:43.15	8:41.53	8:36.46	8:34.75	8:33.40	8:49.09	8:45.10	8:46.42	8:47.13	8:35.63
20	8:56.79	9:01.09	8:54.82	8:57.65	8:54.41	8:57.76	9:01.56	9:06.51	8:58.90	9:01.01	8:57.63
30	9:05.25	9:12.28	9:07.30	9:05.90	9:08.54	9:09.65	9:14.65	9:16.15	9:16.71	9:08.69	9:07.75
40	9:18.87	9:21.98	9:15.54	9:11.26	9:16.62	9:17.44	9:26.19	9:25.87	9:25.35	9:26.11	9:17.19
50	9:24.41	9:27.28	9:25.00	9:20.40	9:28.02	9:25.43	9:32.98	9:33.50	9:33.90	9:29.12	9:27.36
100	9:50.89	9:50.00	9:48.69	9:51.24	9:54.20	9:53.27	9:57.88	10:09.76	10:05.67	10:00.0	9:57.70

Altura

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	2.27	2.27	2.28	2.25	2.26	2.22	2.25	2.23	2.25	2.26	2.21
10	2.10	2.10	2.09	2.08	2.10	2.07	2.08	2.07	2.13	2.11	2.13
20	2.06	2.03	2.04	2.04	2.03	2.04	2.05	2.05	2.08	2.06	2.07
30	2.02	2.01	2.00	2.01	1.98	2.01	2.00	2.01	2.01	2.03	2.04
40	1.96	1.98	1.98	1.96	1.98	1.97	1.98	1.99	2.00	1.98	2.00
50	1.95	1.95	1.96	1.93	1.95	1.95	1.95	1.95	1.97	1.95	1.99
100	1.85	1.85	1.85	1.85	1.87	1.86	1.86	1.88	1.90	1.88	1.90

Pértiga

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	5.42	5.45	5.40	5.50	5.60	5.56	5.65	5.60	5.65	5.51	5.70
10	5.10	5.01	4.92	5.00	5.00	5.01	5.00	5.10	5.05	5.10	5.10
20	4.80	4.85	4.80	4.80	4.70	4.71	4.75	4.80	4.80	4.90	4.97
30	4.60	4.50	4.60	4.60	4.60	4.60	4.66	4.60	4.70	4.70	4.80
40	4.50	4.50	4.45	4.42	4.40	4.40	4.50	4.50	4.50	4.60	4.65
50	4.40	4.35	4.30	4.25	4.30	4.30	4.40	4.40	4.40	4.50	4.56
100	4.01	4.00	4.00	4.00	4.00	3.96	4.00	4.01	4.05	4.10	4.20

Longitud

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	7.91	8.15	8.00	8.27	8.23	8.21	8.37	8.11	8.06	8.17	8.31
10	7.44	7.51	7.47	7.38	7.41	7.45	7.44	7.41	7.47	7.54	7.52
20	7.30	7.32	7.34	7.18	7.30	7.32	7.30	7.28	7.33	7.32	7.32
30	7.12	7.16	7.19	7.01	7.17	7.22	7.15	7.17	7.22	7.18	7.20
40	6.98	7.05	6.98	6.96	7.06	7.12	7.09	7.05	7.10	7.09	7.14
50	6.93	6.97	6.91	6.89	6.94	6.93	7.00	6.95	7.01	7.02	7.09
100	6.70	6.67	6.68	6.64	6.70	6.63	6.67	6.66	6.73	6.72	6.77

Triple

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	16.37	16.60	16.29	16.38	16.82	16.80	16.71	16.87	16.68	16.89	16.96
10	15.36	15.42	15.41	15.34	15.54	15.51	15.56	15.73	15.58	15.25	15.52
20	15.06	15.07	15.01	14.88	14.73	14.90	14.86	14.88	14.99	14.92	15.17
30	14.52	14.56	14.49	14.42	14.43	14.53	14.58	14.59	14.61	14.65	14.81
40	14.35	14.32	14.29	14.28	14.24	14.33	14.25	14.34	14.39	14.42	14.43
50	14.17	14.23	14.09	14.11	14.13	14.18	14.11	14.14	14.22	14.25	14.22
100	13.38	13.33	13.30	13.31	13.44	13.42	13.50	13.38	13.40	13.50	13.62

