



**EUROPEAN
THROWING CUP**
GRAN CANARIA
11th & 12th March 2017



NATIONAL OUTDOOR RECORDS OF EUROPEAN COUNTRIES (THROWS)

(as at 5th March 2017)

Compiled by György Csiki / HUN

MEN

Shot Put:

ALB	18.90	Adriatik Hoxha	Szombathely	19 Jun 13
AND	13.62	Angel Moreno	Barcelona	17 Feb 98
ARM	18.88A	Vardan Hovsepian	Yerevan	28 Nov 60
AUT	20.79	Klaus Bodenmüller	Linz	13 Jun 87
AUT	21.03i	<i>Klaus Bodenmüller</i>	<i>Glasgow</i>	<i>3 Mar 90</i>
AZE	17.28	Zaur Sadikhov	Baku	12 Nov 61
BEL	19.34	Georges Schroeder	Bruxelles	30 May 76
BIH	21.11	Zlatan Saracevic	Zagreb	16 Jun 84
BLR	22.09	Sergey Kasnauskas	Minsk/Staiki	23 Aug 84
BUL	21.09	Georgi Ivanov	Ústi nad Labem	20 Jul 13
CRO	20.94	Edis Elkasevic	Velenje	23 Jun 05
CRO	21.11i	<i>Stipe Zunic</i>	<i>Fayetteville</i>	<i>14 Mar 15</i>
CYP	19.84	Loucas Louca	Athína	9 Apr 75
CZE	21.93	Remigius Machura	Praha	23 Aug 87
DEN	21.61	Joachim B. Olsen	København (Ø)	13 Jun 07
DEN	21.63i	<i>Joachim B. Olsen</i>	<i>Tallinn</i>	<i>25 Feb 04</i>
ESP	21.47	Manuel Martinez	Salamanca	10 Jul 02
EST	20.53	Heino Sild	Budapest	11 Jun 79
FIN	21.69	Reijo Ståhlberg	Fresno	5 May 79
FIN	22.09i	<i>Mika Halvari</i>	<i>Tampere</i>	<i>7 Feb 00</i>
FRA	20.72	Yves Niaré	Versailles	18 May 08
GBR	21.68	Geoff Capes	Cwmbran	18 May 80
GEO	20.54*	Benik Abramyan	Almaty	24 May 16
GEO	20.40	Tariel Bitsadze	Sochi	27 May 89
GER	23.06	Ulf Timmermann	Haniá	22 May 88
GIB	12.30	Stanley Olivero	Gibraltar	21 Jun 86
GRE	20.74	Dimitrios Koutsoukis	Drama	16 Jul 89
HUN	20.56	Szilárd Kiss	Debrecen	26 Jul 02
HUN	20.81i	<i>Zsolt Bíber</i>	<i>Budapest</i>	<i>15 Feb 04</i>
IRL	20.04	Paul Quirke	New York	7 Jul 92
ISL	21.26	Pétur Gudmundsson	Mosfellsbaer	10 Nov 90
ISR	19.09	Igor Avrunin	Athína	22 Jun 91
ITA	22.91	Alessandro Andrei	Viareggio	12 Aug 87
KOS	14.87	Sejdi Blakaj	Mitrovicë	5 Jul 87
LAT	21.74	Janis Bojars	Riga	14 Jul 84
LIE	14.09	Stefan Kaufmann	Gisingen	29 Apr 01
LTU	21.10	Donatas Stukonis	Kaunas	20 Jul 85
LUX	20.14	Bob Bertemes	Zweibrücken	5 Jun 16
LUX	20.56i	<i>Bob Bertemes</i>	<i>Praha</i>	<i>5 Mar 15</i>
MDA	20.80	Ivan Emelianov	Onesti	14 May 16
MKD	16.01	Saso Ilov	Skopje	28 Jun 98

