

# Mar Sánchez

Ibiza, 25.12.1979 - 1,70m/60kg

Entrenador: Javier Navas

Internacional: 10 (1998-2006)

## Historial Español

Recordwoman de España júnior de pértiga al aire libre (4.10 en 1998)  
 Recordwoman de España júnior de pértiga en pista cubierta (4,00 en 1998)  
 Recordwoman de España promesa de pértiga al aire libre (4.30 en 2000)  
 Recordwoman de España promesa de pértiga en pista cubierta (4,24 en 2001)  
 Campeona de España absoluta de pértiga al aire libre (1998-2000-2001-2005)  
 Campeona de España promesa de pértiga en pista cubierta (1999-2001)  
 Campeona de España promesa de pértiga al aire libre (2001)  
 Campeona de España júnior de pértiga al aire(1998)

## Récords de España

(PC): Pértiga: 4.00 (1998); 4.01, 4.11, 4.20 (1999); 4.21, 4.24 (2001)  
 (AL): Pértiga: 4,07 - 4,10 (1998); 4,16 (1999); 4,30 (2000); 4,31 (2001)

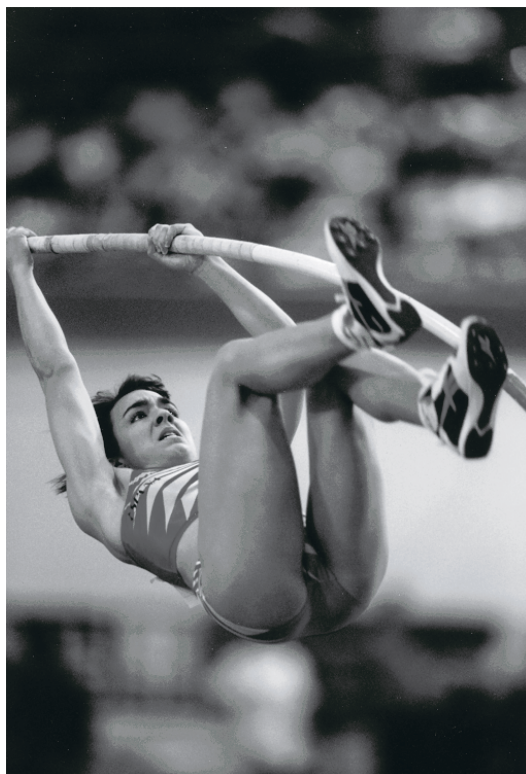
## Historial Internacional

JJO0	2000 - Sidney	Pértiga (Calif./4,25 - 8=QB)
CM	2001 - Edmonton	Pértiga (Calif./4,00 - 12QB)
CE	1998 - Budapest	Pértiga (10ª/4,10)
CpE	1999 - Atenas	Pértiga (4ª/3,80)
	2000 - Oslo	Pértiga (5ª/3,80)
IberA	2006 - Ponce	Pértiga (2ª/4,10)
JMed	2005 - Almería	Pértiga (5ª/4,00)
CE23	2001 - Amsterdam	Pértiga (6ª=/4,05)
CM-j	1998 - Annecy	Pértiga (2ª/4,10)
CMpc	1999 - Maebashi	Pértiga (19ª/4,05)
CEpc	1998 - Valencia	Pértiga (7ª Calif./4,00)
	2005 - Madrid	Pértiga (9=QB/4,15)

## Progresión

Año/Edad	Club	Pértiga	Puesto Rank.ESP
1997 (18)	At. Pitius	3,40	(13= / 7jr)
1998 (19)	At. Pitius	4,10	(2 / 1jr)
1999 (20)	Valencia Terra i Mar	4,16/4,20pc	(2)
2000 (21)	Valencia Terra i Mar	4,30	(1)
2001 (22)	Valencia Terra i Mar	4,31	(1)
2002 (23)	At. Pitius	4,00	(5)
2003 (24)	At. Pitius	4.10	(4)
2004 (25)	At. Pitius	4.25	(3)
2005 (26)	At. Pitius	4.21/4.35pc	(2)
2006 (27)	At. Pitius	4.10	(4)
2007 (28)	At. Pitius	3.90	(6)
2008 (29)	At. Pitius	4.15/4.21pc	(3)
2009 (30)	At. Pitius	4.15/4.25pc	(2)

