

# Martina de la Puente

Gijón (Asturias) 04.04.1975 - 1,80m/97kg

Entrenador: Francisco Ovies

Internacional: 37 (1996-2006)

## Historial Español

Recordwoman de España promesa y absoluta de peso en pista cubierta (17.94 en 1996)

Recordwoman de España promesa al aire libre (17.50 en 1997)

Campeona de España absoluta al aire libre (1995-99-2000-2001-2005-2006)

Campeona de España absoluta en pista cubierta (1996-99-2000-2001-2002-2004-2005-2006)

Campeona de España promesa al aire libre (1995-96-97) y p.c. (1995-96)

Campeona de España promesa al aire libre en disco (1996)

Campeona de España junior al aire libre y p.c. (1993-94)

## Récords de España

(PC): Peso: 17,94 (1996)

(AL): Peso: 18,17 (1999); 18,17= (2000)

## Historial Internacional

|       |                          |                            |
|-------|--------------------------|----------------------------|
| JJOO  | 2000 - Sidney            | Peso (12ª QA Calif./16,30) |
| CM    | 1999 - Sevilla           | Peso (10ª QB Calif./16,68) |
| CpE   | 1999 - Atenas            | 1ª D - Peso (3ª/17,54)     |
|       | 2000 - Baerum            | 1ª D - Peso (1ª/17,60)     |
|       | 2001 - Vaasa             | 1ª D - Peso (3ª/16,54)     |
|       | 2003 - Florencia         | Spl - Peso (7ª/16,60)      |
|       | 2004 - Bydgoszcz         | Spl - Peso (7ª/16,77)      |
|       | 2005 - Gävle             | 1ª D - Peso (1ª/16,49)     |
|       | 2006 - Málaga            | Spl - Peso (5ª/16,57)      |
| CE23  | 1997 - Turku             | Peso (7ª/16,72)            |
| CM-j  | 1994 - Lisboa            | Peso (8ª Calif./14,40)     |
| CE-j  | 1993 - San Sebastián     | Peso (7ª Calif./13,79)     |
| JMed  | 1997 - Bari              | Peso (8ª/16,70)            |
|       | 2001 - Túnez             | Peso (3ª/16,55)            |
|       | 2005 - Almería           | Peso (4ª/17,10)            |
| IberA | 2000 - Rio de Janeiro    | Peso (1ª/17,44)            |
|       | 2002 - Guatemala         | Peso (2ª/17,20)            |
|       | 2004 - Huelva            | Peso (5ª/16,74)            |
| Chall | 2001 - Niza              | Peso (7ª/16,01)            |
|       | 2002 - Pula              | Peso (5ªA/16,94)           |
|       | 2005 - Mersin            | Peso (7ª/16,73)            |
|       | 2006 - Tel Aviv          | Peso (7B/15,78)            |
| Univ  | 1995 - Fukuoka           | Peso (6ª/16,65)            |
|       | 1997 - Catania           | Peso (7ª/17,16)            |
|       | 1999 - Palma de Mallorca | Peso (6ª/18,01)            |
|       | 2001 - Pekín             | Peso (7ª/16,69)            |
| CEpc  | 1996 - Estocolmo         | Peso (6ª/17,04)            |
|       | 1998 - Valencia          | Peso (17.ª/16,30)          |
|       | 2005 - Madrid            | Peso (11Q/16,28)           |
| CpEpc | 2004 - Leipzig           | Peso (6ª/16,55)            |

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ATLETAS RETIRADOS

|       |                      |  |
|-------|----------------------|--|
| Otros | 1995 - San Sebastián | ESP-POR-RUS: Peso (1ª/16,69)             |
|       | 1996 - Turín         | ITA-ESP-RUS (pc): Peso (6ª/16,54)        |
|       | 1998 - Espinho       | Portugal-España (pc): Peso (3ª/17,60)    |
|       | 1999 - Valencia      | España-Portugal (pc): Peso (2ª/16,77)    |
|       | 1999 - Génova        | ITA-ESP-GBR-FRA-POR-RUS: Peso (3ª/16,98) |
|       | 2000 - Espinho       | Portugal-España (pc): Peso (1ª/16,99)    |
|       | 2000 - Valencia      | ESP-ITA-POL (pc): Peso (5ª/17,06)        |
|       | 2000 - Lisboa        | Portugal-España: Peso (1ª/17,28)         |
|       | 2001 - Espinho       | Portugal-España (pc): Peso (2ª/16,44)    |
|       | 2001 - Orense        | España-Portugal: Peso (1ª/16,98)         |
|       | 2002 - Valencia      | España-Portugal (pc): Peso (1ª/17,10)    |
|       | 2003 - Ribeira       | España-Portugal: Peso (2/16,39)          |
|       | 2004 - Lisboa        | Portugal-España: Peso (1ª/16,83)         |
|       | 2005 - Paris         | DecaNation: Peso (6ª/15,89)              |
|       | 2006 - Paris         | DecaNation: Peso (7ª/14,79)              |