MLT	14.74	Lawrence Ransley	Palermo	12 Sep 13
MNE	19.55	Tomas Djurovic	Bar	1 Oct 16
MON	11.00	Sébastien Gattuso	Arles	20 May 07
NED	21.62	Rutger Smith	Leiden	10 Jun 06
NOR	21.22	Lars Arvid Nilsen	Indianapolis	6 Jun 86
POL	21.95	Tomasz Majewski	Stockholm	30 Jul 09
	<i>21.97i</i>	<i>Konrad Bukowiecki</i>	<i>Belgrado</i>	<i>4 Mar 17</i>
POR	21.06	Tsanko Arnaudov	Lisboa	17 May 15
	<i>21.08i</i>	<i>Tsanko Arnaudov</i>	<i>Belgrado</i>	<i>4 Mar 17</i>
ROU	21.06	Andrei Gag	Cluj-Napoca	17 Jul 16
RUS	22.24	Sergey Smirnov	Tallinn	21 Jun 86
SLO	20.76	Miroslav Vodovnik	Thessaloniki	17 Jun 06
SMR	13.56	Danilo Ranocchini	San Marino	16 Jun 75
SRB	21.77	Dragan Peric	Bar	25 Apr 98
SUI	22.75	Werner Günthör	Bern	23 Aug 88
SVK	20.87	Milan Haborák	Turnov	23 May 04
SVK	<i>21.57i</i>	<i>Mikulás Konopka</i>	<i>Birmingham</i>	<i>2 Mar 07</i>
SWE	21.33A	Hans Höglund	Provo	6 Jun 75
TUR	20.42	Hüseyin Atici	Ankara	5 Jun 12
UKR	21.81	Yuriy Belonog	Kiev	3 Jul 03
UKR	<i>21.83i</i>	<i>Aleksandr Bagach</i>	<i>Brovary</i>	<i>21 Feb 99</i>

* Doubtful result

Discus Throw:

ALB	53.66	Dhimitraq Cepa	Elbasan	18 Jun 96
AND	48.74	Angel Moreno	Barcelona	30 Jul 00
ARM	60.12	Gennadiy Barsegyan	Moskva	15 Jun 90
AUT	67.24	Lukas Weissshaidinger	Schwechat	1 Aug 15
AZE	56.86	Rauf Tarzumanov	Baku	19 Jun 82
BEL	67.26	Philip Milanov	Doha	6 May 16
BIH	63.50	Dragan Mustapic	Gorizia	6 May 90
BLR	69.44	Georgiy Kolnootchenko	Indianapolis	3 Jul 82
BUL	67.82	Velko Velev	Riga	13 Aug 78
CRO	67.92	Martin Maric	Chula Vista	17 May 14
CYP	65.69	Apostolos Parelis	Iraklio	28 May 16
CZE	71.26	Imrich Bugár	San Jose/USA	25 May 85
DEN	61.30	Steen Hedegård	København (T)	30 Aug 77
ESP	69.50	Mario Pestano	Santa Cruz de Tenerife	27 Jul 08
EST	73.38	Gerd Kanter	Helsingborg	4 Sep 06
FIN	69.97	Frantz Kruger	Helsingborg	15 Sep 07
FRA	68.90	Jean-Claude Retel	Salon-de-Provence	17 Jul 02
GBR	68.24	Lawrence Okoye	Halle	19 May 12
GEO	63.10	Guram Gudashvili	Tbilisi	1 Sep 68
GER	74.08	Jürgen Schult	Neubrandenburg	6 Jun 86
GIB	35.34	Stanley Olivero		19 Jun 86
GRE	63.18	Sávvas Panávoglou	Thessaloniki	15 May 02
HUN	71.70	Róbert Fazekas	Szombathely	14 Jul 02
IRL	67.89	Nick Sweeney	Helsingborg	4 Sep 98
ISL	67.64	Vésteinn Hafsteinsson	Selfoss	31 May 89
ISR	62.24	Igor Avrunin	Tel Aviv	1 Jun 91
ITA	67.62	Marco Martino	Spoletto	28 May 89
KOS	42.60	Sejdi Blakaj	Prizren	Jul 87
LAT	62.00	Stanislavs Skruls	Gomel	26 Aug 75
LIE	43.36	Oskar Ospelt	Basel	23 Jul 38
LTU	73.88	Virgilijus Alekna	Kaunas	3 Aug 00

