

# Margarita Ramos

Cea (León), 26.06.1966 - 1,78m/80kg

Entrenador: José Antonio Alija - Internacional: 53 veces internacional absoluta

## - Historial Español

11 Títulos de Campeona de España absoluta de Peso en pista cubierta (1987-88-89-90-91-92-93-94-95-97-98)

12 Títulos de Campeona de España absoluta de Peso al aire libre (1986-87-88-89-90-91-92-93-94-96-97-98)

Campeona de España promesa de Peso al aire libre y pista cubierta (1986-87)

14 Récords de España de Peso en pista cubierta (1987-1995)

21 Récords de España de Peso al aire libre (1986-1997)

## - Historial Internacional

|       |                           |   |
|-------|---------------------------|---|
| JJOO  | 1992 - Barcelona          | Peso (7Q2/16,82)                                    |
| CM    | 1991 - Tokio, JPN         | Peso (10QA/15,89)                                   |
| CE    | 1990 - Split, YUG         | Peso (11ª/ 16,23)                                   |
|       | 1998 - Budapest, HUN      | Peso (9QA/16,41)                                    |
| CpE   | 1987 - Maia, POR          | Peso - Final C (1ª/15,14)                           |
|       | 1989 - Estrasburgo, FRA   | Peso - Final B (6ª/15,40)                           |
|       | 1991 - Barcelona          | Peso - Final B (1ª/17,45)                           |
|       | 1993 - Bruselas, BEL      | Peso - 1ª D (2ª/16,55)                              |
|       | 1994 - Birmingham, GBR    | Peso - Spl (7ª/16,59)                               |
|       | 1995 - Basilea, SUI       | Peso - 1ª D (2ª/16,75)                              |
|       | 1996 - Madrid             | Peso - Spl (4ª/17,30)                               |
|       | 1997 - Praga, CZE         | Peso - 1ª D (2ª/17,48)                              |
|       | 1998 - Budapest, HUN      | Peso - 1ª D (3ª/16,89)                              |
| IberA | 1988 - C. de México, MEX  | Peso (3ª/15,51)                                     |
|       | 1990 - Manaos, BRA        | Peso (2ª/16,26); Disco (2ª/51,78)                   |
|       | 1992 - Sevilla            | Peso (3ª/16,69)                                     |
|       | 1994 - Mar del Plata, ARG | Peso (3ª/16,39)                                     |
|       | 1998 - Lisboa, POR        | Peso (2ª/17,47)                                     |
| JMed  | 1987 - Latakia, SYR       | Peso (4ª/14,14)                                     |
|       | 1991 - Atenas, GRE        | Peso (1ª/17,71)                                     |
|       | 1993 - Narbonne, FRA      | Peso (3ª/16,86)                                     |
|       | 1997 - Bari, ITA          | Peso (3ª/17,42)                                     |
| Westh | 1988 - Bruselas, BEL      | Peso (4ª/15,10)                                     |
|       | 1990 - Kapfenberg, NED    | Peso (1ª/16,39)                                     |
|       | 1992 - Bruselas, BEL      | Peso (2ª/17,09)                                     |
| CpM   | 1989 - Barcelona          | Peso (7ª/15,61)                                     |
| Univ  | 1989 - Duisburgo, GER     | Peso (9ª/15,59)                                     |
| CMpc  | 1997 - Paris, FRA         | Peso (8QB/16,88)                                    |
| CEpc  | 1987 - Lievin, FRA        | Peso (9ª/14,54)                                     |
|       | 1988 - Budapest, HUN      | Peso (9ª/15,42)                                     |
|       | 1989 - La Haya, NED       | Peso (9ª/16,59)                                     |
|       | 1996 - Estocolmo, SWE     | Peso (8ª/16,53)                                     |
|       | 1998 - Valencia           | Peso (13ª/16,63)                                    |
| ...   |                           |   |
| Otros | 1986 - Madrid             | ESP-GBR (pc): Peso (4ª/12,67)                       |
|       | 1986 - Epinal, FRA        | FRA-ESP-POL: Peso (4ª/14,84)                        |
|       | 1987 - Génova             | ITA-ESP-BUL (pc): Peso (5ª/14,34)                   |
|       | 1988 - Valencia           | ESP-ITA-URS (pc): Peso (3ª/15,98)                   |
|       | 1988 - Forli, ITA         | ITA-ESP-TCH-FRG-HUN (lanzamientos): Peso (7ª/15,80) |
|       | 1989 - Nitra, TCH         | TCH-ESP-POL-HUN (lanzamientos): Peso (5ª/16,40)     |
|       | 1990 - Paris, FRA         | FRA-ESP-URS-FRG-GDR-ITA (pc): Peso (6ª/15,58)       |
|       | 1990 - Milán, ITA         | ITA-ESP-URS-USA-CUB-KEN-FRA-TCH: Peso (7ª/15,59)    |