| Progresión |                         |               | Puesto    |
|------------|-------------------------|---------------|-----------|
| Año/Edad   | Club                    | Peso          | Rank. ESP |
| 1991 (16)  | A.D. Esmena Gijón Maybe | 12.11         | (31/9jr)  |
| 1992 (17)  | A.D. Esmena Gijón Maybe | 14.48         | (5/2jr)   |
| 1993 (18)  | A.D. Esmena Gijón Maybe | 14.85         | (3/1jr)   |
| 1994 (19)  | A.D. Esmena Gijón       | 15.76         | (3/1jr)   |
| 1995 (20)  | Esmena Gijón Atmo.      | 17.21         | (2)       |
| 1996 (21)  | Esmena Gijón Atmo.      | 17.39/17.94pc | (2)       |
| 1997 (22)  | Valencia C.A. Karhu     | 17.50         | (2)       |
| 1998 (23)  | Valencia Terra i Mar    | 17.08/17.60pc | (2)       |
| 1999 (24)  | Valencia Terra i Mar    | 18.17         | (1)       |
| 2000 (25)  | Valencia Terra i Mar    | 18.17         | (1)       |
| 2001 (26)  | Valencia Terra i Mar    | 17.42         | (1)       |
| 2002 (27)  | Valencia Terra i Mar    | 17.20         | (1)       |
| 2003 (28)  | Valencia Terra i Mar    | 17.00         | (1)       |
| 2004 (29)  | Valencia Terra i Mar    | 17.01         | (2)       |
| 2005 (30)  | Valencia Terra i Mar    | 17.65         | (1)       |
| 2006 (31)  | Valencia Terra i Mar    | 17.00         | (2)       |
| 2007 (32)  | Valencia Terra i Mar    | 16.54         | (2)       |
| 2008 (33)  | Valencia Terra i Mar    | 15.26/16.06pc | (4)       |
| 2009 (34)  | Valencia Terra i Mar    | 15.38/16.06pc | (4)       |
| 2010 (35)  | Valencia Terra i Mar    | 15.07/15.37pc | (4)       |

Otras marcas:

Disco: 47,92 (1998); Martillo: 32.64 (2010); Jabalina: 35,66 (2003)