Peso

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	19.48	20.39	20.39	19.91	20.01	20.06	20.63	21.07	20.28	20.72	20.57
10	17.05	17.45	17.10	17.14	17.23	17.40	17.44	16.82	16.94	16.44	16.78
20	15.50	15.85	16.20	16.04	15.66	15.75	15.68	15.97	15.79	15.36	15.39
30	14.90	15.12	15.02	14.96	14.82	14.75	14.79	15.31	15.11	14.67	14.80
40	14.41	14.54	14.61	14.36	14.13	14.32	13.92	14.28	14.28	14.45	14.42
50	14.10	14.34	14.33	14.03	13.87	13.83	13.48	13.50	13.77	13.71	14.01
100	13.27	13.13	13.01	12.70	12.76	12.67	12.60	12.60	12.41	12.22	12.59

Disco

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	68.26	69.50	67.17	66.95	67.97	67.74	66.16	65.74	63.11	66.96	66.67
10	52.52	53.73	53.10	53.15	53.02	52.13	51.08	51.26	52.46	53.09	53.74
20	49.76	49.93	50.49	48.85	48.77	48.26	47.71	48.75	49.04	48.22	48.91
30	47.21	47.35	47.40	46.58	46.97	46.97	47.12	47.11	47.56	45.75	45.60
40	45.43	45.33	45.50	44.61	45.11	45.83	45.57	45.11	44.12	43.93	44.28
50	43.76	44.30	44.49	43.41	43.58	44.48	44.08	43.60	41.60	42.15	43.24
100	38.93	39.80	40.07	38.88	39.13	39.22	39.14	37.96	37.95	37.58	38.89

Martillo

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	71.01	70.69	74.77	72.19	75.31	76.21	76.71	75.03	74.76	76.37	76.63
10	59.48	58.47	60.55	62.06	61.59	60.15	61.55	63.04	62.63	62.62	61.23
20	55.02	55.50	55.49	55.66	54.26	55.82	55.66	56.24	56.25	55.98	56.12
30	52.45	52.32	52.82	51.68	51.88	51.80	52.01	53.23	53.31	51.94	51.99
40	49.98	49.71	49.94	49.62	49.98	49.73	49.53	50.06	50.10	49.17	49.13
50	47.45	47.74	46.91	48.47	47.80	47.58	48.22	47.90	47.78	47.22	46.66
100	38.85	39.27	39.66	39.90	38.52	37.81	38.37	37.53	38.98	37.37	38.63

Jabalina

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	74.74	75.46	74.77	76.21	74.11	73.05	73.08	75.38	73.61	75.86	77.66
10	66.44	65.50	66.11	66.91	66.84	65.26	63.14	64.22	65.63	66.36	68.44
20	63.97	62.64	62.38	62.26	62.92	61.45	60.84	61.54	61.61	61.53	62.28
30	60.13	60.97	60.80	59.08	60.57	60.14	58.54	57.60	59.97	59.20	59.68
40	57.82	58.80	59.48	56.52	57.74	58.10	56.64	56.03	57.51	56.93	57.20
50	56.00	57.18	56.71	55.88	55.99	56.30	55.19	54.90	54.87	55.10	55.29
100	50.22	49.62	50.16	49.52	49.04	49.31	48.40	48.55	48.85	48.86	48.36

Decatlón

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	7.813	7.736	7.789	7.462	7.441	7.872	7.484	7.656	8.247	8.103	8.125
10	6.903	6.465	6.511	6.000	6.468	6.439	6.558	6.613	6.817	6.167	6.756
20	5.680	5.591	5.734	5.569	5.876	5.683	5.478	5.750	5.984	5.252	5.874
30	5.007	5.025	5.593	5.229	5.362	5.318	4.962	5.259	5.099	4.064	4.999
40	4.624	4.623	5.166	4.672	4.603	4.922	4.205	3.900	4.214	'-	2.512
50	4.129	4.057	4.677	3.927	3.118	4.417	-	-	2.187	'-	

20 km. marcha (ruta)