Otras marcas: Longitud: 5.79 (2009); Triple: 11.36 (2008)



**TODAS SUS MARCAS (hasta 3,50m)**

4.35i	1	GP	Valencia	12/02/2005	(4.00-2 / 4.10-1 / 4.25-1 / 4.35-2)
4.31	1		Valencia	22/07/2001	(3.91-2 / 4.11-2 / 4.31-2 - 4.40-xxx)
4.30	1		Castellón	26/08/2000	(3.85-2 / 4.05-2 / 4.30-2 / 4.40-ab)
4.25	8=QB	OG	Sidney	23/09/2000	4.00-1 / 4.15-1 / 4.25-3 / 4.30-xxx)
4.25	3	IberA	Huelva	06/08/2004	(4.00-1 / 4.10-1 / 4.25-1 / 4.40-xxx)
4.25i	1		Madrid	24/01/2009	(3.40-1 / 4.10-1 / 4.25-3 / 4.36-xxx)
4.24i	3	PV Elite Tour	Toulouse (FRA)	04/03/2001	(3.94-1 / 4.14-2 / 4.24-2 / 4.34-xxx)
4.21i	1		Madrid	03/02/2001	(3.90-1 / 4.10-1 / 4.21-1 / 4.31-xxx)
4.21	1	CdMat	Mataró	14/07/2005	(3.91-1 / 4.11-2 / 4.21-3 / 4.31-xxx)
4.21i	7	Cd.Val.	Valencia	09/02/2008	(4.01-1 / 4.21-3 / 4.31-xxx)
4.20i	1		Madrid	23/01/1999	(3.86-1 / 4.01-1 / 4.11-1 / 4.20-1 / 4.25-xxp)
4.20	1	LN	Valencia	01/07/2000	(3.90-1 / 4.05-1 / 4.20-3 / 4.30-xxx)
4.20	1	CE-p	El Prat de Llobregat	30/06/2001	(3.75-1 / 3.90-1 / 4.10-3 / 4.20-3 / 4.31-xxx)
4.20	1	CdVal	Valencia	08/07/2001	(3.90-1 / 4.10-2 / 4.20-3 / 4.31-xxx)
4.20	4 (3)	CE	Almería	31/07/2004	(4.00-1 / 4.10-1 / 4.20-3 / 4.40-xxx)
4.20i	1		Madrid	15/01/2005	(4.05-3 / 4.20-3 / 4.30-xxx)
4.20i	9	Cag	Madrid	24/02/2005	(4.00-2 / 4.20-2 / 4.35-xxx)
4.20i	1		San Sebastián	31/01/2009	(4.00-1 / 4.20-2 / 4.30-xxx)
4.20i	1		Valladolid	07/02/2009	(4.00-1 / 4.20-1 / 4.30-xxx)
4.16	1	LN	Valladolid	08/05/1999	(3.75-1 / 4.00-1 / 4.16-2 / 4.25-xxx)
4.15	1	LN	Valencia	24/06/2000	(3.80-1 / 4.00-1 / 4.15-1 / 4.30-xxx)
4.15	4	Reebok	San Sebastián	03/07/2004	(4.00-2 / 4.15-1 / 4.03-xxx)
4.15	6		Salamanca	13/07/2004	(4.00-2 / 4.15-1 / 4.30-xxx)
4.15	13	MetMad	Madrid-C	17/07/2004	(4.00-1 / 4.15-3 / 4.30-xxx)
4.15i	9=Q2	EI	Madrid	04/03/2005	(4.00-1 / 4.15-1 / 4.30-xxx)
4.15i	2	CEus	San Sebastián	16/02/2008	(3.80-1 / 4.00-1 / 4.15-1 / 4.30-xxx)
4.15	2		Donnas, ITA	13/07/2008	(4.00-2 / 4.15-1 / 4.30-xxx)
4.15	2	CE	Santa Cruz de Tenerife	26/07/2008	(3.90-1 / 4.10-x / 4.15-2 / 4.25-xxx)
4.15i	2	CE	Sevilla	21/02/2009	(4.00-2 / 4.15-1 / 4.25-xxx)
4.15i	1		San Sebastián	28/02/2009	(4.00-1 / 4.15-2)