SUS MEJORES MARCAS

|         |   |                             |            |   |
|---------|---|-----------------------------|------------|---|
| 18.17   | 1 | Jerez de la Frontera        | 12.06.1999 | (18,17 - 17,50 - x - 17,41 - 17,78 - 17,52)     |
| 18.17   | 1 | Cartagena                   | 08.08.2000 | (17,56 - 17,93 - 18,17 - 16,96 - 17,61 - 17,72) |
| 18.01   | 6 | Palma de Mallorca           | 08.07.1999 | (17,93 - x - 17,40 - 17,57 - 17,61 - 18,01)     |
| 17.98   | 1 | Guadalajara                 | 31.07.1999 | (17,98 - 17,85 - 17,68 - x - x - x)             |
| 17.96   | 1 | Jaén                        | 29.07.1999 | (17,46 - x - 17,86 - x - 17,30 - x)             |
| 17.94 i | 1 | San Sebastián               | 25.02.1996 | (17,94 - 17,54 - 17,13 - 17,32 - x - 16,97)     |
| 17.87   | 1 | Alcalá de Henares           | 03.07.1999 | (17,81 - 17,87 - 17,87 - 17,85 - x - 17,67)     |
| 17.84   | 1 | Padua (ITA)                 | 27.08.2000 | (17,33 - 17,84 - 17,62 - 17,55 - x - 17,28)     |
| 17.83   | 1 | Vitoria                     | 26.06.1999 | (17,83 - 17,71 - 17,63 - x - 17,51 - x)         |
| 17.81   | 1 | Gijón                       | 13.08.2000 | (x - 17,65 - 17,81 - x - 17,28 - x)             |
| 17.78   | 4 | Vila Real Sto.António (POR) | 28.05.2000 | (17,45 - 17,45 - 17,66 - 17,78)                 |
| 17.70   | 1 | Oviedo                      | 19.08.2000 | (desc.)   |
| 17.66   | 1 | Sevilla                     | 24.07.1999 | (17,21 - 17,66 - x - x - x - x)                 |
| 17.65   | 1 | Oviedo                      | 08.05.2005 | (16,38 - 17,22 - 17,10 - 17,42 - x - 17,65)     |
| 17.61   | 1 | El Puerto de Santa María    | 27.07.1999 | (17,24 - x - x - 17,61 - x - 17,23)             |
| 17.60 i | 3 | Espinho (POR)               | 07.02.1998 | (17,20 - 17,22 - 17,60 - x - x - 17,44)         |
| 17.60   | 1 | Baerum (NOR)                | 09.07.2000 | (17,60 - 17,59 - 17,57 - 17,30)                 |
| 17.56   | 1 | Valladolid                  | 22.07.2000 | (17,56 - 16,74 - 17,37 - x - x - x)             |
| 17.54   | 3 | Atenas (GRE)                | 06.06.1999 | (17,50 - 17,23 - 16,79 - 17,54)                 |
| 17.54   | 1 | Pamplona                    | 04.08.1999 | (16,59 - 17,16 - 17,40 - 17,13 - 17,54 - 17,26) |
| 17.50   | 2 | Getafe                      | 18.05.1997 | (x - 17,02 - x - 16,91 - 17,50 - 16,69)         |
| 17.46 i | 1 | Oviedo                      | 23.01.1999 | (17,24 - 16,64 - 17,21 - 17,08 - 16,93 - 17,46) |
| 17.44   | 1 | Río de Janeiro (BRA)        | 21.05.2000 | (17,44 - 16,87 - 17,21 - x - 17,00 - 17,09)     |
| 17.44   | 4 | Sevilla                     | 09.06.2000 | (17,44 - 17,24 - 17,32 - x - 17,17 - x)         |
| 17.44   | 1 | Gerona                      | 21.08.2000 | (17,40 - 17,40 - 17,44 - x - x - x)             |
| 17.43   | 1 | Valencia                    | 24.06.2000 | (17,43 - 17,34 - x - 16,60 - x - 16,49)         |
| 17.42 i | 1 | Valencia                    | 28.02.1996 | (17,42 - 17,18 - 17,32 - 16,99 - x - 17,41)     |
| 17.42   | 1 | Valencia                    | 22.07.2001 | (17,04 - 17,08 - 17,20 - 17,34 - 17,42 - 17,32) |
| 17.41 i | 1 | Valencia                    | 12.02.2005 | (16,66 - 16,73 - 17,03 - x - 17,41 - x)         |
| 17.39   | 1 | Madrid                      | 06.07.1996 | (16,73 - 17,39 - x - 16,20 - 16,69 - x)         |
| 17.39   | 1 | Vitoria                     | 30.07.2000 | (x - 17,39 - 17,32 - 17,27 - 17,07 - 17,32)     |