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	1h18:50	1h18:15	1h19:57	1h21:57	1h21:41	1h19:49	1h21:21	1h19:21	1h19:14	1h19:36	1h19:41
10	1h25:00	1h25:19	1h27:56	1h29:00	1h28:11	1h30:12	1h26:13	1h27:50	1h26:16	1h26:27	1h26:30
20	1h30:23	1h33:31	1h33:18	1h34:19	1h34:36	1h38:06	1h33:02	1h35:34	1h35:01	1h33:36	1h36:30
30	1h37:17	1h41:01	1h38:46	1h38:42	1h40:57	1h43:02	1h38:20	1h39:56	1h41:16	1h39:53	1h39:40
40	1h43:51	1h45:04	1h42:37	1h43:03	1h48:37	1h50:54	1h44:23	1h43:11	1h45:09	1h43:11	1h47:19
50	1h53:29	1h53:44	1h48:09	1h49:47	2h00:02	2h08:59	1h51:02	1h51:21	1h53:27	1h49:00	-

50 km. marcha (ruta)

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	3h46:08	3h44:08	3h41:02	3h47:56	3h48:11	3h48:15	3h46:44	3h45:41	3h46:43	3h51:10	3h48:08
10	4h22:49	4h25:13	4h55:32	4h51:43	-	4h46:36	5h20:38	5h26:19	-	4h33:51	5h19:58

MUJERES

100 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	11.37	11.45	11.43	11.43	11.43	11.73	11.42	11.58	11.63	11.41	11.40
10	11.92	11.85	11.95	11.99	12.05	12.04	11.99	11.93	11.95	11.81	11.85
20	12.12	12.16	12.14	12.20	12.18	12.13	12.10	12.07	12.04	12.02	12.02
30	12.30	12.27	12.31	12.29	12.28	12.22	12.24	12.19	12.17	12.14	12.17
40	12.37	12.35	12.41	12.40	12.34	12.31	12.28	12.26	12.23	12.19	12.25
50	12.44	12.43	12.51	12.45	12.44	12.37	12.35	12.33	12.32	12.22	12.30
100	12.74	12.70	12.76	12.72	12.70	12.61	12.60	12.55	12.51	12.48	12.49

200 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	23.44	23.65	23.68	23.92	23.72	23.90	23.58	23.68	23.71	23.17	23.13
10	24.56	24.60	24.53	24.58	24.59	24.54	24.65	24.46	24.31	24.21	24.11
20	24.88	24.99	24.80	25.04	25.02	24.90	24.85	24.87	24.74	24.58	24.67
30	25.23	25.22	25.21	25.28	25.25	25.26	25.08	25.05	24.93	24.89	24.91
40	25.44	25.40	25.41	25.45	25.50	25.47	25.25	25.20	25.18	25.12	25.08
50	25.66	25.57	25.58	25.63	25.57	25.68	25.45	25.43	25.25	25.20	25.24
100	26.29	26.21	26.28	26.17	26.12	26.07	26.04	25.93	25.80	25.63	25.69

400 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	53.46	54.25	53.61	54.24	53.60	52.23	51.77	51.38	52.20	52.39	52.64
10	55.55	55.64	55.97	55.97	55.52	56.12	55.75	55.53	55.00	54.77	54.70
20	56.72	56.90	56.69	56.90	56.74	56.66	56.33	56.11	56.07	55.71	55.74
30	57.44	57.60	57.38	57.38	57.15	57.15	56.86	56.59	56.44	56.25	56.50
40	57.93	57.98	57.85	58.01	57.63	57.52	57.38	57.03	57.06	56.86	56.86
50	58.67	58.51	58.07	58.30	58.09	57.78	57.79	57.61	57.64	57.15	57.20
100	1:00.05	1:00.10	59.63	59.70	59.81	59.98	59.44	59.04	59.12	58.67	58.67

800 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	1:57.63	2:00.35	1:58.81	1:59.12	2:01.47	2:02.43	2:01.74	2:02.53	2:01.43	2:01.20	2:00.77
10	2:07.90	2:08.85	2:06.31	2:06.74	2:08.00	2:08.43	2:08.53	2:07.03	2:06.66	2:06.71	2:07.26
20	2:11.21	2:10.29	2:10.16	2:09.47	2:09.92	2:10.40	2:10.28	2:08.65	2:09.87	2:09.33	2:09.95
30	2:13.22	2:14.41	2:13.7	2:11.13	2:12.26	2:12.10	2:12.20	2:10.08	2:11.16	2:11.45	2:11.57
40	2:14.56	2:15.56	2:15.08	2:13.18	2:13.92	2:13.59	2:13.80	2:11.56	2:12.65	2:12.28	2:12.20
50	2:15.66	2:16.27	2:16.38	2:15.02	2:14.93	2:14.23	2:15.23	2:13.50	2:13.57	2:13.48	2:13.16
100	2:20.57	2:20.67	2:20.32	2:19.65	2:19.57	2:19.41	2:18.89	2:17.30	2:17.09	2:17.11	2:16.60