4.15	1		Valladolid-ESG	23/05/2009	(3.80-1 / 4.00-1 / 4.15-1 / 4.30-xxx)
4.15	2	CE	Barcelona-O	01/08/2009	(3.80-1 / 4.00-2 / 4.15-1 / 4.25-xxx)
4.12i	3	GP	Valencia	14/02/2004	(3.72-1 / 4.02-2 / 4.12-1 / 4.22-xxx)
4.11	1	CdMan	Manresa	24/08/2000	(3.81-1 / 4.01-1 / 4.11-3 / 4.30-xxx)
4.11i	3	CE	Madrid	19/02/2005	(4.01-1 / 4.11-3 / 4.31-xxx)
4.10	2=	WC-j	Annecy, FRA	29/07/1998	(3.70-1/3.90-1/4.00-3/4.10-1/4.15-xxx)
4.10i	1	CE-p	Vilafranca del Penedès	07/02/1999	(3.85-1 / 4.00-1 / 4.10-3 / 4.25-xxx)
4.10	1		Madrid	17/07/2000	(3.90-1 / 4.10-1 / 4.30-xxx)
4.10	1	TF2	Pamplona	29/07/2000	(3.80-3 / 4.10-3 / 4.30-xxx)
4.10i	1	CC-LM	Madrid	17/02/2001	(3.90-1 / 4.10-1 / 4.25-xxx)
4.10i	1	CE	Valencia	24/02/2001	(3.90-1 / 4.10-3 / 4.25-xxx)
4.10	1	vGBR23	Liverpool, GBR	23/06/2001	(desc)
4.10	1	CdMat	Mataró	22/07/2003	(3.75-2 / 4.00-2 / 4.10-2 / 4.20-xxx)
4.10i	1		Valladolid	15/02/2004	(desc)
4.10	1	TF-2	Badajoz	09/07/2005	(3.80-2 / 4.00-2 / 4.10-2 / 4.20-xxx)
4.10	1	CE	Málaga	23/07/2005	(3.90-2 / 4.10-2 / 4.25-xxx)
4.10	2	CdVall	Valladolid-ESG	13/05/2006	(3.80-1 / 4.00-1 / 4.10-3 / 4.25-xxx)
4.10	2=	IberA	Ponce, PUR	26/05/2006	(3.80-1 / 4.00-1 / 4.10-1 / 4.20-xxx)
4.10i	1		Zaragoza	30/01/2008	(3.80-2 / 4.00-2 / 4.10-2 / 4.20-xxx)
4.10i	3	CE	Valencia	23/02/2008	(3.90-1 / 4.10-1 / 4.25-xxx)
4.10	6=	Dip	Salamanca	02/07/2008	(3.90-1 / 4.10-1 / 4.30-xxx)
4.10i	5	Cd.Val.	Valencia	14/02/2009	(3.90-1 / 4.10-2 / 4.20-ab)
4.07	1	CE-j	Aranjuez	12/07/1998	(3.65-2/3.85-3/4.02-3/4.07-3/4.15-xxp)
4.05	10	EC	Budapest, HUN	21/08/1998	(3.95-1/4.05-1/4.15-xxx)
4.05i	19	WI	Maebashi (JPN)	05/03/1999	(3.85-1 / 4.05-2 / 4.20-xxp)
4.05	1	LN	Barcelona	13/05/2000	(3.70-3 / 3.90-1 / 4.05-1 / 4.20-xxx)
4.05	1	CdRiv	Rivas Vaciamadrid	21/06/2000	(3.50-1 / 3.70-2 / 3.90-1 / 4.05-2 / 4.15-xxx)
4.05	1	CE	Barcelona	03/09/2000	(3.85-1 / 4.05-1 / 4.20-xxx)
4.05i	1	CE-p	Vilafranca del Penedès	10/02/2001	(3.85-1 / 4.05-2 / 4.25-xxx)
4.05	6=Q	CE23	Amsterdam, NED	12/07/2001	(3.80-1 / 3.95-1 / 4.05-3)
4.05	7	CE23	Amsterdam, NED	14/07/2001	(3.90-1 / 4.05-2 / 4.20-xxx)
4.05	2		Zaragoza	12/07/2003	(3.70-2 / 3.90-1 / 4.05-2 / 4.15-xxx)
4.05i	1	C.CLM	Madrid	29/01/2005	(4.05-2 / 4.25-xxx)