| 17.38   | 1 | Vitoria                     | 02.08.1999 | (17,24 - x - x - 17,06 - 17,38 - x)             |
| 17.35   | 4 | Atenas (GRE)                | 30.05.1999 | (desc.)   |
| 17.32   | 1 | León                        | 02.06.1996 | (16,53 - 17,32 - x - 16,74 - x - 16,99)         |
| 17.29   | 2 | Salamanca                   | 19.07.1997 | (17,29 - x - 16,49 - 17,03 - x - x)             |
| 17.28   | 1 | Lisboa (POR)                | 28.06.2000 | (17,08 - 17,28 - 17,12 - x - x - x)             |
| 17.27   | 1 | Adelaida (AUS)              | 17.09.2000 | (17,27 - x - 16,84 - x - x - x)                 |
| 17.26 i | 1 | Valencia                    | 30.01.1999 | (16,77 - 17,00 - 17,26 - 16,89 - 16,94 - x)     |
| 17.26   | 1 | Castellón                   | 03.06.2000 | (17,26 - x - x - x - x - x)                     |
| 17.21   | 2 | Madrid                      | 25.07.1995 | (15,19 - 16,74 - 17,21 - 17,00 - 17,03 - 16,95) |
| 17.20   | 1 | Madrid                      | 23.07.1995 | (15,86 - 16,17 - x - x - 16,51 - 17,20)         |
| 17.20   | 1 | Barcelona                   | 13.05.2000 | (17,20 - 16,62 - x - 16,59 - 16,82 - x)         |
| 17.20   | 2 | Guatemala (GUA)             | 12.05.2002 | (17,20 - 17,10 - 16,99 - 16,78 - x - 16,35)     |
| 17.19   | 1 | Alcázar de San Juan         | 15.07.1995 | (16,23 - 17,19 - 16,34 - 16,41 - 16,74 - 16,11) |
| 17.18   | 1 | León                        | 02.03.1996 | (x - 17,18 - x - 16,49 - 16,66 - x)             |
| 17.16   | 7 | Catania                     | 30.08.1997 | (16,32 - 16,57 - 17,16 - 16,51 - 16,58 - x)     |
| 17.15   | 2 | Palencia                    | 26.05.1996 | (desc.)   |
| 17.15   | 1 | Oviedo                      | 06.05.2000 | (16,21 - 16,59 - 16,90 - 16,48 - 17,15 - 17,10) |
| 17.13   | 1 | Barcelona                   | 02.09.2000 | (17,13 - x - x - x - x - x)                     |
| 17.11   | 1 | Vitoria                     | 07.07.1995 | (16,06 - 17,11 - 16,01 - 16,77 - x - x)         |
| 17.11   | 2 | Lagos (POR)                 | 29.05.2005 | (17,11 - 16,89 - p - 16,97)                     |
| 17.10   | 1 | Sant Celoní                 | 31.07.2001 | (16,64 - 16,84 - 16,84 - x - 17,10 - x)         |
| 17.10 i | 1 | Valencia                    | 23.02.2002 | (16,97 - 16,94 - 17,10 - x - 16,66 - 16,98)     |
| 17.10   | 4 | Almería                     | 30.06.2005 | (x - 16,69 - x - x - 16,99 - 17,10)             |
| 17.08   | 1 | Getafe                      | 16.05.1998 | (17,04 - 16,71 - x - 17,08 - 16,76 - x)         |
| 17.07 i | 1 | Oviedo                      | 29.01.2000 | (17,07 - 17,02 - x - 16,87 - 16,97 - x)         |
| 17.07   | 1 | Gijón                       | 18.06.2000 | (desc.)   |
| 17.07   | 1 | Pamplona                    | 29.07.2000 | (17,07 - 16,92 - 16,64 - p - p - p)             |
| 17.06 i | 5 | Valencia                    | 19.02.2000 | (17,06 - x - x - x - x - x)                     |
| 17.06 i | 1 | Oviedo                      | 29.01.2005 | (x - 16,58 - 16,54 - 16,98 - 17,06 - x)         |
| 17.06   | 1 | Benidorm                    | 25.06.2005 | (17,06 - x - x - 16,69 - x - 16,58)             |
| 17.04 i | 1 | Vilafranca                  | 11.02.1996 | (16,75 - 17,04 - 16,36 - x - 16,54 - 16,90)     |
| 17.04 i | 6 | Estocolmo (SWE)             | 09.03.1996 | (17,04 - 16,41 - 16,70 - x - 16,86 - 16,76)     |
| 17.04 i | 1 | Sevilla                     | 21.02.1999 | (16,88 - x - x - 16,60 - 17,00 - 17,04)         |