1.500 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	4:06.49	4:02.77	4:02.43	4:00.20	4:01.50	4:04.84	4:06.20	4:04.67	4:09.99	4:08.29	4:05.82
10	4:19.66	4:17.56	4:15.80	4:23.55	4:22.19	4:22.75	4:20.47	4:23.75	4:18.57	4:20.46	4:18.94
20	4:27.1	4:27.35	4:27.51	4:27.67	4:26.12	4:27.14	4:25.19	4:26.89	4:25.58	4:28.37	4:24.21
30	4:31.54	4:32.98	4:30.04	4:31.87	4:30.20	4:32.31	4:31.43	4:29.54	4:29.43	4:30.28	4:27.85
40	4:33.50	4:37.22	4:32.07	4:34.01	4:34.65	4:37.38	4:34.96	4:32.66	4:32.58	4:31.97	4:30.82
50	4:36.3	4:39.48	4:37.00	4:38.40	4:37.11	4:39.29	4:37.75	4:35.32	4:34.96	4:33.38	4:32.72
100	4:46.45	4:48.58	4:47.78	4:47.72	4:46.00	4:45.36	4:46.32	4:43.65	4:45.32	4:41.92	4:42.18

3.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	8:51.87	8:37.78	8:35.86	8:38.05	8:55.09	9:07.05	8:56.42	8:51.54	9:11.69	9:10.38	8:54.95
10	9:34.75	9:39.44	9:20.64	9:23.52	9:38.26	9:39.41	9:31.25	9:31.8	9:31.6	9:35.23	9:28.51
20	9:51.95	9:58.20	9:50.65	9:44.14	9:45.77	9:53.01	9:54.78	9:48.00	9:42.33	9:46.04	9:39.56
30	9:59.75	10:04.20	9:58.87	9:52.66	9:54.57	10:01.93	10:04.53	9:59.47	9:55.63	9:57.81	9:51.41
40	10:06.78	10:14.12	10:07.36	10:01.83	10:01.53	10:07.37	10:13.56	10:06.14	10:05.0	10:04.8	10:02.69
50	10:12.81	10:21.37	10:11.33	10:10.46	10:11.95	10:14.68	10:20.94	10:13.84	10:14.66	10:09.50	10:08.9

5.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	15:37.08	14:55.71	15:08.27	15:29.14	14:46.30	15:20.39	15:17.72	15:20.93	15:24.25	15:24.17	15:14.23
10	16:39.29	16:45.5	16:33.35	16:19.05	16:25.40	16:27.19	16:18.73	16:23.98	16:33.23	16:27.72	16:34.19
20	17:08.06	17:39.57	17:07.16	16:55.07	16:44.19	16:56.43	16:59.14	17:00.50	16:59.50	16:49.76	17:03.16
30	17:37.78	17:56.89	17:27.37	17:11.50	17:03.06	17:30.70	17:12.82	17:27.17	17:23.41	17:20.17	17:19.62
40	17:58.19	18:07.95	17:42.6	17:30.71	17:32.09	17:56.68	17:43.86	17:40.32	17:48.21	17:38.38	17:40.13
50	18:09.93	18:15.71	17:52.50	17:54.64	17:52.45	18:24.11	18:01.90	17:56.88	18:03.2	17:49.13	18:05.90
100	19:18.26	19:23.1	19:00.47	18:57.66	19:04.01	19:19.39	19:00.09	18:55.12	19:14.31	19:02.08	18:49.54