LUX	53.32	Hans Habig	Schiffange	13 Sep 70
MDA	65.46A	Gheorghi Zelentsov	Yerevan	19 Oct 80
MKD	49.73	Ilija Manolev	Skopje	28 Aug 98
MLT	48.51	Luke Farrugia	Marsa	20 Feb 16
MNE	64.60	Danijel Furtula	Bar	10 Mar 13
MON	34.89	Anthony de Sevelinges	Aix-en-Provence	18 May 08
NED	68.12	Erik de Bruin	Sneek	1 Apr 91
NOR	69.62	Knut Hjeltnes	San Jose/USA	25 May 85
POL	71.84	Piotr Malachowski	Hengelo	8 Jun 13
POR	61.55	Francisco Belo	Leiria	26 Feb 17
ROU	68.12	Iosif Nagy	Zaragoza	22 May 83
RUS	71.86	Yuriy Dumchev	Moskva	29 May 83
SLO	64.79	Igor Primc	Novo Mesto	10 Sep 99
SMR	38.52	Paolo Santagada	Ancona	10 Jul 02
SRB	61.94	Dragan Peric	Beograd	26 May 91
SUI	64.04	Christian Erb	Norden	18 Sep 88
SVK	67.20	Jaroslav Zitnansky	Beveren	18 Aug 02
SWE	71.26	Rickard Bruch	Malmö	15 Nov 84
TUR	67.50	Ercüment Olgundeniz	Vila Real de Santo António	27 May 12
UKR	68.88	Vladimir Zinchenko	Dnepropetrovsk	16 Jul 88

Hammer Throw:

ALB	76.96	Dorian Collaku	Espoo	22 Jun 08
AND	47.77	Joan Valls	Andorra La Vella	21 Dec 02
ARM	71.48	Georg Markaryan	Riga	2 Jun 84
AUT	79.70	Johann Lindner	Schwechat	24 Jun 87
AZE	79.56	Dmitriy Marshin	Minsk	12 Jun 12
BEL	71.76	Marnix Verhegghe	Obourg	24 Sep 89
BIH	65.42	Drazen Goic	Sarajevo	9 Jun 74
BLR	84.62	Igor Astapkovich	Sevilla	6 Jun 92
BUL	82.40	Plamen Minev	Plovdiv	1 Jun 91
CRO	80.41	András Haklits	Marietta	29 May 05
CYP	75.32	Constantinos Stathelakos	Tripoli/GRE	16 May 15
CZE	81.28	Vladimir Maska	Pacov	25 Sep 99
DEN	77.02	Jan Bielecki	Bad Köstritz	8 Sep 02
ESP	76.71	Javier Cienfuegos	Leganés	17 Jul 13
EST	84.40	Jüri Tamm	Banská Bystrica	9 Sep 84
FIN	83.30	Olli-Pekka Karjalainen	Lahti	14 Jul 04
FRA	82.38	Gilles Dupray	Chelles	21 Jun 00
GBR	77.55	Nick Miller	Karlstad	22 Jul 15
GEO	78.12	Iosif Shaverdashvili	Tbilisi	29 Sep 91
GER	83.40	Ralf Haber	Athína	16 May 88
GIB	-			
GRE	80.45	Aleksandros Papadimitriou	Athína	9 Jul 00
HUN	84.19	Adrián Annus	Szombathely	10 Aug 03
IRL	77.80	Declan Hegarty	Walnut	28 Apr 85
ISL	74.48	Bergur Ingi Pétursson	Hafnarfjörður	25 May 08
ISR	77.70	Oleksandr Dryhol	Jablonec	1 Jun 16
ITA	81.64	Enrico Sgrulletti	Roma	9 Mar 97
KOS	-			
LAT	80.14	Igors Sokolovs	Riga	30 May 09
LIE	21.15	Dietmar Feger	Alpnach	23 Aug 08
LTU	82.24	Benjaminas Viluckis	Klaipeda	24 Aug 86
LUX	70.15	Jean-Charles De Ridder	Zoufftgen	30 Apr 00
MDA	78.72	Serghei Marghiev	Chisinau	30 May 15

MKD	47.82	Ilija Spasovski	Novi Sad	14 Jul 71
MLT	49.26	Mario Mifsud	Marsa	25 Jun 16
MNE	57.89	Ilija Soskic	Podgorica	25 Jul 62
MON	-			
NED	71.77	Ronald Gram	Nijmegen	10 Jul 02
NOR	75.57	Eivind Henriksen	Florø	2 Jun 12
POL	83.93	Pawel Fajdek	Szczecin	9 Aug 15
POR	76.86	Vitor Costa	Reims	21 Jul 04
ROU	77.60	Nicolae Bindar	Bucuresti	1 Jun 86
RUS	86.04	Sergey Litvinov	Dresden	3 Jul 86
SLO	82.58	Primoz Kozmus	Celje	2 Sep 09
SMR	38.59	Massimo Meca	Majano del Friuli	29 Jun 03
SRB	67.46	Dragan Majstorovic	Minsk/Staiki	27 Jul 90
SUI	80.51	Patric Suter	Löffingen	17 Sep 03
SVK	81.81	Libor Charfreitag	Praha	29 Jun 03
SWE	80.14	Tore Gustafsson	Lappeenranta	4 Jul 89
TUR	81.45	Esref Apak	Istanbul	4 Jun 05
UKR	86.74	Yuriy Sedykh	Stuttgart	30 Aug 86