ATLETAS RETIRADOS

|         |    |                            |            |   |         |      |                      |            |
|---------|----|----------------------------|------------|---|---------|------|----------------------|------------|
| 17.02   | 1  | Castellón                  | 04.03.2000 | (17.02 - 16.85 - 16.47 - x - x - 16.39)         |         |      |                      |            |
| 17.02 i | 1  | Madrid                     | 19.02.2005 | (17.02 - x - 16.67 - x - x - x)                 |         |      |                      |            |
| 17.01   | 2  | Alcalá de Henares          | 30.06.2001 | (16.65 - 17.01 - 16.81 - x - x - x)             |         |      |                      |            |
| 17.01   | 2  | Almería                    | 01.08.2004 | (x - 15.92 - 16.59 - x - x - 17.01)             |         |      |                      |            |
| 17.00   | 1  | León                       | 11.06.1995 | (16,91 - 16,90 - 17,00 - 17,00 - 16,99 - 16,63) |         |      |                      |            |
| 17.00   | 1  | Oviedo                     | 12.07.2003 | (16.80 - 16.49 - 16.80 - 17.00 - 16.79 - x)     |         |      |                      |            |
| 16.99 i | 1  | Espinho (POR)              | 06.02.2000 |   | 16.70 i | 1    | Oviedo               | 17.01.1999 |
| 16.99   | 3  | Rivas Vaciamadrid          | 10.06.2004 |   | 16.70   | 8    | Bari (ITA)           | 18.06.1997 |
| 16.98 i | 1  | Sevilla                    | 17.02.2002 |   | 16.70   | 1    | Valencia             | 01.07.2000 |
| 16.98 i | 3  | Génova (ITA)               | 24.02.1999 |   | 16.69   | 1    | San Sebastián        | 19.08.1995 |
| 16.98   | 1  | Palencia                   | 24.05.1998 |   | 16.69   | 7    | Pekín (CHN)          | 27.08.2001 |
| 16.98   | 1  | Gijón                      | 19.07.2003 |   | 16.69   | 1    | Oviedo               | 24.06.2006 |
| 16.98   | 1  | Ourense                    | 13.06.2001 |   | 16.68   | 11QB | Sevilla              | 25.08.1999 |
| 16.97 i | 2  | Valencia                   | 15.02.1998 |   | 16.68   | 1    | Vitoria              | 10.06.2001 |
| 16.97   | 1  | Avilés                     | 17.07.2005 |   | 16.68   | 1    | Oviedo-SL            | 12.05.2004 |
| 16.96   | 1  | Madrid                     | 08.06.1996 |   | 16.67   | 1    | Valladolid           | 26.06.2004 |
| 16.95   | 1  | Gijón                      | 27.06.1998 |   | 16.66   | 1    | Valencia             | 19.06.1999 |
| 16.94   | 1  | Pamplona                   | 25.05.1996 |   | 16.65   | 6    | Fukuoka (JPN)        | 02.09.1995 |
| 16.94   | 5A | Pula (CRO)                 | 10.03.2002 |   | 16.64 i | 1    | Oviedo               | 12.01.2002 |
| 16.93   | 1  | León                       | 27.04.1996 |   | 16.64   | 1    | Gijón                | 15.06.1996 |
| 16.93   | 3  | Granada                    | 29.05.1996 |   | 16.64   | 2    | Pamplona             | 04.08.1998 |
| 16.92 i | 2  | San Sebastián              | 13.02.2000 |   | 16.64   | 1    | Valencia             | 12.06.2004 |
| 16.91 i | 1  | Valencia                   | 03.02.1996 |   | 16.64   | 1    | Gijón                | 05.06.2005 |
| 16.91   | 1  | Palencia                   | 04.06.1995 |   | 16.63   | 2    | Salamanca            | 22.07.1997 |
| 16.91   | 1  | Córdoba                    | 26.02.2005 |   | 16.63   | 1    | Castellón            | 21.05.2005 |
| 16.90   | 1  | Gijón                      | 27.07.1997 |   | 16.62   | 1    | Gijón                | 04.07.2003 |
| 16.90   | 1  | Rivas Vaciamadrid          | 12.06.2003 |   | 16.62   | 1    | Castellón            | 11.06.2005 |
| 16.90   | 1  | Huesca                     | 28.02.2004 |   | 16.61   | 1    | León                 | 01.05.1996 |
| 16.89   | 2  | Vitoria                    | 22.06.1996 |   | 16.61   | 1    | Gijón                | 18.05.1996 |
| 16.88 i | 1  | Valencia                   | 24.01.2004 |   | 16.61   | 1    | León                 | 15.05.1999 |