10.000 metros

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	32:23.61	32:07.78	34:07.89	31:54.16	32:48.76	32:08.54	32:50.34	32:22.21	32:14.94	32:09.67	32:11.67
10	35:11.36	36:16.44	35:43.8	34:40.62	34:57.00	35:01.17	34:12.98	34:12.37	35:12.28	34:52.87	35:51.13
20	37:49.41	38:14.87	37:13.10	37:23.34	38:26.14	38:21.5	36:51.00	37:06.03	37:07.25	36:58.20	38:05.5
30	39:32.3	40:01.45	39:07.6	39:24.90	41:49.19	39:59.40	38:29.70	38:46.5	39:17.88	39:47.80	39:36.97
40	42:11.75	44:01.24	41:04.4	44:04.29	44:14.7	41:23.23	40:08.02	40:47.12	40:12.95	41:58.66	41:15.27
50	42:53.94	47:21.76	44:04.70	49:29.43	47:04.52	42:56.20	41:44.12	43:26.69	42:08.82	43:32.17	43:14.40

Maratón

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	2h34:15	2h29:03	2h29:01	2h32:28	2h27:00	2h29:19	2h27:03	2h32:22	2h29:45	2h31:18	2h28:54
10	2h52:00	2h44:32	2h53:48	2h53:55	2h51:24	2h46:35	2h51:16	2h49:38	2h45:54	2h41:57	2h41:28
20	3h04:53	3h02:16	3h05:17	3h02:17	3h01:59	2h57:23	3h01:11	2h57:51	2h56:35	2h53:08	2h58:23
30	3h14:34	3h08:20	3h12:59	3h14:00	3h10:45	3h05:55	3h12:39	3h06:56	3h04:25	3h03:56	3h06:23
40	3h21:54	3h17:24	3h22:04	3h21:13	3h16:16	3h17:20	3h22:02	3h17:23	3h12:40	3h06:49	3h10:45
50	3h26:54	3h24:41	3h30:32	3h27:45	3h23:31	3h22:41	3h28:31	3h27:09	3h16:53	3h13:01	3h15:23

100 metros vallas

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	12.67	12.50	13.19	13.33	12.95	13.59	13.18	13.09	12.94	12.99	13.37
10	13.94	14.04	14.12	14.37	14.19	14.13	14.24	14.14	14.10	14.08	14.05
20	14.57	14.49	14.68	14.63	14.45	14.59	14.44	14.42	14.22	14.27	14.28
30	14.97	14.82	15.01	15.04	14.86	14.81	14.64	14.59	14.48	14.52	14.43
40	15.25	15.18	15.28	15.16	15.21	15.07	14.82	14.82	14.72	14.76	14.62
50	15.46	15.49	15.51	15.35	15.33	15.34	15.07	15.06	14.89	14.95	14.90
100	16.74	16.62	16.85	16.78	16.65	16.43	16.07	16.02	15.88	15.90	15.76

400 metros vallas

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	56.80	56.24	57.85	57.73	57.91	58.07	57.57	57.06	58.21	58.73	57.88
10	1:01.53	1:01.14	1:01.27	1:01.04	1:01.24	1:01.66	1:01.21	1:00.72	1:00.95	1:01.31	1:01.06
20	1:02.95	1:03.45	1:03.11	1:02.67	1:02.71	1:02.77	1:03.08	1:02.73	1:02.39	1:02.43	1:02.46
30	1:04.60	1:04.66	1:04.12	1:04.18	1:03.81	1:03.79	1:03.67	1:03.47	1:03.31	1:03.14	1:03.58
40	1:05.60	1:05.50	1:05.20	1:05.43	1:05.05	1:04.65	1:04.35	1:04.22	1:04.29	1:04.28	1:04.22
50	1:06.26	1:06.39	1:06.21	1:06.02	1:06.21	1:05.31	1:05.45	1:04.88	1:05.33	1:05.02	1:04.93
100	1:09.56	1:09.86	1:10.07	1:09.70	1:09.31	1:09.23	1:09.18	1:08.19	1:08.00	1:08.01	1:07.03