Javelin Throw:

ALB	67.32	Vladimir Sokoli	Tirane	13 May 99
AND	61.64	Adria Pérez	Pamplona	18 Jul 98
ARM	79.71	Melik Janoyan	Adler	18 Feb 12
AUT	84.03	Gregor Högler	Kapfenberg	17 Jul 99
AZE	53.38	Elchin Gashimov	Baku	5 Jun 10
BEL	83.65	Johan Kloeck	Ljubljana	23 May 99
BIH	81.63	Dejan Mileusnic	Zenica	18 Jun 16
BLR	87.40	Vladimir Sasimovich	Kuortane	24 Jun 95
BUL	82.55	Kolyo Neshev	Sofia	25 Mar 07
CRO	82.70	Ivan Mustapic	Zagreb	25 Jul 92
CYP	74.58	Panagiotis Kalogerou	Larnaca	15 Apr 04
CZE	98.48	Jan Zelezny	Jena	25 May 96
DEN	81.22	Kenneth Pedersen	København (Ø)	5 Aug 89
ESP	78.78	Julian Sotelo	Pamplona	23 Sep 92
EST	87.83	Andrus Värnik	Valga	19 Aug 03
FIN	93.09	Aki Parviainen	Kuortane	26 Jun 99
FRA	82.56	Pascal Lefèvre	Duisburg	28 Aug 89
GBR	91.46	Steve Backley	Auckland (NS)	25 Jan 92
GEO	75.48	Ambrosi Matiashvili	Moskva	18 Jul 90
GER	92.60	Raymond Hecht	Oslo	21 Jul 95
GIB	38.76	Andy Storey	Gibraltar	17 Jul 95
GRE	91.69	Konstadínos Gatsioúdis	Kuortane	24 Jun 00
HUN	81.55	Gergely Horváth	Nyíregyháza	2 Aug 03
IRL	82.75	Terry McHugh	London	5 Aug 00
ISL	86.80	Einar Vilhjálmsson	Reykjavik	30 Aug 92
ISR	81.94	Vadim Bavikin	Zaragoza	8 Jun 04
ITA	84.60	Carlo Sonogo	Osaka	8 May 99
KOS	56.20	Edzevit Mahmutovic	Mitrovicë	10 Jul 05
LAT	90.73	Vadims Vasilevskis	Tallinn	22 Jul 07
LIE	71.68	René Michlig	Monaco	5 Jun 07
LTU	82.94	Tomas Intas	Banská Bystrica	11 Sep 04
LUX	75.39	Antoine Wagner	Castellón	17 Mar 13
MDA	78.48	Adrian Mardare	Cluj-Napoca	16 Jul 16
MKD	76.50	Dejan Angelovski	Skopje	15 Jul 02
MLT	63.96	Bradley Mifsud	Eskilstuna	16 Jul 15

MNE	65.74	Vladimir Petrovic	Sätra	25 May 08
MON	42.48	Anthony de Sevelinges	Nice	12 May 05
NED	80.51	Johan van Lieshout	Lahti	6 Jun 99
NOR	91.59	Andreas Thorkildsen	Oslo	2 Jun 06
POL	86.77	Dariusz Trafas	Warszawa	16 Jun 02
POR	75.55	Tiago Aperta	Bar	18 Mar 12
ROU	81.88	Dumitru Negoita	Bucuresti	22 Jul 90
RUS	92.61	Sergey Makarov	Sheffield	30 Jun 02
SLO	81.13	Matija Kranjc	Brezice	23 Jun 16
SMR	73.31	Gabriele Mazza	Roma	26 Jun 04
SRB	83.34	Sejad Krdzalic	Beograd	30 May 87
SUI	82.07	Stefan Müller	Bern	16 Sep 06
SVK	87.66	Jan Zelezny	Nitra	31 May 87
SWE	89.10	Patrik Bodén	Austin	24 Mar 90
TUR	85.60	Fatih Avan	Izmir	20 May 12
UKR	86.12	Oleksandr Pyatnytsya	Kiev	20 May 12