ATLETAS RETIRADOS

|                      |   |
|----------------------|---|
| 1990 - Grimsby, GBR  | GBR-ESP-ISL (lanzamientos): Peso (1ª/16,26)               |
| 1991 - Paris, FRA    | FRA-ESP-ITA-URS-GER-GBR (pc): 4ª/15,88)                   |
| 1991 - Nitra, SVK    | CZE-ESP-GRE-HUN-CZE "B"-ROM-POL (lanzamientos): 5ª/15,94) |
| 1992 - Paris, FRA    | FRA-ESP-ITA-GER-EUN-Pol (pc): 6ª/16,24)                   |
| 1992 - Oslo, SWE     | SWE-ESP-NOR: Peso 1ª/16,62)                               |
| 1993 - Paris, FRA    | FRA-ESP-GER-ITA-RUS-CUB (pc): Peso (4ª/17,55)             |
| 1995 - San Sebastián | ESP-RUS-POR: Peso (2ª/16,63)                              |
| 1996 - Turín, ITA    | ITA-ESP-RUS (pc): Peso (4ª/17,18)                         |
| 1997 - Génova, ITA   | ITA-ESP-NOR-RUS-FRA (pc): Peso (3ª/17,47)                 |
| 1998 - Espinho, POR  | POR-ESP (pc): Peso (1ª/17,74)                             |
| 1998 - Génova, ITA   | ITA-ESP-RUS-FRA-NOR-POR (pc): Peso (3ª/17,40)             |
| 1999 - Valencia      | ESP-POR (pc): Peso (1ª/16,90)                             |
| 2002 - Valencia      | ESP-POR (pc): Peso (3ª/14,29)                             |

- Progresión

| Año/Edad  | Club                    | Peso          | Pto. Rank. ESP | Rk.M-E    | Disco | Pto.Rank.ESP |
|-----------|-------------------------|---------------|----------------|-----------|-------|--------------|
| 1983 (17) | Atletismo La Robla      | 11,18         | (22)           |           |       |              |
| 1984 (18) | Atletismo La Robla      | 10,08         | (60/15jr)      |           | 35,38 | (20)         |
| 1985 (19) | León C.A.               | 12,72         | (6)            |           | 38,68 | (12)         |
| 1986 (20) | León C.A.               | 14,84         | (1)            |           | 41,86 | (8)          |
| 1987 (21) | León C.A.               | 15,73         | (1)            |           | 45,08 | (5)          |
| 1988 (22) | León C.A.               | 16,30/16,36pc | (1)            |           | 49,24 | (3)          |
| 1989 (23) | Léon Atmo.- Legio Sport | 16,40         | (1)            |           | 50,74 | (4)          |
| 1990 (24) | Vivodist-León C.A.      | 16,90         | (1)            | (87M-64E) | 51,22 | (4)          |
| 1991 (25) | Vivodist-León C.A.      | 17,71         | (1)            | (54M-33E) | 53,02 | (3)          |
| 1992 (26) | Vivodist-León C.A.      | 17,68         | (1)            | (55M-31E) | 54,20 | (3)          |
| 1993 (27) | Seur León               | 17,54/17,55pc | (1)            | (59M-32E) | 50,14 | (4)          |
| 1994 (28) | Seur León               | 17,82         | (1)            | (42M-24E) | 51,40 | (5)          |
| 1995 (29) | Seur León C.A.          | 17,76         | (1)            | (49M-28E) | 47,66 | (7)          |
| 1996 (30) | Seur León C.A.          | 17,72/17,82pc | (1)            | (54M-29E) | 48,44 | (5)          |
| 1997 (31) | Seur León C.A.          | 17,93         | (1)            | (47M-29E) | 53,76 | (4)          |
| 1998 (32) | Universidad Salamanca   | 17,79         | (1)            | (48M-28E) | 52,30 | (5)          |
| 1999 (33) | Universidad Salamanca   | 16,98pc       | -              | (69M-42E) | -     |              |
| 2000 (34) | Universidad Salamanca   | 15,79         | (3)            |           | 44,99 | (12)         |
| 2001 (35) | Universidad Salamanca   | 15,92         | (3)            |           | -     |              |
| 2002 (36) | Universidad Salamanca   | 15,20 RN+35   | (6)            |           | 42,72 | (15)         |
| 2003 (37) | Universidad Salamanca   | 14,15         | (7)            |           | -     |              |
| 2004 (38) | Universidad Salamanca   | 13,09         | (13)           |           | 34,32 | (52)         |
| 2006 (39) | ADUS-Sol Power          | 11,47         | (46)           |           | 29,63 |              |