3.000 metros Obstáculos

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	9:26.23	9:21.76	9:07.32	9:17.07	9:40.28	9:24.26	9:38.30	9:30.70	9:42.14	9:41.23	9:40.30
10	10:39.62	10:31.53	10:24.47	10:21.86	10:34.10	10:27.50	10:25.10	10:24.75	10:21.32	10:19.27	10:27.87
20	10:56.46	10:51.12	10:45.98	10:44.65	10:48.35	10:41.16	10:54.16	10:40.86	10:42.85	10:48.59	10:46.18
30	11:17.02	11:16.16	11:08.63	11:08.56	11:05.25	10:54.82	11:13.08	11:02.92	10:56.48	11:00.43	11:02.30
40	11:33:53	11:33.41	11:31.06	11:24.29	11:23.79	11:19.40	11:23.78	11:13.83	11:22.34	11:08.41	11:15.35
50	11:46.36	11:47.11	11:39.04	11:36.84	11:37.11	11:38.35	11:47.77	11:36.73	11:40.26	11:19:57	11:28.58
100	13:12.87	13:05.18	13:22.23	12:59.31	12:53.78	13:07.91	13:11.73	13:10.44	12:49.91	12:34.45	12.38.44

Altura

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	2.02	2.01	2.01	2.00	1.95	2.00	1.97	2.01	2.00	1.98	1.94
10	1.73	1.71	1.74	1.75	1.73	1.76	1.75	1.76	1.75	1.75	1.73
20	1.68	1.69	1.69	1.69	1.68	1.69	1.70	1.71	1.70	1.71	1.69
30	1.66	1.66	1.65	1.64	1.66	1.67	1.67	1.67	1.68	1.67	1.67
40	1.64	1.63	1.63	1.62	1.61	1.63	1.65	1.64	1.66	1.65	1.65
50	1.63	1.61	1.60	1.60	1.60	1.60	1.61	1.62	1.64	1.62	1.63
100	1.55	-	1.54	1.54	1.55	1.55	1.55	1.55	1.56	1.56	1.59

Pértiga

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	4.50	4.40	4.40	4.31	4.41	4.35	4.43	4.51	4.46	4.40	4.31
10	3.70	3.85	3.73	3.75	3.90	3.80	3.95	3.91	3.85	4.00	3.90
20	3.40	3.50	3.50	3.52	3.60	3.60	3.60	3.75	3.70	3.75	3.65
30	3.30	3.31	3.20	3.35	3.40	3.40	3.40	3.55	3.50	3.50	3.50
40	3.10	3.20	3.11	3.20	3.21	3.25	3.30	3.30	3.35	3.35	3.41
50	3.00	3.05	3.10	3.05	3.15	3.15	3.20	3.15	3.20	3.26	3.36
100	2.60	2.65	2.65	2.60	2.70	2.75	2.80	2.80	2.90	3.00	3.00

Longitud

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	6.84	6.89	6.31	6.52	6.72	6.69	6.59	6.78	6.78	6.88	6.65
10	5.97	5.97	5.93	5.87	5.92	5.95	5.97	6.02	6.04	6.00	6.06
20	5.78	5.74	5.75	5.76	5.78	5.78	5.79	5.85	5.94	5.85	5.90
30	5.66	5.56	5.62	5.63	5.66	5.68	5.67	5.74	5.77	5.74	5.74
40	5.54	5.52	5.51	5.54	5.59	5.64	5.59	5.64	5.71	5.66	5.65
50	5.50	5.46	5.45	5.46	5.54	5.54	5.55	5.57	5.64	5.59	5.60
100	5.24	5.24	5.21	5.24	5.31	5.34	5.32	5.31	5.41	5.35	5.41

Triple

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	14.47	14.36	13.56	14.10	14.10	14.17	13.88	14.15	14.03	14.16	14.23
10	12.58	12.51	12.32	12.42	12.81	12.61	12.43	12.76	12.40	12.83	12.74
20	12.09	12.13	12.05	12.06	12.16	12.16	12.05	12.15	12.23	12.15	12.21
30	11.97	11.85	11.70	11.81	11.87	11.88	11.77	11.73	11.88	11.88	11.89
40	11.74	11.69	11.51	11.59	11.63	11.65	11.60	11.48	11.73	11.69	11.74
50	11.50	11.60	11.36	11.36	11.46	11.45	11.36	11.32	11.53	11.57	11.53
100	10.93	10.95	10.82	10.84	10.92	10.85	10.78	10.89	11.06	11.09	11.14