WOMEN

Shot Put:

ALB	16.36	Antoneta Koci	Tirane	29 Apr 84
AND	9.68	Montserrat Pujol	Andorra La Vella	5 May 01
AND	<i>10.11i</i>	<i>Lorena Alvarez</i>	<i>Vilafranca del Penedés</i>	<i>8 Jan 06</i>
ARM	18.51	Faina Melnik	Helsinki	15 Sep 73
AUT	19.21	Valentina Fedjuschina	Casablanca	13 Jul 99
AZE	16.31	Valentina Podgornova	Donetsk	16 Jul 78
BEL	17.09	Jolien Boumkwo	Bruxelles	19 Jun 16
BIH	14.91	Katica Tomic-Sporer	Sarajevo	17 Sep 66
BLR	21.58	Nadzeya Ostapchuk	Minsk	18 Jul 12
BLR	<i>21.70i</i>	<i>Nadzeya Ostapchuk</i>	<i>Mogilyov</i>	<i>12 Feb 10</i>
BUL	21.89	Ivanka Khristova	Belmeken	4 Jul 76
CRO	17.52	Valentina Muzaric	Greensboro	25 May 13
CRO	<i>17.89Ai</i>	<i>Valentina Muzaric</i>	<i>Albuquerque</i>	<i>15 Mar 14</i>
CYP	16.71	Olympia Menelaou	Limassol	25 Mar 01
CZE	22.32	Helena Fibingerová	Nitra	20 Aug 77
CZE	<i>22.50i</i>	<i>Helena Fibingerová</i>	<i>Jablonec</i>	<i>19 Feb 77</i>
DEN	16.80	Trine Mulbjerg	Aarhus	23 May 15
ESP	18.20	Irache Quintanal	Barcelona	4 Jul 07
EST	18.03	Veronika Minina	Nokia	25 May 80
FIN	18.57	Asta Ovaska	Stockholm	20 Aug 89
FRA	18.68	Laurence Manfredi	Castres	27 Jul 00
FRA	<i>18.69i</i>	<i>Laurence Manfredi</i>	<i>Liévin</i>	<i>19 Feb 00</i>
GBR	19.36	Judy Oakes	Gateshead	14 Aug 88
GEO	19.30	Aleksandra Abashidze	Sochi	9 Jun 84
GER	22.45	Ilona Slupianek	Potsdam	11 May 80
GIB	8.50	Nicole Barker	Gibraltar	17 Jul 92
GRE	19.10	Irini Terzoglou	Trikala	14 Jun 03
HUN	19.87	Anita Márton	Rio de Janeiro	12 Aug 16
IRL	16.99	Marita Walton	Palo Alto	2 Apr 83
IRL	<i>17.06i</i>	<i>Marita Walton</i>	<i>New York</i>	<i>26 Feb 82</i>
ISL	16.33	Gudbjörg Hanna Gylfadóttir	Starkville	17 May 92
ISR	17.22	Anastasia Muchkaev	Tel Aviv	28 Apr 12

ITA	19.15	Chiara Rosa	Milano	24 Jun 07
ITA	19.15	Chiara Rosa	Berlin	14 Jun 09
ITA	19.20i	<i>Assunta Legnante</i>	Genova	16 Feb 02
KOS	13.33	Lirije Veselaj	Prizren	1 Jul 79
LAT	18.75	Skaidrite Baikova	Riga	2 Jun 84
LIE	13.53	Manuela Marxer	Götzis	27 May 95
LTU	20.27	Danguolė Bimbaitė	Leselidze	13 May 87
LUX	14.41	Stéphanie Krumlovsky	Bertrix	6 Jun 14
MDA	19.85	Alexandra Mititelu	Tallinn	28 Jun 84
MKD	14.49	Vesna Cadikovska	Trikala	8 Jul 01
MLT	12.51	Jennifer Pace	Windsor/CAN	22 Oct 77
MLT	13.06i	<i>Antonella Cachia</i>	Minsk	21 Feb 01
MNE	15.38	Kristina Rakocevic	Bar	31 May 15
MON	10.54	Carine Cresto	Puteaux	23 Jun 91
NED	18.87	Corrie de Bruin	Arnhem	18 Jul 98
NED	18.97i	<i>Corrie de Bruin</i>	Valencia	28 Feb 98
NOR	17.11	Katarina Sederholm	Hämeenkyrö	4 Jul 98
NOR	17.25i	<i>Katarina Sederholm</i>	Stange	7 Feb 98
POL	19.58	Ludwika Chewinska	Bydgoszcz	26 Jun 76
POR	17.18	Teresa Machado	Lisboa	29 Jun 96
POR	17.26i	<i>Teresa Machado</i>	Espinho	7 Feb 98
ROU	21.00	Mihaela Loghin	Formia	30 Jun 84
RUS	22.63	Natalya Lisovskaya	Moskva	7 Jun 87
SLO	18.10	Natasa Erjavec	Nova Gorica	14 May 94
SMR	10.37	Barbara Rustignoli	Modena	9 May 09
SRB	18.86	Danijela Curovic	Subotica	19 Jul 98
SUI	18.02	Ursula Stäheli	Zug	14 Aug 88
SUI	18.75i	<i>Ursula Stäheli</i>	Magglingen	25 Jan 87
SVK	16.96	Gabriela Hanuláková	Bratislava	14 Jul 85
SWE	18.17	Helena Engman	Göteborg	10 Aug 10
TUR	18.57	Emel Dereli	Doha	6 May 16
UKR	21.69	Vita Pavlysh	Budapest	20 Aug 98