| 16.87   | 2  | Málaga                     | 28.06.1996 |   | 16.60   | 1    | Oviedo               | 08.06.1997 |
| 16.84 i | 1  | Valencia                   | 21.02.2004 |   | 16.60   | 1    | Florenca (ITA)       | 22.06.2003 |
| 16.83   | 1  | León                       | 02.03.1997 |   | 16.59   | 1    | León                 | 22.04.2001 |
| 16.83   | 1  | Lisboa (POR)               | 07.07.2004 |   | 16.58   | 1    | León                 | 28.01.1996 |
| 16.82 i | 1  | San Sebastián              | 25.02.2006 |   | 16.58   | 1    | Jaén                 | 23.02.2003 |
| 16.82   | 2  | Vitoria                    | 20.04.1997 |   | 16.57 i | 1    | Oviedo               | 31.01.2004 |
| 16.82   | 4  | Vilamoura (POR)            | 30.05.1998 |   | 16.57   | 5    | Málaga               | 29.06.2006 |
| 16.81   | 1  | Pamplona                   | 03.05.1997 |   | 16.56   | 3    | Salamanca            | 15.07.2003 |
| 16.80   | 1  | Salamanca                  | 19.05.2001 |   | 16.56   | 2    | Jerez de la Frontera | 03.08.2003 |
| 16.79   | 1  | Valladolid                 | 08.05.2004 |   | 16.56   | 1    | Basauri              | 16.05.2004 |
| 16.78   | 1  | S. S. de los Reyes         | 12.07.1996 |   | 16.55 i | 6    | Leipzig (GER)        | 14.02.2004 |
| 16.77 i | 2  | Valencia                   | 14.02.1999 |   | 16.55   | 2    | San Sebastián        | 01.08.1998 |
| 16.77   | 2  | Salamanca                  | 23.05.1998 |   | 16.55   | 3    | Túnez (TUN)          | 12.09.2001 |
| 16.77   | 7  | Bydgoszcz (POL)            | 20.06.2004 |   | 16.54 i | 6    | Turín (ITA)          | 17.02.1996 |
| 16.76   | 1  | Valencia                   | 20.06.1998 |   | 16.54   | 1    | León                 | 26.01.1997 |
| 16.76   | 2  | Rivas Vaciamadrid          | 27.06.2001 |   | 16.54   | 3    | Vaasa (NOR)          | 24.06.2001 |
| 16.76   | 1  | Málaga                     | 28.07.2001 |   | 16.54   | 2    | Zaragoza             | 28.07.2007 |
| 16.76   | 3  | Salamanca                  | 12.07.2004 |   | 16.53   | 1    | Málaga               | 14.05.1998 |
| 16.75 i | 1  | Valencia                   | 26.01.2002 |   | 16.52   | 1    | Zaragoza             | 23.07.2006 |
| 16.75   | 1  | Jaén                       | 06.07.2005 |   | 16.51 i | 1    | Oviedo               | 04.02.2001 |
| 16.75   | 1  | Oviedo                     | 13.05.2006 |   | 16.51 i | 1    | Oviedo               | 21.12.2003 |
| 16.74   | 4  | Valencia                   | 31.05.1997 |   | 16.50   | 3    | Albufeira (POR)      | 27.05.2007 |
| 16.74   | 1  | Las Palmas de Gran Canaria | 03.03.2001 |   | 16.49   | 4    | Alcalá de Henares    | 07.07.1996 |
| 16.74   | 2  | Salamanca                  | 13.07.2001 |   | 16.49   | 2    | Vitoria              | 19.04.1998 |
| 16.74   | 5  | Huelva                     | 08.08.2004 |   | 16.49   | 1    | Vitoria              | 18.04.1999 |
| 16.73 i | 1  | Valencia                   | 11.02.2006 |   | 16.49   | 1    | Gavle (SWE)          | 19.06.2005 |
| 16.73   | 7A | Mersin (FRA)               | 12.03.2005 |   | 16.48   | 1    | Barcelona            | 12.05.2001 |
| 16.72 i | 1  | Oviedo                     | 03.02.2002 |   | 16.47 i | 2    | San Sebastián        | 24.01.1998 |
| 16.72   | 2  | Granada                    | 21.05.1997 |   | 16.47 i | 1    | Valencia             | 25.02.2001 |
| 16.72   | 7  | Turku (FIN)                | 11.07.1997 |   | 16.46   | 2    | Moscú (RUS)          | 30.05.2004 |
| 16.71 i | 1  | Oviedo                     | 05.02.2005 |   | 16.45 i | 1    | Oviedo               | 16.01.2000 |
| 16.71   | 2  | León                       | 25.06.1995 |   | 16.45   | 1    | Oviedo               | 08.04.1995 |
| 16.71   | 1  | Narbona (FRA)              | 29.07.1995 |   | 16.45   | 1    | Ponferrada           | 14.05.1995 |
| 16.71   | 1  | Málaga                     | 24.07.2005 |   | 16.45   | 1    | Oviedo               | 14.07.2001 |