Peso

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	18.20	16.78	16.68	16.97	17.02	17.99	17.83	17.70	17.47	17.24	18.28
10	13.33	13.43	13.33	13.19	13.39	13.69	13.83	13.56	13.72	13.43	13.88
20	12.50	12.59	12.63	12.63	12.31	12.95	12.89	12.95	12.83	12.79	12.80
30	11.97	12.05	11.98	12.05	12.02	12.17	12.21	12.22	12.27	12.30	12.44
40	11.66	11.75	11.76	11.75	11.53	11.80	11.85	11.58	11.65	11.77	11.94
50	11.34	11.36	11.43	11.29	11.21	11.38	11.46	11.20	11.39	11.40	11.57
100	10.46	10.32	10.20	10.32	10.32	10.20	10.26	10.07	10.38	10.30	10.40

Disco

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	56.51	54.67	54.82	55.55	54.02	56.74	58.65	58.31	61.36	61.89	61.07
10	45.35	44.18	44.20	44.99	45.99	48.63	47.76	49.26	47.91	45.50	46.72
20	40.76	40.15	40.75	40.99	41.19	41.00	43.17	42.36	41.46	41.26	42.48
30	39.41	37.30	38.73	39.14	39.41	38.87	39.20	38.96	37.90	38.11	38.91
40	37.31	36.31	35.98	36.32	37.02	37.16	37.80	37.90	36.75	36.76	36.74
50	35.78	35.27	34.58	34.35	35.86	35.40	36.51	36.03	35.63	35.74	35.55
100	30.96	30.23	30.25	30.34	30.40	30.63	30.26	29.90	30.76	31.00	32.24

Martillo

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	68.66	66.33	68.06	69.36	69.53	69.59	69.59	69.33	69.07	70.52	70.26
10	53.96	54.20	54.05	54.12	54.01	52.60	52.06	53.30	52.71	53.69	55.10
20	49.15	49.53	50.16	49.85	49.10	49.29	48.58	49.09	49.99	50.40	49.53
30	45.38	46.62	47.16	45.67	45.89	47.24	45.96	47.43	47.42	46.83	46.64
40	43.25	43.60	43.49	43.00	43.43	44.40	43.56	45.12	44.58	42.68	42.91
50	41.60	41.80	41.75	41.34	41.79	42.33	40.73	42.77	43.14	41.01	41.24
100	33.40	33.67	33.23	33.48	33.41	33.12	31.67	33.54	34.61	32.68	33.84

Jabalina

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	62.19	61.81	61.76	64.07	63.77	58.82	59.81	58.06	59.03	57.34	57.97
10	45.60	45.19	46.56	44.93	46.82	46.78	45.98	47.23	49.08	47.08	46.71
20	41.72	41.97	42.79	42.35	42.72	41.25	41.80	41.92	42.89	41.57	41.77
30	38.56	38.78	39.98	39.48	39.61	38.99	39.31	39.39	38.39	38.93	38.97
40	36.92	37.72	38.57	38.21	37.69	37.04	36.46	36.67	36.71	37.63	37.64
50	35.90	36.47	37.33	36.79	35.59	36.16	34.63	35.54	35.57	36.27	36.01
100	31.45	31.08	31.39	30.93	30.86	29.72	29.59	31.19	31.44	31.62	31.37

Heptatlón

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	5.532	5.772	5.852	5.580	5.585	5.860	5.459	5.662	5.614	5.641	5.579
10	4.785	4.764	4.890	4.531	4.642	4.804	4.921	4.677	4.907	4.972	5.190
20	3.817	3.924	4.126	4.025	3.806	4.191	4.241	4.299	4.519	4.463	4.482
30	3.394	3.289	3.414	3.180	3.084	3.475	4.001	3.998	4.029	4.208	3.956
40	2.641	3.112	3.189	1.955	2.326	2.998	2.864	3.224	3.368	3.693	3.660
50	-	2.698	2.748	-	-	-	-	-	2.618	3.094	3.034

20 km. marcha (ruta)

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
1	1h29:17	1h27:25	1h29:54	1h28:05	1h28:51	1h27:56	1h28:44	1h28:36	1h29:32	1h29:01	1h29:29
10	1h46:09	1h43:58	1h44:41	1h39:36	1h40:21	1h41:46	1h43:25	1h40:44	1h36:32	1h36:58	1h42:18
20	1h58:56	1h53:33	2h00:26	1h52:36	1h55:12	1h53:52	1h57:15	1h53:28	1h49:22	1h57:28	2h02:17
30	-	-	-	-	-	-	-	-	2h05:22	2h11:33	-