ATLETAS RETIRADOS

4.03	9	MetSev	Sevilla-O	04/06/2005	(4.03-3 / 4.19-xxx)
4.01 i	3	GP	Zaragoza	31/01/2004	(3.71-2 / 4.01-1 / 4.11-xxx)
4.00 i	7Q2	EI	Valencia	27/02/1998	(3.60-1 / 3.80-1 / 4.00-3 / 4.10-xxx)
4.00	6QA	EC	Budapest, HUN	18/08/1998	(3.60-1/3.80-1/4.00-1/4.10-xxx)
4.00 i	1	Cp.Clubes	Valencia	30/01/1999	(3.80-1 / 4.00-2 / 4.25-xxx)
4.00	1	CdVall	Valladolid	15/05/1999	(3.85-1 / 4.00-1 / 4.20-xxx)
4.00	3	CpEClubes	Atenas	29/05/1999	
4.00	4	Dip	Salamanca	15/07/1999	(3.80-1 / 4.00-1 / 4.10-xxx)
4.00	6	Dip	Salamanca	20/07/2000	(4.00-3 / 4.30-xxx)
4.00 i	1		Madrid	21/01/2001	(3.80-1 / 4.00-1 / 4.10-xxx)
4.00 i	1	Cp.Clubes	Valencia	27/01/2001	(3.80-2 / 4.00-1 / 4.21-xxx)
4.00	12Q2	CM	Edmonton, CAN	04/08/2001	(4.00-1 / 4.15-xxx)
4.00	4		Sevilla	08/06/2002	
4.00	11	MetMad	Madrid-C	03/07/2002	3.80-2 / 4.00-2 / 4.20-xxx)
4.00 i	2	GP	Zaragoza	01/02/2003	(3.80-1 / 4.00-1 / 4.10-xxx)
4.00 i	1		Monachil	08/02/2003	(3.80-3 / 4.00-2 / 4.10-xxx)
4.00	3	CE	Jerez de la Frontera	02/08/2003	(3.70-1 / 4.00-2 / 4.10-xxx)
4.00 i	1	CC-LM	Valladolid	07/02/2004	(3.80-1 / 4.00-1 / 4.10-xxx)
4.00 i	3	CE	Valencia	21/02/2004	(3.80-2 / 4.00-2 / 4.10-xxx)
4.00	7	MetSev	Sevilla	05/06/2004	(4.03-3 / 4.18-xxx)
4.00	1		Zaragoza	24/06/2005	(3.75-2 / 4.00-2 / 4.15-xxx)
4.00	5	JMed	Almería-MED	29/06/2005	(3.60-2 / 3.80-2 / 4.00-1 / 4.15-xxx)
4.00 i	1		Valladolid	02/02/2008	(3.80-1 / 4.00-1 / 4.20-xxx)
4.00	1		Zaragoza	28/05/2008	(4.00-1 / 4.15-xxx)
4.00	1		Castellón	14/06/2008	(3.80-1 / 4.00-1 / 4.15-xxx)
4.00	9=	MetMad	Madrid-MTZ	05/07/2008	4.00-2 / 4.15-xxx)
4.00	1	TF-2	Lorca	13/06/2009	(3.80-1 / 4.00-1 / 4.15-xxx)
3.96	5	CdBar	Barcelona-O	25/07/2000	
3.91 i	3	GP	Sevilla	22/02/2003	
3.91	5	CdRiv	Rivas Vaciamadrid	08/06/2006	
3.91 i	2		Madrid	05/01/2008	
3.90	5	Cp.Clubes	Vila Real St. Antonio, POR	27/05/2000	
3.90	3	CpClubes	Madrid-MZ	27/05/2001	
3.90	1	CdRiv	Rivas Vaciamadrid	11/06/2002	
3.90	3	CE	Salamanca	21/07/2002	
3.90 i	1		Madrid	18/01/2003	
3.90	1		Madrid-INEF	18/06/2003	
3.90	2		Zaragoza	05/07/2003	
3.90	1	CE-u	Málaga-UNI	14/05/2005	
3.90	4	CdRiv	Rivas Vaciamadrid	14/06/2005	
3.90	1		Zaragoza	29/07/2005	
3.90	13	Univ	Esmirna, TUR	17/08/2005	
3.90	1		Palma de Mallorca	28/07/2007	
3.90	1		Castellón	21/06/2008	
3.90	1	TF-2	Pamplona	28/06/2008	
3.90	2		Valladolid-ESG	09/05/2009	
3.86 i	1		Madrid	01/02/1998	
3.85	2	3N-j	Alicante	18/07/1998	
3.85 i	3	CE	Sevilla	21/02/1999	
3.85	2		Madrid-INEF	10/05/2003	
3.85	1		Valencia	28/05/2003	
3.82	2	CdMt	Mataró	01/07/1998	
3.82	1		Vic	10/07/2002	
3.82	6	CdRiv	Rivas Vaciamadrid	29/06/2007	
3.81 i	2	CE	Valencia-V	15/02/1998	
3.81	5	MetSev	Sevilla	08/06/2001	
3.81	4	Dip	Salamanca	05/07/2006	
3.80	1		Leganés	25/06/1998	
3.80	1	TF2	Cáceres	04/07/1998	
3.80	6QB	WC-j	Annecy, FRA	28/07/1998	
3.80	1	CE	San Sebastián-A	02/08/1998	
3.80	3	3N-p	Hagenau, FRA	08/08/1998	
3.80	4	CpE-1	Atenas, GRE	05/06/1999	
3.80	2	LN	Castellón	03/06/2000	