ATLETAS RETIRADOS

|         |      |                          |            |         |     |                        |            |
|---------|------|--------------------------|------------|---------|-----|------------------------|------------|
| 16.45   | 1    | Soria                    | 26.07.2006 | 16.05   | 1   | Valladolid             | 08.05.1999 |
| 16.44 i | 1    | Espinho (POR)            | 17.02.2001 | 16.04   | 1   | Pamplona               | 20.05.1995 |
| 16.44   | 2    | Gijón                    | 07.07.2001 | 16.01   | 7   | Niza (FRA)             | 18.03.2001 |
| 16.44   | 1    | Valencia                 | 20.05.2006 | 15.99 i | 1   | Zaragoza               | 09.02.1997 |
| 16.44   | 1    | Castellón                | 11.08.2007 | 15.98   | 5A  | Malta (MLT)            | 13.03.2004 |
| 16.43   | 1    | Oviedo                   | 22.04.1995 | 15.98   | 4   | Alcalá de Henares      | 04.07.2004 |
| 16.43   | 1    | Barcelona                | 06.05.1995 | 15.97   | 1   | Valladolid             | 13.06.1998 |
| 16.43   | 1    | Zaragoza                 | 22.05.2004 | 15.96 i | 1   | Oviedo                 | 08.01.2000 |
| 16.43   | 1    | Gijón                    | 05.06.2004 | 15.96 i | 1   | Valencia               | 22.01.2005 |
| 16.42   | 2    | Ponferrada               | 12.05.1996 | 15.96   | 2   | Alcalá de Henares      | 11.07.1998 |
| 16.42   | 3    | Valencia                 | 28.05.2006 | 15.96   | 1   | Zaragoza               | 28.04.2007 |
| 16.41   | 1    | Basauri                  | 29.06.1997 | 15.95   | 1   | Gijón                  | 04.05.1996 |
| 16.40   | 1    | Gijón                    | 31.01.1998 | 15.94   | 4   | Madrid                 | 26.05.2001 |
| 16.40   | 1    | Gijón                    | 10.01.2004 | 15.93 i | 1   | San Sebastián          | 05.02.1995 |
| 16.39 i | 1    | Oviedo                   | 05.02.2006 | 15.93 i | 1   | Valencia               | 14.01.2006 |
| 16.39   | 2    | Ribeira                  | 10.06.2003 | 15.92 i | 1   | Oviedo                 | 09.02.2003 |
| 16.36   | 2    | Salamanca                | 21.07.1997 | 15.92   | 1   | Valencia               | 28.04.2001 |
| 16.36   | 1    | Los Realejos             | 04.03.2006 | 15.89   | 6   | París (FRA)            | 03.09.2005 |
| 16.35 i | 2    | Valencia                 | 26.02.1995 | 15.86   | 1   | Nerja                  | 27.12.2005 |
| 16.35   | 1    | Valencia                 | 29.04.1999 | 15.84   | 1   | Santiago de Compostela | 20.07.1996 |
| 16.35   | 3    | Valencia                 | 25.05.2003 | 15.81   | 1   | Elche                  | 08.07.2006 |
| 16.35   | 1    | Valencia                 | 14.06.2003 | 15.80   | 1   | Gijón                  | 21.07.2007 |
| 16.35   | 1    | Valencia                 | 17.06.2006 | 15.79   | 1   | Gijón                  | 22.12.2001 |
| 16.34   | 1    | Salamanca                | 04.05.2001 | 15.78   | 7 2 | Tel Aviv (ISR)         | 18.03.2006 |
| 16.33   | 3    | Granada                  | 27.05.1995 | 15.76   | 1   | Pamplona               | 30.04.1994 |
| 16.33   | 1    | Gijón                    | 18.12.2004 | 15.76   | 1   | Palencia               | 07.03.1998 |
| 16.33   | 2    | San Sebastián            | 05.08.2007 | 15.76   | 1   | Cartagena              | 04.04.2007 |
| 16.32   | 1    | Avilés                   | 10.06.2006 | 15.74   | 2   | León                   | 28.01.1995 |
| 16.32   | 2    | Torrent                  | 12.05.2007 | 15.72   | 2   | Valencia               | 03.05.2003 |
| 16.31   | 2    | Pamplona                 | 05.08.1998 | 15.70   | 1   | Lisboa (POR)           | 02.05.1998 |
| 16.30 i | 17   | Valencia                 | 28.02.1998 | 15.70   | 2   | Valencia               | 09.06.2007 |
| 16.30   | 12QA | Sidney (AUS)             | 27.09.2000 | 15.69 i | 2   | Valencia               | 27.01.2001 |
| 16.29 i | 2    | Valencia                 | 23.02.1997 | 15.69   | 1   | Avilés                 | 03.06.2006 |
| 16.29 i | 1    | Valencia                 | 28.01.2006 | 15.64   | 1   | Oviedo                 | 14.07.2007 |
| 16.29   | 1    | Salamanca                | 26.04.1997 | 15.63   | 1   | Barcelona              | 01.07.1994 |
| 16.29   | 1    | Valencia                 | 09.05.1998 | 15.60 i | 4   | Sevilla                | 22.02.2009 |
| 16.28 i | 11Q  | Madrid                   | 04.03.2005 | 15.56   | 1   | Oviedo                 | 29.05.1994 |
| 16.27 i | 1    | San Sebastián            | 11.02.1995 | 15.54 i | 1   | Oviedo                 | 21.01.2001 |
| 16.25   | 2    | Palencia                 | 02.07.1995 | 15.54   | 3   | Sevilla                | 09.07.1994 |
| 16.25   | 1    | Zaragoza                 | 29.04.2006 | 15.52   | 1   | Gijón                  | 27.04.2003 |
| 16.24   | 1    | Cáceres                  | 04.07.1998 | 15.50   | 1   | Cartagena              | 12.04.2006 |
| 16.23   | 2    | Los Realejos             | 24.02.2007 | 15.49   | 1   | Santiago de Compostela | 11.05.1996 |
| 16.22   | 1    | Guadalajara              | 24.05.1997 | 15.47   | 1   | Pamplona               | 31.05.2003 |
| 16.21   | 1    | Basauri                  | 24.06.1995 | 15.46   | 2   | León                   | 11.06.1994 |
| 16.20   | 5    | Sevilla                  | 03.06.1995 | 15.45   | 1   | León                   | 26.06.1994 |
| 16.20   | 1    | La Robla                 | 01.07.1995 | 15.44   | 1   | León                   | 12.03.1995 |
| 16.19 i | 1    | San Sebastián            | 01.02.1997 | 15.43 i | 1   | Valencia               | 08.02.2004 |
| 16.19   | 4    | Herrera                  | 19.05.2007 | 15.43   | 1   | Alicante               | 30.04.2005 |
| 16.18   | 2    | Alcalá de Henares        | 28.06.2003 | 15.42   | 2   | Valladolid             | 15.01.1995 |
| 16.17   | Q    | Fukuoka (JPN)            | 01.09.1995 | 15.40   | 2   | Barcelona              | 02.06.2007 |
| 16.17   | 1    | Avilés                   | 26.07.2003 | 15.39 i | 3   | Valencia               | 09.02.2008 |
| 16.16   | 1    | Gijón                    | 17.06.1995 | 15.38   | 5   | Castellón              | 31.05.2009 |
| 16.14 i | 4    | Valencia                 | 10.02.2007 | 15.37 i | 5   | Valencia               | 28.02.2010 |
| 16.14   | 1    | Valencia                 | 04.05.2002 | 15.36   | 1   | Castellón              | 25.07.2007 |
| 16.13 i | 2    | Sevilla                  | 17.02.2007 | 15.30   | 1   | Gijón                  | 15.05.1994 |
| 16.12   | 1    | Zaragoza                 | 17.05.2003 | 15.30   | 3   | Castellón              | 11.07.2006 |
| 16.11   | 2    | Madrid                   | 07.07.1998 | 15.30   | 1   | Valencia               | 25.04.2009 |
| 16.11   | 1    | L'Hospitalet de Lobregat | 22.05.1999 | 15.28 i | 1   | Valencia               | 12.01.2008 |
| 16.11   | 1    | Castellón                | 24.07.2004 | 15.26   | 4   | San Javier             | 01.03.2008 |
| 16.10   | 1    | Madrid                   | 02.06.2001 | 15.18 i | 1   | Valencia               | 13.01.2007 |
| 16.08 i | 2    | Valencia                 | 02.03.2003 | 15.17 i | 2   | Valencia               | 26.01.2008 |
| 16.06 i | 2    | Valencia                 | 24.02.2008 | 15.17 i | 1   | Valencia               | 16.01.2010 |
| 16.06   | 1    | Castellón                | 10.05.1997 | 15.14 i | 1   | Valencia               | 15.02.2009 |
| 16.06   | 1    | Cartagena                | 15.07.2006 | 15.12   | 5   | Barcelona              | 02.08.2009 |
| 16.05 i | 1    | Valencia                 | 27.01.2007 | 15.09 i | 1   | Valencia               | 16.02.2008 |