**Records de España al Aire Libre (21)**

|       |        |            |       |                   |            |
|-------|--------|------------|-------|-------------------|------------|
| 14.84 | Epinal | 05.07.1986 | 17.71 | Atenas            | 10.07.1991 |
| 14.96 | Gijón  | 23.05.1987 | 17.82 | León              | 11.06.1994 |
| 15.14 | Maia   | 28.06.1987 | 17.93 | Alcalá de Henares | 05.07.1997 |

**Récords en Pista Cubierta (14)**

|       |                |            |        |               |            |
|-------|----------------|------------|--------|---------------|------------|
| 15.73 | Madrid         | 25.07.1987 | 14.80i | San Sebastián | 10.01.1987 |
| 15.83 | La Robla       | 01.05.1988 | 14.82i | San Sebastián | 17.01.1987 |
| 16.08 | La Robla       | 01.05.1988 | 15.18i | San Sebastián | 08.02.1987 |
| 16.30 | La Robla       | 02.06.1988 | 15.55i | Oviedo        | 30.01.1988 |
| 16.31 | Valladolid     | 19.03.1989 | 15.65i | Oviedo        | 30.01.1988 |
| 16.31 | Segovia        | 30.04.1989 | 15.67i | Valencia      | 17.02.1988 |
| 16.38 | Segovia        | 30.04.1989 | 15.75i | Valencia      | 17.02.1988 |
| 16.40 | Nitra          | 19.08.1989 | 15.98i | Valencia      | 17.02.1988 |
| 16.49 | Segovia        | 30.06.1990 | 16.36i | Valencia      | 21.02.1988 |
| 16.60 | La Robla       | 01.07.1990 | 16.95i | Madrid-C.S.D. | 19.01.1991 |
| 16.90 | Soria          | 03.08.1990 | 17.17i | Madrid-C.S.D. | 19.01.1991 |
| 17.01 | L'Alfas del Pí | 11.05.1991 | 17.55i | París         | 20.02.1993 |
| 17.08 | León           | 02.06.1991 | 17.55i | San Sebastián | 28.02.1993 |
| 17.08 | Barcelona      | 23.06.1991 | 17.67i | Valencia      | 26.02.1995 |
| 17.45 | Barcelona      | 23.06.1991 |        |               |            |