ATLETAS RETIRADOS

3.80	3		Majadahonda	28/06/2000
3.80	5	CpE-1	Baerum, NOR	08/07/2000
3.80	1		Adelaida, AUS	17/09/2000
3.80	1	TF2	Cartagena	27/07/2002
3.80	1		Madrid-C	28/06/2003
3.80	7	Reebok	San Sebastián	10/08/2003
3.80	1		Ibiza	17/06/2004
3.80	2	TF2	Pamplona	26/06/2004
3.80	3		Benidorm	19/04/2006
3.80	2	CdMat	Mataró	10/07/2006
3.80	7=	CE	Zaragoza	22/07/2006
3.80	1	CE-u	San Javier	23/05/2007
3.80A	1		Soria	11/07/2007
3.80	1		Zaragoza	21/07/2007
3.80	5=	GobAra	Zaragoza	31/05/2008
3.75i	2fc	CMad	Madrid-PD	29/01/1998
3.75	2	AAC	Barcelona-CD	17/06/1998
3.71	7	Dip	Salamanca	15/07/2003
3.70	1		Ibiza	06/06/1998
3.70	1	LN	Valencia	28/04/2001
3.70	1	LN	Barcelona-CD	12/05/2001
3.70	8	Reebok	San Sebastián	18/08/2001
3.70	1	CE-u	Zaragoza	10/05/2002
3.70A	1		Soria	07/06/2007
3.70	2	TF-2	Avilés	16/06/2007
3.70	11	Dip	Salamanca	04/07/2007
3.70	5=	CE	San Sebastián	04/08/2007
3.60i	2		Madrid-MC	09/01/1998
3.60i	3=		Málaga-U	17/01/1998
3.60	2		San Cugat del Vallés	28/05/2002
3.60	1		Palma de Mallorca	14/07/2002
3.60	1	TF-2	Cartagena	15/07/2006
3.50	1	LN	Madrid-MZ	02/06/2001