ATLETAS RETIRADOS

|         |     |                        |            |
|---------|-----|------------------------|------------|
| 15.07 i | 2   | Valencia               | 31.01.2009 |
| 15.07   | 1   | Arona                  | 03.07.2010 |
| 15.02   | 1   | Gijón                  | 16.04.1994 |
| 15.02   | 1   | Oviedo                 | 29.03.2003 |
| 15.01 i | 1   | Valencia               | 17.01.2009 |
| 14.98   | 1   | Castellón              | 14.06.2008 |
| 14.89 i | 1   | Valencia               | 13.02.2010 |
| 14.86   | 2   | Oviedo                 | 24.04.2010 |
| 14.85   | 2   | Vilanova               | 13.02.1993 |
| 14.85   | 1   | Valladolid             | 19.06.1994 |
| 14.85   | 4   | Santa Cruz de Tenerife | 27.07.2008 |
| 14.82   | 2   | Gijón                  | 31.07.1994 |
| 14.79   | 7   | París (FRA)            | 26.08.2006 |
| 14.79   | 1   | Castellón              | 20.06.2009 |
| 14.79   | 4   | Jaén                   | 28.02.2009 |
| 14.78   | 2   | Valencia               | 07.06.2008 |
| 14.76   | 1   | Castellón              | 17.02.2008 |
| 14.74   | 2   | Palencia               | 13.03.1994 |
| 14.74   | 2   | Pereiro de Aguiar      | 26.04.2008 |
| 14.73   | 1   | León                   | 15.10.1994 |
| 14.70   | 1   | Valencia               | 29.05.2010 |
| 14.68 i | 1   | Valencia               | 19.01.2008 |
| 14.68 i | 1   | Valencia               | 10.01.2009 |
| 14.68 i | 1   | Valencia               | 29.01.2010 |
| 14.64   | 5   | Salamanca              | 02.07.2008 |
| 14.63 i | 1   | Valencia               | 09.01.2010 |
| 14.63   | 1   | Gijón                  | 16.05.1993 |
| 14.61 i | 1   | Valencia               | 11.02.2007 |
| 14.59   | 2   | Alicante               | 07.08.1993 |
| 14.58   | 2   | Tarbes (FRA)           | 17.07.1993 |
| 14.58   | 3   | Zaragoza               | 16.05.2009 |
| 14.57   | 4   | Avilés                 | 18.07.2010 |
| 14.53   | 2   | Valencia               | 12.06.2010 |
| 14.49   | 3   | Gandía                 | 04.07.1993 |
| 14.49   | 1   | Castellón              | 17.04.2009 |
| 14.48   | 1   | Huesca                 | 19.04.1992 |
| 14.48   | 10  | Zaragoza               | 18.07.2009 |
| 14.48   | 1   | Valencia               | 19.06.2010 |
| 14.47 i | 1   | Valencia               | 21.12.2008 |
| 14.45 i | 1   | Valencia               | 19.12.2009 |
| 14.44 i | 1   | Valencia               | 22.01.2010 |
| 14.42   | 3fc | Barcelona              | 24.07.1993 |
| 14.42   | 2   | Valencia               | 17.05.2008 |
| 14.42   | 2   | Alicante               | 30.07.2008 |
| 14.41 i | 4   | San Sebastián          | 28.02.1993 |
| 14.40   | 1   | Oviedo                 | 19.06.1993 |
| 14.40   | 3   | León                   | 05.06.1994 |
| 14.40   | QB  | Lisboa (POR)           | 20.07.1994 |