ATLETAS RETIRADOS

Sus mejores marcas

**Peso - por encima: 14,40**

|        |     |        |                                       |            |        |   |       |   |            |
|--------|-----|--------|---------------------------------------|------------|--------|---|-------|---|------------|
| 17.93  | 1   | Noct   | Alcalá de Henares                     | 05.07.1997 | 17.42  | 3 | JM    | Bari, ITA                               | 18.06.1997 |
|        |     |        | (17.68/17.93/17.09/17.78/0/17.08)     |            |        |   |       | (17.42/16.99/17.03/0/0/0)               |            |
| 17.82  | 1   |        | León                                  | 11.06.1994 | 17.41  | 1 | CE    | Barcelona-O                             | 04.08.1991 |
|        |     |        | (17.47/17.45/17.82/17.28/17.13/17.67) |            |        |   |       | (16.43/16.31/16.72/16.74/17.41/17.24)   |            |
| 17.82i | 2   | CE     | San Sebastián-M                       | 25.02.1996 | 17.40  | 1 |       | Valladolid                              | 16.01.1993 |
|        |     |        | (17.46/17.82/0/17.62/17.68/17.41)     |            |        |   |       | (17.03/17.40/17.13/0/0/0) (Aranaz 17-1) |            |
| 17.79  | 1   | Noct   | Alcalá de Henares                     | 11.07.1998 | 17.40i | 3 | 6N    | Génova, ITA                             | 18.02.1998 |
|        |     |        | (16.99/17.79/17.50/17.28/17.11/0)     |            |        |   |       | (17.26/17.40/0/16.92/0/0)               |            |
| 17.76  | 1fc | CCat   | Barcelona-S                           | 29.07.1995 | 17.38i | 1 | CE    | Valencia-V                              | 23.02.1997 |
|        |     |        | (17.22/17.49/17.44/17.76/17.19/17.76) |            |        |   |       | (17.20/17.38/17.30/17.06/16.63/0)       |            |
| 17.74i | 1   | vPOR   | Espinho, POR                          | 07.02.1998 | 17.37  | 1 |       | León                                    | 18.02.1995 |
|        |     |        | (17.51/17.67/17.74/17.49/16.94/0)     |            |        |   |       | (desc)                                  |            |
| 17.72  | 3   | Noct   | Alcalá de Henares                     | 07.07.1996 | 17.36  | 1 | Crit  | Salamanca                               | 21.07.1997 |
|        |     |        | (17.17/16.96/17.38/17.41/17.72/0)     |            |        |   |       | (17.36/17.20/17.10/17.01/0/16.72)       |            |
| 17.71  | 1   | JM     | Atenas, GRE                           | 10.07.1991 | 17.35  | 1 | TF1   | Alicante                                | 26.07.1997 |
|        |     |        | (16.86/17.15/17.71/0/16.95/0)         |            |        |   |       | (0/0/11.27/16.97/17.35/0)               |            |
| 17.70  | 1   |        | Palencia                              | 02.07.1995 | 17.34  | 1 | LN    | Barcelona-S                             | 13.06.1998 |
|        |     |        | (desc)                                |            |        |   |       | (17.34/16.83/17.26/0/0/0)               |            |
| 17.68  | 1   | CE     | Valencia-T                            | 28.06.1992 | 17.30  | 4 | ECp/A | Madrid-C                                | 02.06.1996 |
|        |     |        | (16.77/17.15/17.68/16.83/0/17.41)     |            |        |   |       | (15.49/17.30/0/0/16.92/16.81)           |            |
| 17.68A | 1   | CdS    | Soria                                 | 08.07.1994 | 17.29  | 2 | Crit  | Madrid-I                                | 06.07.1996 |
|        |     |        | (16.64/17.07/16.83/17.39/17.08/17.68) |            |        |   |       | (0/17.26/17.10/17.27/17.29/17.01)       |            |
| 17.67i | 1   | CE     | Valencia-V                            | 26.02.1995 | 17.26i | 1 | 4R    | Zaragoza-PD                             | 19.02.1994 |
|        |     |        | (16.77/17.67/17.11/17.32/17.32/0)     |            |        |   |       | (17.15/17.09/17.26/16.28/16.90/0)       |            |
| 17.66  | 1   | CE     | Salamanca                             | 19.07.1997 | 17.24  | 1 |       | Palencia                                | 26.05.1996 |
|        |     |        | (0/16.48/16.70/17.66/16.92/0)         |            |        |   |       | (desc)                                  |            |
| 17.64  | 1   | Crit   | Madrid-I                              | 25.07.1995 | 17.24  | 1 | Com   | Madrid-C                                | 07.07.1998 |
|        |     |        | (16.80/17.64/17.41/17.17/17.46/17.14) |            |        |   |       | (17.07/17.24/0/0/16.50/17.09)           |            |
| 17.61  | 1   | TF1    | San Sebastián-Au                      | 15.07.1995 | 17.23  | 1 | NB    | Granada-J                               | 21.05.1997 |
|        |     |        | (17.61/17.33/17.17/17.18/17.60/16.97) |            |        |   |       | (17.23/0/16.89/0/17.23/0)               |            |