Discus Throw:

ALB	55.58	Silvana Rukaj	Tirane	27 Jun 91
AND	28.96	Miriam Tizón	Andorra La Vella	24 May 08
ARM	69.48	Faina Melnik	Edinburgh	7 Sep 73
AUT	63.28	Ursula Weber	Schwechat	3 Jun 90
AZE	64.06	Galina Koshkareva	Tbilisi	31 May 83
BEL	61.40	Marie-Paule Geldhof	Eeklo	30 Apr 94
BIH	52.58	Kosa Stojkovic	Bucuresti	17 Jul 77
BLR	71.58	Ellina Zvereva	Leningrad	12 Jun 88
BUL	73.22	Tsvetanka Khristova	Kazanlak	19 Apr 87
CRO	71.08	Sandra Perkovic	Zürich	16 Aug 14
CYP	56.69	Androniki Lada	Limassol	25 Mar 14
CZE	74.56	Zdenka Silhavá	Nitra	26 Aug 84
DEN	56.00	Annette Bøgh	Aarhus	13 Jul 96
ESP	61.89	Sabina Asenjo	Bilbao	25 Jun 16
EST	65.00	Elju Kubi	Tallinn	26 Aug 87
FIN	67.02	Ulla Lundholm	Helsinki	23 Aug 83
FRA	66.73	Mélina Robert-Michon	Rio de Janeiro	26 Aug 16
GBR	67.48	Meg Ritchie	Walnut	26 Apr 81
GEO	64.20	Natella Labadze	Dnepropetrovsk	8 Sep 80
GER	76.80	Gabriele Reinsch	Neubrandenburg	9 Jul 88

GIB	21.60	Nicole Barker	Gibraltar	17 Jul 92
GRE	67.72	Ekaterini Voggoli	Athína	10 Jun 04
HUN	66.48	Márta Kripli	Budapest	11 Aug 86
IRL	57.60	Patricia Walsh	Dublin	7 Jul 84
ISL	53.86	Gudrún Ingólfssdóttir	Reykjavik	7 May 82
ISR	59.92	Sivan Jean	Tel Aviv	16 Feb 08
ITA	63.66	Agnese Maffeis	Milano	12 Jun 96
KOS	40.80	Ardita Uka	Podujevë	12 Jul 04
LAT	65.06	Malda Lange	Valmiera	11 Sep 88
LIE	37.82	Laura Rheinberger	Langenthal	11 Sep 16
LTU	72.14	Galina Murasova	Praha	17 Aug 84
LUX	43.90	Anne-Marie Wirtz	Colmar	8 May 97
MDA	62.13	Natalia Artic	Vila Real de Santo António	4 Mar 12
MKD	38.20	Lila Petrussevska	Skopje	9 Jun 90
MLT	42.86	Antonella Chouhal	Marsa	1 Jul 09
MNE	58.30	Kristina Rakocevic	Split	16 Apr 16
MON	31.36	Suzie Ingold	Nice	11 Mar 62
NED	71.22 #	Ria Stalman	Walnut	15 Jul 84
NED	63.88	Corrie de Bruin	Groningen	11 Jul 98
NOR	69.68	Mette Bergmann	Florø	27 May 95
POL	66.18	Renata Katewicz	Lódz	7 Aug 88
POR	65.40	Teresa Machado	Sao Jacinto	3 May 98
ROU	73.84	Daniela Costian	Bucuresti	30 Apr 88
RUS	73.28	Galina Savinkova	Donetsk	8 Sep 84
SLO	60.11	Veronika Domjan	Amsterdam	6 Jul 16
SMR	35.83	Sara Andreani	Modena	10 May 15
SRB	63.63	Dragana Tomasevic	Göteborg	8 Aug 06
SUI	60.60	Rita Pfister	Dortmund	6 Jun 76
SVK	64.00	Gabriela Hanuláková	Nitra	26 Aug 84
SWE	64.54	Anna Söderberg	Aremark	31 Jul 99
TUR	64.25	Oksana Mert	Krasnodar	30 May 99
UKR	70.80	Larisa Mikhalchenko	Kharkov	18 Jun 88

Hammer Throw:

ALB	59.26	Emiljana Ciko	Tirane	18 Apr 02
AND	42.65	Elena Villalón	Toulouse	8 Jul 06
ARM	50.05A	Anahit Tadevosyan	Yerevan	23 May 14
AUT	58.25	Julia Siart	Salzburg-Rif	17 May 12
AZE	73.87	Hanna Skydan	Montreuil-sous-Bois	7 Jun 16
BEL	67.30	Jolien Boumkwo	Bruxelles	26 Jun 16
BIH	57.43	Pasa Sehic	Zenica	2 Jun 10
BLR	78.69	Oksana Menkova	Minsk	18 Jul 12
BUL	65.35	Anelia Yordanova	Sofia	10 Jun 00
CRO	75.08	Ivana Brkljacic	Warszawa	17 Jun 07
CYP	69.29	Paraskevi Theodorou	Tripoli/GRE	17 May 09
CZE	72.47	Katerina Safránková	Kolin	12 Jun 16
DEN	62.52	Celina Julin	Tårnby	8 May 16
ESP	70.52	Berta Castells	Manresa	16 Jun 16
EST	68.71	Anna Maria Orel	Tallinn	10 Dec 16
FIN	69.63A	Mia Strömmer	Potchefstroom	24 Mar 01
FRA	74.66	Manuela Montebrun	Zagreb	11 Jul 05
GBR	74.54	Sophie Hitchon	Rio de Janeiro	15 Aug 16
GEO	56.28	Nino Tsikvadze	Tbilisi	4 Feb 17
GER	79.42	Betty Heidler	Halle	21 May 11
GIB	-			

GRE	72.10	Stiliani Papadopoulou	Nikiti	20 Jul 08
HUN	73.44	Éva Orbán	Halle	25 May 13
IRL	73.21	Eileen O'Keeffe	Dublin	21 Jul 07
ISL	58.82	Vigdís Jónsdóttir	Hafnarfjörður	19 Oct 16
ISR	60.60	Yevgeniya Zabolotniy	Neurim	19 May 15
ITA	73.59	Ester Balassini	Bressanone	25 Jun 05
KOS	-			
LAT	68.94	Laura Igaune	Nashville	21 Apr 12
LIE	-			
LTU	54.14	Vaida Keleciuté	Kaunas	17 Jun 07
LUX	49.44	Géraldine Davin	Dillingen	5 May 16
MDA	74.21	Zalina Marghieva	Chisinau	6 Feb 16
MKD	45.91	Vesna Cadikovska	Columbus	6 May 01
MLT	42.54	Antonella Chouhal	Marsa	25 Jun 16
MNE	42.63	Sandra Bogavac	Bar	26 May 12
MON	13.73	Vanessa Gaziello	Nice	8 May 05
NED	65.79	Debby van der Schilt	Halle	22 May 04
NOR	70.43	Mona Holm	Byrkjelo	13 Aug 11
POL	82.98	Anita Włodarczyk	Warszawa	28 Aug 16
POR	69.55	Vânia Silva	Vila Real de Santo António	29 May 11
ROU	76.07	Mihaela Melinte	Rüdlingen	29 Aug 99
RUS	78.80	Tatyana Lysenko	Moskva	16 Aug 13
SLO	71.25	Barbara Spiler	Cakovec	5 May 12
SMR	36.72	Cristina Zafferani	Comacchio	29 May 04
SRB	66.41	Sara Savatovic	Ames	15 May 15
SUI	64.83	Nicole Zihlmann	Dischingen	28 Aug 16
SVK	76.90	Martina Hrasnová	Trnava	16 May 09
SWE	70.99	Tracey Andersson	Bottnaryd	19 Jun 16
TUR	74.17	Tugce Sahutoglu	Izmir	19 May 12
UKR	74.52	Iryna Sekachova	Kiev	2 Jul 08