| 17.60  | 1   |        | León                                  | 05.06.1994 | 17.23  | 1 | LN    | Salamanca                               | 23.05.1998 |
|        |     |        | (17.29/16.49/0/16.85/17.04/17.60)     |            |        |   |       | (17.23/12.18/16.90/17.01/0/17.08)       |            |
| 17.57  | 1   | Crit   | Pamplona                              | 04.08.1998 | 17.22  | 1 |       | Pontevedra                              | 11.07.1996 |
|        |     |        | (16.98/17.03/0/17.57/17.53/17.03)     |            |        |   |       | (16.96/17.18/17.09/17.22/17.13/17.16)   |            |
| 17.55i | 4   | 6N     | París, FRA                            | 20.02.1993 | 17.22  | 1 |       | Zamora                                  | 31.05.1998 |
|        |     |        | (17.55/17.07/0/0/16.51)               |            |        |   |       | (17.22/0/16.00/0/p/p)                   |            |
| 17.55i | 1   | CE     | San Sebastián-M                       | 28.02.1993 | 17.21  | 1 | AAC   | Barcelona-CD                            | 21.06.1994 |
|        |     |        | (16.75/17.55/0/0/16.79)               |            |        |   |       | (17.21/0/16.70/16.65/16.44/16.52)       |            |
| 17.55  | 1   |        | Valladolid-E                          | 17.05.1997 | 17.20  | 1 | TF1   | Vitoria                                 | 22.06.1996 |
|        |     |        | (16.41/17.55/0/0/16.45)               |            |        |   |       | (0/16.54/16.65/17.20/16.93/16.88)       |            |
| 17.54  | 1   | Crit   | Vilanova                              | 13.02.1993 | 17.19  | 1 | TF1   | Vitoria                                 | 04.07.1992 |
|        |     |        | (17.37/0/16.31/17.54/0/0)             |            |        |   |       | (17.02/16.98/17.19/0/16.55/16.51)       |            |
| 17.51i | 1   | CE     | Valencia-V                            | 15.02.1998 | 17.19  | 1 |       | León                                    | 11.02.1995 |
|        |     |        | (17.34/17.00/16.88/17.12/17.51/17.40) |            |        |   |       | (desc)                                  |            |
| 17.50  | 2   | NB     | Granada-J                             | 29.05.1996 | 17.19  | 1 |       | Ponferrada                              | 12.05.1996 |
|        |     |        | (16.66/17.20/17.45/17.46/17.50/17.36) |            |        |   |       | (16.82/16.98/17.19/16.94/16.86/16.86)   |            |
| 17.50  | 1   | CE     | Málaga                                | 28.06.1996 | 17.18i | 4 | 3N    | Turín, ITA                              | 17.02.1996 |
|        |     |        | (17.01/17.50/17.18/0/0/0)             |            |        |   |       | (17.18/0/0/16.95/0/0)                   |            |
| 17.50  | 1   | VdG    | Getafe                                | 18.05.1997 | 17.17i | 1 |       | Madrid-CSD                              | 19.01.1991 |
|        |     |        | (17.22/17.37/17.50/0/17.20/0)         |            |        |   |       | (16.95/16.80/0/16.67/17.17/16.83)       |            |
| 17.48  | 2   | Ecp/B1 | Praga, CZE                            | 08.06.1997 | 17.17  | 1 |       | León (&)                                | 21.06.1992 |
|        |     |        | (16.99/17.44/17.48/17.31)             |            |        |   |       | (desc)                                  |            |
| 17.47i | 3   | 5N     | Génova, ITA                           | 11.02.1997 | 17.17  | 1 |       | León                                    | 07.02.1993 |
|        |     |        | (16.59/16.67/16.96/17.47/0/0)         |            |        |   |       | (desc)                                  |            |
| 17.47  | 2   | IbAm   | Lisboa, POR                           | 19.07.1998 | 17.15  | 1 | CCyL  | Ponferrada                              | 12.07.1997 |
|        |     |        | (17.08/17.47/17.32/0/16.91/0)         |            |        |   |       | (17.15/0/16.57/0/0/15.99)               |            |
| 17.45  | 1   | Ecp/B  | Barcelona-O                           | 23/06/1991 | 17.14i | 1 | CpC   | San Sebastián-M                         | 24.01.1998 |
|        |     |        | (17.08/16.89/17.45/17.38/16.74/16.83) |            |        |   |       | (16.50/17.14/16.96/16.66/16.89/17.03)   |            |
|        |     |        |                                       |            | 17.14  | 1 | TF1   | Basauri                                 | 04.07.1998 |
|        |     |        |                                       |            |        |   |       | (16.69/17.14/0/16.77/16.53/16.70)       |            |
|        |     |        |                                       |            | 17.09  | 2 | WA    | Bruselas, BEL                           | 14.06.1992 |



ATLETAS RETIRADOS

|        |      |      |                    |            |        |     |        |                     |            |
|--------|------|------|--------------------|------------|--------|-----|--------|---------------------|------------|
| 16.40  | 6(5) | 5N   | Nitra, SVK         | 19.08.1989 | 15.63  | 1   |        | León                | 10.06.1990 |
| 16.39  | 1    | WA   | Kapfenberg, AUT    | 24.06.1990 | 15.61  | 7   | WCp    | Barcelona-O         | 09.09.1989 |
| 16.39  | 3    | IbAm | Mar del Plata, ARG | 29.10.1994 | 15.61i | 1   | CE     | San Sebastián-M     | 18.02.1990 |
| 16.38A | 1    |      | Segovia            | 30.04.1989 | 15.60  | 1   |        | La Laguna           | 03.06.1989 |
| 16.38  | 1    | Hig  | Andújar            | 03.09.1997 | 15.59  | 9   | WUG    | Duisburgo, GER      | 25.08.1989 |
| 16.36i | 1    | CE   | Valencia-F         | 21.02.1988 | 15.59  | 7   | 8N     | Milán, ITA          | 06.06.1990 |
| 16.36  | 1    |      | León               | 27.05.1990 | 15.58i | 6   | 6N     | París, FRA          | 10.02.1990 |
| 16.36  | 2    |      | Ponferrada         | 14.05.1995 | 15.57i | 3   | CpC    | Oviedo-PD           | 29.01.2000 |
| 16.33  | 1    |      | León               | 08.10.1994 | 15.51A | 3   | IbAm   | Ciudad de México    | 24.07.1988 |
| 16.32  | 2    | GPG  | Guecho             | 29.06.1991 | 15.50  | 1   |        | Alfaz delPi         | 13.04.1995 |
| 16.31  | 1    |      | Valladolid         | 19.03.1989 | 15.49  | 1   | Dip    | Salamanca           | 08.09.1988 |
| 16.31  | 1    |      | León               | 09.06.1991 | 15.47  | 1   | LN     | Vigo                | 07.05.1995 |
| 16.30  | 1    |      | La Robla           | 02.06.1988 | 15.46  | 1   | LN     | Oviedo-SL           | 25.05.1996 |
| 16.29  | 1    |      | León               | 07.04.1991 | 15.46  | 1   |        | El Ferrol           | 03.06.2000 |
| 16.28  | 1    |      | León               | 12.01.1991 | 15.45  | 1   |        | Basauri             | 12.12.1993 |
| 16.28  | 1    |      | Castellón          | 29.03.1991 | 15.44  | 1   | LAut   | Salamanca           | 22.04.1990 |
| 16.27  | 1fc  | TF1  | Barcelona-S        | 24.07.1993 | 15.44  | 1   | LAut   | Valladolid-E        | 26.04.1998 |
| 16.26  | 1    | 3N   | Grimsby, GBR       | 19.08.1990 | 15.42i | 9   | EC     | Budapest, HUN       | 06.03.1988 |
| 16.26  | 2    | IbAm | Manaos, BRA        | 15.09.1990 | 15.42i | 1   | GP     | San Sebastián-M     | 03.02.1990 |
| 16.26  | 1    | LN   | Madrid-C           | 18.06.1995 | 15.42  | 1   | TF1    | Soria               | 29.07.2000 |
| 16.25  | 1    |      | Palencia           | 25.05.1997 | 15.40  | 6   | ECp/B  | Estrasburgo, FRA    | 05.08.1989 |
| 16.25  | 2    |      | Gijón              | 31.01.1998 | 15.39  | 1   | Hig    | Andújar             | 05.09.1996 |
| 16.24i | 6    | 6N   | París, FRA         | 22.02.1992 | 15.37  | 1fc | 3Esp   | Pontevedra          | 16.08.1988 |
| 16.24  | 1    | Crit | Alfaz del Pi       | 29.02.1992 | 15.37  | 1   |        | León                | 08.04.1990 |
| 16.23  | 11   | EC   | Split, YUG         | 27.08.1990 | 15.36i | 1   |        | Zaragoza-PD         | 20.01.1990 |
| 16.23i | 2(1) | CCyL | Oviedo-PD          | 17.01.1999 | 15.36  | 1   |        | Getafe              | 12.07.2000 |
| 16.22i | 9    | EC   | La Haya, NED       | 19.02.1989 | 15.35  | 1   |        | Pamplona            | 24.06.2000 |
| 16.20  | 1    | LN   | Madrid-A           | 29.05.1993 | 15.34  | 1   |        | Castellón           | 13.04.1990 |
| 16.19  | 1    |      | Zamora             | 03.07.1994 | 15.34i | 5   | CE     | San Sebastián-M     | 13.02.2000 |