Javelin Throw (1999-):

ALB	48.85	Gerta Batusha	Bar	1 May 08
AND	25.80	Montserrat Pujol	Andorra La Vella	21 May 06
ARM	49.12	Kristine Harutyunyan	Adler	21 Apr 12
AUT	61.43	Elisabeth Pauer	Villach	10 Jul 10
AZE	44.90	Ragneta Gurbanova	Baku	8 May 09
BEL	58.51	Melissa Dupré	Sint-Niklaas	17 May 12
BIH	48.44	Vanja Spajic	Zenica	19 Jun 16
BLR	66.34	Tatsiana Khaladovich	Amsterdam	9 Jul 16
BUL	63.32	Khristina Georgieva	Athína	28 Jun 00
CRO	66.18	Sara Kolak	Rio de Janeiro	18 Aug 16
CYP	57.20	Alexandra Tsiou	Pátra	17 May 06
CZE	72.28	Barbora Spotáková	Stuttgart	13 Sep 08
DEN	64.83	Christina Scherwin	Stuttgart	9 Sep 06
ESP	64.07	Mercedes Chilla	Valencia	12 Jun 10
EST	63.65	Liina Laasma	Rabat	22 May 16
FIN	64.90	Paula Huhtaniemi	Helsinki	10 Aug 03
FRA	63.54	Mathilde Andraud	Halle	21 May 16
GBR	66.17	Goldie Sayers	London	14 Jul 12
GEO	51.91	Maka Obolashvili	Banská Bystrica	8 Jul 00
GER	70.20	Christina Obergföll	München	23 Jun 07
GIB	-			
GRE	67.51	Miréla Tzelili-Manjani	Sydney	30 Sep 00
HUN	64.62	Nikolett Szabó	Pátra	22 Jul 01

IRL	54.92	Anita Fitzgibbon	Dublin	27 Jul 13
ISL	62.77	Ásdis Hjálmsdóttir	London	7 Aug 12
ISR	64.56	Margaryta Dorozhon	Oslo	11 Jun 15
ITA	65.30	Claudia Coslovich	Ljubljana	10 Jun 00
KOS	38.30	Ardita Uka	Mitrovicë	03
LAT	66.18	Madara Palameika	Bruxelles	9 Sep 16
LIE	48.10	Johanna Heeb	Halle	25 May 03
LTU	62.69	Rita Ramanauskaitė	Saint-Denis	23 Jun 00
LUX	49.79	Noémie Pleimling	Castellón	16 Mar 13
MDA	54.37	Mihaela Tacu	Tbilisi	21 Jun 14
MKD	45.04	Vesna Cadikovska	Mount Pleasant	21 May 99
MLT	41.86	Joanne Mifsud	Marsa	13 Feb 16
MNE	54.77	Marija Bogavac	Atlanta	18 Mar 16
MON	28.84	Carine Cresto	Nice	7 May 00
NED	59.27	Bregje Crolla	Sittard	6 Jun 10
NOR	69.48	Trine Solberg-Hattestad	Oslo	28 Jul 00
POL	67.11	Maria Andrejczyk	Rio de Janeiro	16 Aug 16
POR	59.76	Silvia Cruz	Leiria	21 Jun 08
ROU	65.08	Ana Mirela Termure	Bucuresti	10 Jun 01
RUS	71.99	Mariya Abakumova	Daegu	2 Sep 11
SLO	67.16	Martina Ratej	Doha	14 May 10
SMR	34.41	Eleonora Rossi	Firenze	3 Jun 06
SRB	64.21	Tatjana Jelaca	Zürich	14 Aug 14
SUI	55.11	Nadia-Marie Pasternack	Halle	22 May 16
SVK	53.07	Eva Krajcoviechová	Pula	5 Jun 99
SWE	61.96	Sofi Flink	Moskva	16 Aug 13
TUR	59.68	Eda Tuğsuz	Mersin	19 Feb 17
UKR	67.29	Hanna Hatsko-Fedusova	Kirovograd	26 Jul 14
UKR	67.29	Hanna Hatsko-Fedusova	Kirovograd	26 Jul 14