| 16.17i | 2    | CCyL | Oviedo-PD          | 04.02.2001 | 15.32  | 1   | Pri    | Andorra, AND        | 03.09.1988 |
| 16.15  | 1    |      | Pamplona           | 04.08.1990 | 15.31  | 1   | CE     | Vigo                | 14.08.1988 |
| 16.12  | 1    |      | La Robla           | 01.04.1989 | 15.31  | 1   |        | León                | 25.03.1990 |
| 16.12  | 1    |      | Pontevedra         | 13.06.1989 | 15.30  | 1   | LAut   | Salamanca           | 13.05.2000 |
| 16.11  | 1    | LN   | Durango            | 25.05.1997 | 15.26  | 1   |        | La Robla            | 29.05.1989 |
| 16.09i | 1    | 4R   | Zaragoza-PD        | 22.01.1989 | 15.26  | 1   |        | León                | 13.01.1990 |
| 16.09A | 1    |      | Segovia            | 25.04.1993 | 15.26  | 1   |        | Ponferrada          | 17.06.1990 |
| 16.08  | 1    |      | La Robla           | 01.05.1988 | 15.25  | 1   |        | Guecho              | 04.05.1991 |
| 16.07  | 1    |      | La Robla           | 16.04.1989 | 15.23i | 3   | CpC    | Valencia-V          | 27.01.2001 |
| 16.00i | 1    | CE   | Sevilla-SP         | 05.02.1989 | 15.22  | 1   | 3N/21  | La Coruña-R         | 20.08.1988 |
| 15.98i | 3    | 3N   | Valencia-F         | 17.02.1988 | 15.22i | 1   | GP     | Oviedo-PD           | 14.01.1989 |
| 15.96  | 1    |      | La Coruña-R        | 11.06.1989 | 15.21  | 1   | CCyL   | Salamanca           | 09.07.1989 |
| 15.94  | 5    | 5N   | Nitra, SVK         | 10.08.1991 | 15.21  | 3   | CE     | Barcelona-O         | 02.09.2000 |
| 15.92  | 3    | Crit | Las Palmas         | 03.03.2001 | 15.20  | 1   | LAut   | Salamanca           | 18.05.2002 |
| 15.89  | Q    | WC   | Tokio, JPN         | 24.08.1991 | 15.18i | 1   | CE     | San Sebastián-M     | 08.02.1987 |
| 15.88i | 4    | 6N   | París, FRA         | 23.02.1991 | 15.18  | 1   |        | Valladolid          | 15.05.1994 |
| 15.86  | 1    |      | Palencia           | 02.06.1990 | 15.14  | 1   | ECp/C2 | Maia, POR           | 28.06.1987 |
| 15.82  | 1    |      | Vilanova           | 25.02.1989 | 15.14  | 2   |        | Rio de Janeiro, BRA | 18.09.1990 |
| 15.80  | 7    | 5N   | Forli, ITA         | 22.05.1988 | 15.13  | 1   |        | Burgos              | 18.06.2000 |
| 15.79  | 2    |      | Vitoria            | 30.07.2000 | 15.10  | 4   | WA     | Bruselas, BEL       | 20.06.1988 |
| 15.77  | 1    | CE   | Barcelona-O        | 13.08.1989 | 15.10  | 1   |        | La Robla            | 25.06.1989 |
| 15.77  | 1    | TF1  | Guecho             | 28.07.1990 | 15.09  | 1   | 4N-p   | Swansea, GBR        | 22.07.1989 |
| 15.75  | 2    |      | La Coruña-R        | 28.04.1990 | 15.08  | 1   | TF1    | Barcelona-S         | 30.07.1988 |
| 15.75i | 2    | CE   | Valencia-V         | 25.02.2001 | 15.07  | 1   |        | León                | 17.03.1991 |
| 15.73  | 1    | TF1  | Madrid-I           | 25.07.1987 | 15.06  | 1   |        | León                | 15.07.1989 |
| 15.73  | 1    |      | Pontevedra         | 01.07.1989 | 15.01  | 7   |        | Sevilla-O           | 09.06.2000 |
| 15.72  | 1    | LN   | Madrid-A           | 27.06.1993 | 14.96  | 1   |        | Gijón               | 23.05.1987 |
| 15.70  | 1    | Noct | Alcala de Henares  | 08.07.2000 | 14.96  | 4   | 4N-p   | Cracovia, POL       | 08.08.1987 |
| 15.69  | 1    |      | Jaén               | 26.05.1989 | 14.93  | 1   | CE     | Barcelona-S         | 15.08.1987 |
| 15.68  | 1fc  | 3Esp | Barcelona-S        | 18.08.1987 | 14.92A | 1   |        | Segovia             | 24.04.1994 |
| 15.65i | 1    | GP   | Oviedo-PD          | 30.01.1988 | 14.91  | 1   |        | Huesca              | 05.10.1991 |
| 15.63  | 1    |      | Palencia           | 13.05.1989 | 14.90  | 1   | LAut   | Pamplona            | 01.06.2002 |

ATLETAS RETIRADOS

|        |   |      |                    |            |
|--------|---|------|--------------------|------------|
| 14.88i | 1 | GP   | Oviedo-PD          | 16.01.1988 |
| 14.85  | 2 |      | Valladolid         | 22.07.2000 |
| 14.85i | 2 | CE   | Sevilla-SP         | 17.02.2002 |
| 14.84  | 5 | 3N   | Epinal, FRA        | 05.07.1986 |
| 14.83i | 3 |      | Oviedo-PD          | 16.01.2000 |
| 14.82  | 1 | CE   | Madrid-V           | 01.08.1986 |
| 14.82i | 1 | GP   | San Sebastián-M    | 17.01.1987 |
| 14.80i | 1 | GP   | San Sebastián-M    | 10.01.1987 |
| 14.75  | Q | CE   | Vigo               | 12.08.1988 |
| 14.74  | 1 | LAut | Valladolid-E       | 12.05.2002 |
| 14.73  | 1 | LAut | Sanlúcar barrameda | 04.05.2002 |
| 14.71  | 1 |      | Lisboa, POR        | 30.05.1987 |
| 14.68  | 1 |      | Valladolid         | 26.09.1992 |
| 14.62  | 1 | 3Esp | Madrid-V           | 05.08.1986 |
| 14.62  | 4 | LAut | Valencia-T         | 15.06.2002 |
| 14.57  | 1 |      | Palencia           | 04.06.2000 |
| 14.57  | 2 |      | Valencia-F         | 01.07.2000 |
| 14.54i | 9 | EC   | Liévin, FRA        | 22.02.1987 |
| 14.48i | 2 | CpC  | Valencia-V         | 26.01.2002 |
| 14.47  | 1 |      | La Robla           | 02.08.1987 |

artefacto sin peso reglamentario (3,657 kg):

|       |   |  |        |            |
|-------|---|--|--------|------------|
| 16.68 | 1 |  | Mataró | 27.05.1992 |
|-------|---|--|--------|------------|

**Disco- por encima: 51,00**

|       |      |      |                 |            |
|-------|------|------|-----------------|------------|
| 54.20 | 4(3) | CE   | Valencia-T      | 26.06.1992 |
| 53.78 | 8    | Dip  | Sevilla-C       | 06.06.1992 |
| 53.76 | 3    | CE   | Salamanca       | 20.07.1997 |
| 53.02 | 3    | CE   | Barcelona-O     | 02.08.1991 |
| 52.78 | 1    |      | León            | 02.06.1991 |
| 52.78 | 2    | CdV  | Vigo            | 23.07.1991 |
| 52.76 | 1    | LN   | Oviedo-SL       | 23.05.1992 |
| 52.30 | 3    | Dip  | Salamanca       | 10.07.1998 |
| 52.16 | 2    |      | Mataró          | 27.05.1992 |
| 51.45 | 2    | LN   | Barcelona-S     | 13.06.1998 |
| 51.40 | 3    | CE   | San Sebastián-A | 16.07.1994 |
| 51.28 | 2    | LN   | Salamanca       | 23.05.1998 |
| 51.22 | 1    | LAut | Salamanca       | 22.04.1990 |
| 51.16 | 3    | Herr | La Coruña-R     | 26.07.1990 |
| 51.08 | 3    | CdB  | Barcelona-S     | 12.07.1989 |
| 51.08 | 1    |      | Valladolid      | 15.05.1994 |
| 51.04 | 2    | VdG  | Getafe          | 26.05.1991 |